

Italian Cooking & Culture | Winter 2021

List of Supplies & Ingredients

[Polenta | Wednesday, Jan 20, 2021 | 6:00–8:00 pm](#)

We will need a large pot to boil water (approximately 4 cups water for 1 cup of polenta. But people will need to follow directions from their own package); 1 wooden spoon; 1 pan to saute' mushrooms; 1 large pan for the meat sauce; one oven safe pan;

Ingredients for 4 people:

1 cup INSTANT polenta (Pastene is a good quality);

for the meat sauce:

olive oil;

1 bottle strained tomatoes;

1 onion;

1 stalk of celery;

1 carrot;

garlic;

parsely;

1/2 cup of white wine;

1 cup grated parmesan cheese

salt and pepper;

4 sausages;

4 pork ribs.

For the mushroom condiment;

1 pack of white mushrooms;

olive oil;

garlic;

white wine;

salt and pepper;

fresh parsley.

For the cheese condiment:

Fontina cheese 4 ounces

gorgonzola cheese 4 ounces

mozzarella cheese 1 cup

1 cup milk

1/2 pound prosciutto.