

Summer 2019 Westport Continuing Education

www.westportcontinuinged.com | 203-341-1209 | conted@westportps.org

Registration Information

Eligibility

Residents and non-residents are welcome to register for any WCE class. We provide programming for kids grades K-12 and adults of all ages.

How to Register



Register online and receive confirmation via email. Plus, avoid a registration fee:

www.westportcontinuinged.com.



Fill out the appropriate registration form in the catalog and mail it to us at: WCE, 70 North

Avenue, Westport, CT, 06880.



Register by calling us on the phone during business hours: (203) 341-1209.



Register in person at Staples High School, Room 1040, 70 North Avenue, Westport, CT.

Payment

We accept only MasterCard, VISA, or checks made payable to WCE. Payment in full must accompany your registration, and all registrations must be made in advance.

Serving you for over 50 years

Staples High School 70 North Avenue, Room 1040 Westport, Connecticut 06880 M-F 8:00 am-4:00 pm Tu 8:00 am-8:00 pm

Contact Us conted@westportps.org

We are all lifelong learners.

Learning something new is good for our brains and our souls, from skill-building to socializing, for kids and adults. However, I may have taken lifelong learning too seriously. I see something and say, "I want to learn how to do that!" Sometimes this can lead to TMI - too much info. I've actually forgotten some of those things I learned from taking a class. Yet my exposure to these learning experiences has taught me that I'm just not good at certain things - like clay. I don't get it.

As a creative person, I spend most of my free time doing what I've learned to love and excel at: cooking, writing, reading, and making art (usually from things a bit more solid than clay, like sewing and collage). I'm proud to say that I've made a career out of being creative, from attending art school to my professional experience in education and arts administration.

Growing up in Vermont, I was routinely exposed to a lot of freedom and creativity. We always seemed to be exploring and learning outside, even in the winter. This is what I've always loved about working with Westport Public Schools, where inquiry and curiosity is built-in from an early age, allowing for and encouraging students to notice, wonder, and predict.

I hope that your summer planning includes the time to explore, learn, and wonder. I look forward to seeing the summer come to life with camps, classes, and workshops filled with a variety of activities including art, sports, fun, and games. Adult classes include cards + games, fitness, and technology (including tips and tricks for the iPhone and iPad!). Summer Camp is always a fun tradition, of course. We also have a great selection of classes for kids to help beat the "brain drain" and to continue learning and improving over the summer.

There's a place for everyone's talents at Westport Continuing Education!

Christine Jewell Director

Westport Continuing Education Westport Public Schools

Christine Jewell Director

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Summer-at-a-Glance: Kids & Teens

discovery

Discovery Camp entering K-5 morning program [pg. 4] **Discovery Camp** Afternoons [pqs. 5–7] All the World's a Stage Art Exploration: The Storybook Masters **Upcycle Fun! Mixed Media** Painting Bricks 4 Kidz®: Remote **Control Mania Citizen Invention:** Junior Makers Game Controller Design **Comic Creators CompuChild: Python Games** & Graphics **Crazy Delicious** Cooking Camp Game Time! Lego[®] Constructors & **Building Fun!** Mad Science - NASA: Journey into Outer Space Magic Club Toymaking: Build & Play! Video: My Movie with iMovie Video: The Camera Loves You! Video: The Whole Show!

film

CreativeArt Ink Multi-Arts Program *entering* 3–5, 6–9 [pg. 11]

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Summer-at-a-Glance: Kids & Teens

fitness + sports

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Test Prep SAT[®] Prep [pg. 19] ACT[®] Prep [pg. 19]

Late Pick Up Policy Please be prompt when picking up your child! Late fees will apply: \$10 for 5 minutes; \$20 for each 15-minute increment after.

Cancellations All class cancellations will be listed on our website: westportcontinuinged.com

high school credit courses

To register for any high school credit course, students must have prior written approval from their school counselor and department head. [all classes on pg. 18]

Algebra 2

American Government

Chemistry

Geometry

Physical Education

Physics

Important Information

School Locations

Kids division classes and camps take place at:

Greens Farms Elementary School (GFS),

17 Morningside Dr S, Westport Saugatuck Elementary School (SES), 170 Riverside Ave, Westport Staples High School (SHS),

70 North Ave, Westport Wakeman Fields, Cross Hwy and SHS fields.

Please confirm the camp location in the descriptions.

Pick-up & Drop-off GFS: Park in the back of the school

and enter through rear door. Sign in and sign out will be in the auditorium, photo ID will be required.

SHS: All students must enter and leave through the front main doors.

SHS Fieldhouse & Cooking: Drive around the left side of the school building. Park and enter the building through the Lou Nistico Sports Complex/South Entrance. For cooking, turn left; kitchens are on your left.



Every day is a different adventure with a revolving schedule of arts & crafts, games, sports, and outdoor fun with a little sprinkle of literacy, math, science, and STEM. Your kids won't notice how much they're learning. All they'll notice is how much summer fun they're having!

Wacky Water Days

On days when the temps soar, we'll cool it down with water games, water challenges, and other wacky activities featuring H2O. If the question is, Got water?, the answer is, We do!

Mystery Wednesdays

Discover your inner sleuth to solve clues and decipher riddles. Solve these mystery puzzles with your detective skills using a little math, word sense, maybe some science, and lots of creative thinking! Chase the puzzles inside and outside, put the pieces together, and find the answer!

STEM Squad

We pose a problem; you collaborate on clever ways to crack the system, create contraptions, and devise fiendishly ingenious solutions. Who knows what challenges await the STEM Squad this year?

Discovery Camp Decathlon

Every Friday, we transform the whole camp into an athletic arena, and we challenge you to complete 10 titanic tasks. Test your stamina, strength, strategy, and endurance. Cheer on your teammates as you cycle through our Olympic-style events and unleash your inner hero!

Color War Challenge

A series of super silly events is a daily occurence in this team challenge. Work together to play water balloon baseball or mosquito tag, create a brain quest, design a scavenger hunt, or complete the the color-coded mini challenges. Earn precious points to earn the title of Color War Champs!

Creative Coding

On those rainy days we'll find the silver lining with coding and technology activities. Can you create a code for a new invention or idea? Let's try! Coding allows us to explore many creative adventures.

Discovery Camp

half-day mornings: 8:30 am-12:30 pm

600a	Jun 24–Jun 28	\$235
600b	Jul 1–Jul 5*	\$190
600c	Jul 8–Jul 12	\$235
600d	Jul 15–Jul 19	\$235
600e	Jul 22–Jul 26	\$235
600f	Jul 29–Aug 2	\$235
*no ca	mn, lul 4	

■no camp Jul 4



<u>Discovery Camp</u> ~ <u>Afternoon à la Carte</u> Greens Farms Elementary School 12:30–2:30 or 3:15 pm* / entering K–5

At **Discovery Camp**, kids can spend their afternoons concentrating on the activity or hobby they like best. We have afternoon programs for actors and artists, cooks, computer geeks, engineers and inventors, and filmmakers. If your camper is joining us for the afternoon only, we'll make sure they feel welcome and that they find friends. Our full-day campers will be delivered, bellies full and sticky fingers wiped, to the afternoon kick-off, and... off they'll all go!

Below is our week-by week schedule; please turn the page for descriptions and registration information for all of our Discovery Camp afternoon programs. Sign up for any afternoon program multiple weeks; the activities and projects in each program change weekly. All grade ranges are entering the first grade listed. *Please check listings on pages 6 & 7; remember to take into account differing dismissal times as you plan.

jun 24-jun 28	jul 1-jul 5 no camp jul 4	jul 8-jul 12	jul 15-jul 19	jul 22-jul 26	jul 29-aug 2
All the World's	All the World's	All the World's	All the World's	All the World's	All the World's
a Stage K-5	a Stage K-3	a Stage K–3	a Stage K-3	a Stage K-3	a Stage K-5
Art Exploration: Storybook Masters K–2	Art Exploration: Upcycle Fun K-2, 3-5	Art Exploration: Mixed Media K-3	Art Exploration: Painting K-3	Art Exploration: Painting K-2, 3-5	Art Exploration: Mixed Media K-3
Toymaking:	Game Time!	Game Time!	Comic Creators	Comic Creators	Game Time!
Build & Play 3–5	K–5	K–5	2–5	2–5	K–5
Crazy Delicious	Magic Club	Magic Club	Video: My Movie	Video: The Camera	Video: The
Cooking Camp 3–5	K–5	K–5	with iMovie 3–5	Loves You! 3–5	Whole Show! 3–5
Lego®	CompuChild:	Lego®	Bricks for Kids®:	Lego®	Lego®
Constructors	Python Games &	Constructors	Remote Control	Constructors	Constructors
K-2, 3-5	Graphics 3–5	3-5	Mania K-3	K-2	K-2, 3-5
		Citizen Invention: Junior Makers K–2	Citizen Invention: Game Controller Design 3–5	Mad Science: NASA Journey into Outer Space 3–5	Crazy Delicious Cooking Camp 3–5



Discovery Camp @ GFS ~ Afternoon à la Carte

Sign up for any camp multiple times; curriculum changes each week. Except week of Jul 4, programs are Mon–Fri, 12:30–2:30 or 3:15 pm; please note dismissal time.

All the World's a Stage

entering K–3; except wks. of Jun 24 & Jul 29; 12:30–3:15 pm

Let your imagination run wild in this camp for kids who love to act. Bring to life scenes from plays and even write and star in your own. You'll sing songs, play musical games, create scenery, and debut an original work for your audience. [Taught by Elizabeth Carstens]

184a	Jun 24–Jun 29 (K–5)	\$175
184b	Jul 1–Jul 5 (no camp Jul 4)	\$140
184c	Jul 8–Jul 12	\$175
184d	Jul 15–Jul 19	\$175
184e	Jul 22–Jul 26	\$175
184f	Jul 29–Aug 2 (K–5)	\$175

Art Exploration: The Storybook Masters

entering K–2; 12:30–3:15 pm

Young artists will learn how to express their ideas through drawing and painting scenes inspired by the storybook masters such as Eric Carle and Dr. Seuss. "Oh, the places you'll go!" Non-refundable materials fee of \$10 included. [Taught by Jennifer Pagan]

460 Jun 24–Jun 28

\$185

Art Exploration: Upcycle Fun!

entering K–2, 3–5; 12:30–3:15 pm

Repurpose everyday materials into beautiful works of art. Think outside the recycle box! Non-refundable materials fee of \$10 included. [Taught by Jennifer Pagan]

474 Jul 1–Jul 5 (no camp Jul 4) \$150

Art Exploration: Mixed Media

entering K–3; 12:30–3:15 pm

A perfect program for budding artists who enjoy making beautiful messes. Get ready to cut, glue, sculpt, paint, and bedazzle your way through 2D and 3D projects.

Non-refundable materials fee of \$10 included.

[Taugh	t by Jennifer Pagan]	
470a	Jul 8–Jul 12	\$185
470b	Jul 29–Aug 2	\$185



Art Exploration: Painting entering K-3 week of Jul 15;

K–2, 3–5 week of Jul 22; 12:30–3:15 pm

Ready, set, paint! Brush, dabble, splatter, and smear with mediums from acrylics to watercolors to puffy paint to salt. Yup—salt! Non-refundable materials fee of \$10 included. [Taught by Jennifer Pagan]

471a Jul 15–Jul 19 (K–3) \$185

471b Jul 22–Jul 26 (K–2, 3–5) \$185

Bricks 4 Kidz[®]: Remote Control Mania Camp entering K-3; 12:30–2:30 pm

Making it move is the name of the game at this exciting camp! Kids will love to see their creations in motion using LEGO® wireless remote controls. Each day, campers will use fascinating and challenging LEGO® components to create dynamic vehicles, inventions, machines, and more. 927 Jul 15–Jul 19 \$185

Citizen Invention: Junior Makers entering K-2; 12:30–2:30 pm

Making is creative, inventive and fun! In this summer maker club, you will build ramp walkers and motorized bots, design paper circuits, explore pixel arts, and tinker with light, sound and motion in maker projects. Learn about STEM principles and modular electronics through these handson activities! Non-refundable materials fee of \$6 included. **480** Jul 8–Jul 12 \$206

Citizen Invention: Video Game Controller Design entering 3–5; 12:30–2:30 pm

Video game controllers are essential for engaging gameplay, and innovative controllers can bring gaming experiences to a whole new level. We'll play and remix popular Scratch online games and build customized game controllers for fun physical play. Prototype, design, and test your special game controllers (such as dancing pads, jumping boards) and have fun with popular games like dance revolution, pong, flappy bird, whac-a-mole, and more! Non-refundable materials fee of \$6 included.

482 Jul 15–Jul 19 \$206

Comic Creators *entering 2–5; 12:30–2:30 pm*

Transform your comic creations into live works of art with the help of our imaginations, improv, teamwork, and tons of creativity. Bring your artwork, comics, and illustrations to life through construction projects, acting and directing. Join the journey! [Taught by Margie Stokley-Bronz]

313a	Jul 15–Jul 19	\$185
313b	Jul 22–Jul 26	\$185

CompuChild presents Python Games & Graphics

entering 3-5; 12:30-2:30 pm

Quickly learn how to think like a programmer! Start with the basics of programming like variables, loops, conditions, and more by using Python Turtle graphics. Explore programming basics by developing games like MadLibs and Rock Paper Scissors. Pick up important 21st century skills while having fun.

953 Jul 1–Jul 5 (no camp Jul 4) \$185

Crazy Delicious Cooking Camp

entering 3-5; 12:30-2:30 pm

Calling all junior chefs! Build your skills and learn cooking techniques such as making fresh pasta, creating tacos, and baking fabulous desserts! Bring these skills into your own kitchen at home and impress your friends and family! Non-refundable materials fee of \$50 included. [Taught by Jewell Ailes

477a	Jun 24–Jun 28	\$250
477b	Jul 29–Aug 2	\$250

Game Time!

entering K-5; 12:30-3:15 pm

Shake the ants out of your pants and get in the game. Enjoy all your favorite activities from gym and recess, such as sink the ship, crossover, tag games, and much more. No particular skills are required, but you gotta wear sneakers and you better be ready for fun! [Taught by Jen Mitteness]

930a	Jul 1–Jul 5 (no camp Ju	ul 4) \$140
930b	Jul 8–Jul 12	\$175
930c	Jul 29–Aug 2	\$175

LEGO[®] Constructors & Building Fun!

see entering grades below; 12:30-3:15 pm

Design and build with LEGO®s and a variety of construction materials. Experiment, design, and build your ideas; you'll apply real-world science, architecture, and math concepts, but mostly, you'll use LEGO®s and other materials to build spectacular constructions limited only by your imagination. [Taught by Nicole Spivey or Katie Pape]

766a	Jun 24–Jun 28 (K–2, 3–5)	\$175
766b	Jul 8–Jul 12 (3–5)	\$175
766c	Jul 22–Jul 26 (K–2)	\$175
766d	Jul 29–Aug 2 (K–2, 3–5)	\$175

Mad Science: NASA: Journey into Outer Space

entering grades 3–5; 12:30–2:30 pm

Blast off this summer with the only camp designed and created specifically by NASA Engineers for Mad Science! Every day is a new challenge: build and launch a rocket, create a satellite, become an astronaut-in-training, and explore the mysterious world of the sun, planets, and moons! Bring home a surprise from NASA every day! \$195

Jul 22–Jul 26 923

Magic Club

entering K-5; 12:30-2:30 pm

Experience the wonder of magic as you learn the ancient art of prestidigitation. Disappearing coins, reappearing scarves, card tricks, and more magical stuff! Non-refundable materials fee of \$10 per camp day included. [Taught by Nisan Eventoff

841a Jul 1–Jul 5 (no camp Jul 4) \$155 **841b** Jul 8–Jul 12 \$189

Toymaking: Build & Play!

entering 3-5; 12:30-3:15 pm

Enjoy exploring your creativity by making and playing with your own toys and games! Flex your art, math, writing, and creative skills by designing and creating toys. Some of the projects include slime, board games, trading cards and catapults. Non-refundable materials fee of \$20 per student include. [Taught by Beth Cherico]

478 Jun 24–Jun 28 \$195

Video Production: My Movie with iMovie

entering 3-5; 12:30-3:15 pm

Create your own video from script to final production. Work in small groups, plan and storyboard ideas, film with digital cameras, edit using iMovie, and present to our Friday afternoon audience! Don't just watch the movie; make the movie! [Taught by Deb Perry]

461 Jul 15–Jul 19 \$175

Video Production:

The Camera Loves You!

entering 3-5; 12:30-3:15 pm

Take control over how you present yourself! Learn how to be more camera friendly; what works on video and what doesn't. Show your talent and share your strengths! Practice self-recording, or work with a friend. Explore what it takes to become a YouTube star! [Taught by Deb Perry] 462 Jul 22–Jul 26 \$175

Video Production: The Whole Show!

entering 3-5; 12:30-3:15 pm

This session will bring several components together for a whole show! Review some favorite existing videos, or create a new short film, and import it into a whole class project. We'll need script writers, news anchors, reporters, commercials, graphic designers and more! Come join the new crew! [Taught by Deb Perry]

463 Jul 29–Aug 2

\$175



Camp Invention[®] entering 1-6

For the last 29 years, Camp Invention has taken summer fun and transformed it from ordinary to extraordinary. Become a Camp Invention camper and join us for a summer adventure packed with lessons that explore connections between science, technology, engineering, and innovation. Directed by Phaedra Taft, a Westport schools science coach, each weeklong camp will feature several modules inspired by the Inductees of the National Inventors Hall of Fame. Campers will work together to seek solutions to real-world problems... and sharpen critical 21st century learning skills.

SUPER CHARGED

Deep Sea Mystery™ Embark on a research adventure at sea. Work in teams to invent island-survival tools and underwater equipment, then navigate the way back home.

DIY Orbot™ Explore frequency, circuit boards, motors and gears as you use real tools to reverse engineer a remote-controlled DIY Orbot. Adapt your DIY Orbot to perform increasingly challenging tasks from sports to art.

Innovation Force® Collaborate with inventor superheroes and take on the role of engineers, fabricators and innovators to conquer the sinister villain, the Plagiarizer.

Farm Tech[™] Manage your own farm as you learn the basics of running a business. With the assistance of Bot-ANN-E, a programmable robot, learn fundamental coding techniques to maximize your time and profits, and perform mock DNA experiments to check the health of your cattle.

1 week, full day / Mon-Fri / Jul 22-Jul 26 8:45 am-2:45 pm / SHS

775 \$315

Lunch & Snacks

Pack a peanut-free lunch and snacks, or purchase food from the Chartwells-operated Wreckers Deli, in the Staples cafeteria. Westport students can use their Chartwells accounts; see the Continuing Education website for details and menus.



LAUNCH

Duct Tape Billionaire[™] We're looking for a risk-taking, duct-taping dynamo to start the next big accessory business! Experience invention with a twist in Duct Tape Billionaire. Explore your imagination and invent from scratch, or select a basic design to make your own. Explore patents, hear how to launch a business, and present your products to mock investors.

Mission: Space Makers™ This mission takes you out of this world to locate and prepare a new planet for human habitation. Mission Control sends teams challenges to design inventions that transform the atmosphere, terrain, and ecosystem of an exoplanet. Set up a Space Lab to hatch eggs and grow crystal trees.

Have a Blast[™] Fling, fly and float through high-energy air battles while using physics to boost your advantage. Engineer a variety of working tools, including "snowball" throwers, a giant air cannon and more. Build your own high-tech Bubble Blaster with flashing lights to take home.

Operation Keep Out™ A young inventor's dream come true: create the ultimate Spy Gadget Alarm Box to keep treasures secure. First, decode a note written in invisible ink, then take apart worn out electronics, and finally wire your own unique Alarm Box. Become an electrical engineering super spy!

1 week, full day / Mon-Fri / Jul 29-Aug 2 8:45 am-2:45 pm / SHS 772 \$315

Registration + Discounts

Visit **www.campinvention.org**, or call 800.968.4332 to secure your child's spot today. Register on or before March 22, using promo code INNOVATE25, to receive \$25 off. Register between March 23–May 10, using promo code INNOVATE15, to receive \$15 off. Use promo code SIBLING for a \$25 savings on multi-sibling registrations. Discounts cannot be combined. Every registration includes a complimentary Camp Invention t-shirt. Scholarships available. Contact Phaedra Taft **westportcampinvention@gmail.com.**

Creative Camps

Acrylic Painting Studio

entering 6-9

Explore working with acrylic paint and gain skills in underpainting, color mixing, building form, and capturing light. Discover various techniques including en plein air painting, wild fauve style portraits, still-life with personality, and color abstractions inspired by the masters. This class encourages students to be open to new approaches while keeping your own unique voice. The final day will end with a celebration and exhibition of student work with friends and family. knows? Your animation might turn out to be the next great Non-refundable materials fee of \$25 included.

1 week / Mon-Fri / SHS 1009

66a	Jul 8–Jul 12	12:30–3:30 pm	\$175
66b	Jul 15–Jul 19	12:30–3:30 pm	\$175
66c	Jul 22–Jul 26	12:30–3:30 pm	\$175

Cecily Anderson is a painter and has been teaching Art at Bedford Middle School since 2002.

Ceramics & Pottery

entering 6-12

Join us in the professionally equipped Staples ceramics studio, where beginner and experienced students alike can explore techniques with clay through handbuilding, sculpture, and wheel thrown pieces. Experiment with texture and manipulating forms, as well as glazing and decorating techniques. Learn to create surface patterns, make simple molds, carve, and glaze clay. Non-refundable materials fee of \$50 included.

2 weeks / Mon-Fri / SHS 1008 / No camp Jul 4*

Jun 24–Jul 5*	9:00 am-12:00 pm	\$360
Jun 24–Jul 5*	12:30–3:30 pm	\$360
Jul 8–Jul 19	9:00 am-12:00 pm	\$390
Jul 8–Jul 19	12:30–3:30 pm	\$390
	Jun 24–Jul 5* Jul 8–Jul 19	Jun 24–Jul 5* 12:30–3:30 pm Jul 8–Jul 19 9:00 am–12:00 pm

Cassie Bourgeois is an experienced potter versed in wheel-thrown and hand-built pottery. She currently teaches elementary and middle school art in Norwalk.

Introduction to Woodworking

entering 7-12

Enhance your existing woodworking skills or learn new ones. Receive hands-on instruction in the use of our fully equipped shop tools and machines and advance to detailed machine work. This course is open to new students, as well as those who have had Mr. Sansur in the past and who want to complete a more advanced project. Class is limited to 10. Non-refundable materials fee of \$35 included.

7 days / Mon-Thu (week 1); Mon-Wed (week 2) / SHS 192

718 Jun 24–Jul 3 8:30–10:30 am \$215

Michael Sansur is a technology education teacher at Staples 468b High School.

STEAM Camps

Animation, Video Games & More entering 5 & up

Calling all cartoon aficionados, animators, and video game enthusiasts! This summer, create original interactive animations, learn computer coding, and build super cool interactive games. Bring your creations to life with digital audio software and compose and record your own music soundtracks and voiceovers with special effects. Your multimedia projects will dazzle your family and friends, and who Cartoon Network series.

2 weeks / 8:30 am-12:30 pm / SHS 1029 No camp Jul 4*

456a	Mon–Fri	Jun 24–Jul 5*	\$375
456b	Mon–Fri	Jul 8–Jul 19	\$415
456c	Mon–Fri	Jul 22–Aug 2	\$415

Quinten Metke teaches middle school band and music, and loves to combine art with technology-from making music out of fruit with Makey Makey™ to incorporating multimedia into live performances.

Drone Academy: Program It, Drive It, Fly It! entering 6-9

This summer, become an honorary drone pilot and take to the skies. These days, drones can monitor hard-to-reach environments, capture aerial footage, and detect dangerous pollutants. We're using them to teach STEM concepts and deliver fun. Learn to program and fly Parrot mini drones using Tynker block coding and pad controllers. Navigate through an obstacle course, complete a series of aerial trials, and rise—literally!—to the challenge of Drone Camp.

1 week / Mon-Fri / SHS 1055

472a	Jul 22–Jul 26	10:00 am–12:00 pm	\$130
472b	Jul 29–Aug 2	10:00 am–12:00 pm	\$130

Rob Rogers is currently a Social Studies teacher at Bedford Middle School. When he's not geeking out over Star Wars or the latest cool app, he runs a morning TV show at BMS, flies drones, and spends quality time with his family and his loyal dog Rosie.

Programming Jam entering 7–10

See what all the excitement is about! You choose which projects to make and what language to program, whether you work alone or with a group. Learn Java, Python, C++, JavaScript, HTML, and CSS. Structured and unstructured lessons and projects will be provided to keep all students engaged. Bring your laptop, as well as a separate USB mouse if you have one, and a notebook for designing. Students with all levels of programming experience are welcome.

1 week / Mon-Fri / SHS 2015

468a	Jun 24–Jun 2	89:00 am–12:00 pm	\$169
468h	lul 8 <u>–</u> lul 12	9.00 am=12.00 nm	\$169

68D	JUI 8-JUI 12	9:00 am–12:00 pm	\$165

Clare Woodman teaches computer science at Staples High School. Before becoming a teacher, she had a long career as a programmer. She's also taught with the Amazing Girls Science Organization at Norwalk Community College.



This summer, take a deep dive into filmmaking. Guided by Filmmakers Ink professionals, our young filmmakers learn by doing as they develop the key creative and technical skills required for exceptional filmmaking. Filmmakers Ink programs are designed to give students solid lifelong hacks with which to access, express, and develop their creative ideas and then turn them into movies.

Under the leadership of award-winning filmmaker Patrick McCullough, Filmmakers Ink has set itself apart from other film camps by focusing on the most challenging part of the process: how to come up with and develop good ideas for great films.

Visit www.Filmmakers-Ink.com or www.CreativeArtInk.com. For more details, contact Patrick McCullough at (413) 320-6071 or Patrick@Filmmakers-Ink.com. Enrollment is limited. Register early!

All Filmmakers Ink and CreativeArt Ink camps are located at Staples High School.

Filmmaking Intensive

entering 6–8, 9–12

Learn the process of making good films, fast. Work with professional filmmakers and build the filmmaking instincts needed to direct, capture the right footage, and run a set. Experience the moviemaking process from scriptwriting and storyboarding (with Storyboard Pro) through pre-production and filming. All students will develop scripts and work each of the main crew positions: director, 1st assistant director, director of photography, gaffer (lighting) and boom operator (sound). This summer, find your tribe and turn your ideas into movies.

2 weeks / Jul 8–Jul 19 / \$650 / SHS 1007

128a	entering 6–8	Mon–Fri	9:00 am–12:00 pm
128b	entering 9–12	Mon–Fri	12:30–3:30 pm

Acting Intensive

entering 6–8, 9–12

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Step on the film set and get professional, on-the-job acting coaching. In week one, you'll perform professional acting exercises designed to help you sharpen your listening skills, learn to live truthfully within your scenes, and work improvisationally with a team of actors and filmmakers. In week two, you'll get plenty of on-camera experience, as you act in the films being produced by the Filmmaking Intensive program.

2 weeks / Jul 8–Jul 19 / \$650 / SHS 1010

127a	entering 6–8	Mon–Fri	9:00 am–12:00 pm
127b	entering 9–12	Mon–Fri	12:30–3:30 pm

Screenwriting

entering 6–8, 9–12

Work with award-winning filmmaker Patrick McCullough and learn how to tell visual stories effectively, by developing believable characters, dialogue, and plot. Build a foundation of solid, lifelong writing tools for accessing, expressing, refining, and executing your best ideas.

1 week / Jul 8–Jul 12 / \$395 / SHS 1007

126a	entering 6–8	Mon–Fri	9:00 am–12:00 pm
126b	entering 9–12	Mon–Fri	12:30–3:30 pm

Storyboard with a Pro

entering 6–8, 9–12

Supercharge your summer with a professional artist from Marvel! You don't need to know how to draw to be able to storyboard a great movie; you need the right teacher and the right tools. Under the guidance of our Marvel artist, John Stanisci, you'll begin the week exploring the fundamentals of visual storytelling and end it with the practicals: storyboarding scripts for our Filmmaking Intensive program.

1 week / Jul 8–Jul 12 / \$395 / SHS 1012 133a entering 6–8 Mon–Fri 9:00 an

133a	entering 6–8	Mon–Fri
133b	entering 9–12	Mon–Fri

9:00 am-12:00 pm 12:30-3:30 pm

REGISTER | online westportcontinuinged.com | phone 203.341.1209 | in person Staples High School 1040

Editing

entering 6–8, 9–12

Elevate the story to its final, finished form. Learn to create a rough cut by editing picture and sound. Then, under the guidance of our professional editor, apply special effects, transitions, sound design, music, and titling for a final cut. Discover the secrets of playing with time so you can keep the attention of your audience right where you want it. Fullday students will work on multiple films, offering a variety of challenges. Computers will be provided. Recommended: at least one other grade 6–12 Filmmakers Ink camp, or receive permission from Patrick McCullough.

1 week, half-day / Jul 22–Jul 26 / \$395 / SHS 1003

1 week, full-day / Jul 22–Jul 26 / \$650 / SHS 1003

129a	entering 6–8	Mon–Fri	9:00 am–12:00 pm
129b	entering 6–8	Mon–Fri	9:00 am–3:30 pm
129c	entering 9–12	Mon–Fri	12:30–3:30 pm
129d	entering 9–12	Mon–Fri	9:30 am–3:30 pm

iPhone* Movies: Filmmaking with Your Phone entering 6–9

It used to take a lot of pocket change to make a movie. Now it just takes the mobile device in your pocket. Take your movie making up a notch with tips, tricks, and coaching from experienced filmmakers. Explore the ins and outs of different apps, learn which types of shots to capture and what tools can enhance your videography, how to apply filters, create transitions, and even add music. Reach into your pocket and pull out everything you need to make your movie. Get a head start by taking Screenwriting (#126) or Filmmaking Intensive (#128).

*Androids also welcome.

1 week / Jul 22–Jul 26 / \$650 / SHS 1010

134 Mon–Fri 9:00 am–3:30 pm

Special FX Filmmaking

entering 3-5

Learn filmmaking by making films. Guided by experienced Filmmakers Ink instructors, you'll collaborate with your filmmaking tribe to develop an idea and then write, produce, shoot, and direct a 5-7 minute movie, using special effects in our green screen studio. Screen a rough cut for family and friends at your premiere on the final day of camp. Students are encouraged to bring a video camera if they already own one, recording media (tape or drive), and tripod for practice instruction.

1 week / Jul 8-Jul 12 / \$395 / SHS 1003

16 Mon–Fri 9:00 am–12:00 pm

Sign up for both, Special FX Filmmaking and Stop Motion Animation (see #118 next column) and pay the discounted rate of \$650 for the full-day week.

Stop Motion Animation

entering 3–5

Animate your imagination! You create the characters—using materials from LEGOs to Hot Wheels, action figures to stuffed animals, clay, found objects, even wood, stone, and metal—and our experienced filmmakers will help you get them moving. Learn the science of freeze frame filming and the art of shot choice, camera angles, believable dialogue, compelling plot, and set design, including using a green screen. Tell your story, one frame at a time.

1 week / Jul 8–Jul 12 / \$395 / SHS 1003

118 Mon–Fri 12:30 pm–3:30 pm

Sign up for both, Special FX Filmmaking (see #16 above) and Stop Motion Animation and pay the discounted rate of \$650 for the full-day week.

CreativeArt Ink Multi-Arts Program entering 3–5, 6–9

Train with working artists, writers, filmmakers from Filmmakers lnk, photographers, composers, songwriters, and actors. Spend the day making movies with award-winning filmmakers; create animation and sketch with professional artists; write a short story or poem with a Pulitzer Prize nominee; improvise and explore movement and physical theater with working NYC professionals, and more. Combine that with fresh air and outdoor activities for a unique summer experience. **Visit www.CreativeArtInk.com, email Patrick@CreativeArtInk.com, or call Patrick McCullough at (413) 320-6071.**

1 week / Jul 22–Jul 26 / \$650 / SHS 1007

130a	entering 3–5	Mon–Fri	9:00 am–3:30 pm
130b	entering 6–9	Mon–Fri	9:00 am–3:30 pm

Filmmakers Ink Combination Packages

Filmmaking Intensive + Editing half day package	\$ 925
Filmmaking Intensive + Editing full day package	\$1,095
Acting Intensive + Editing half day package	\$ 925
Acting Intensive + Editing full day package	\$1,095
CreativeArt Ink +	
Filmmaking Intensive or Acting Intensive	\$1,095
Special FX Filmmaking + Stop Motion Animation	\$ 650
CreativeArt Ink +	
Special FX Filmmaking or Stop Motion Animation	\$ 925
CreativeArt Ink + Special FX Filmmaking	
+ Stop Motion Animation	\$1,095

Fitness + Sports Camps

Gametime Academy entering K-5

Enjoy your favorite games and sports in this fun camp where everyone gets involved! Bring a friend or make new ones as you engage and play in PE activities such as scooters, handball, 4 goal soccer, pinball, pacman tag, or pirate's gold! Build your strong bones through health and fitness and gain some other awesome skills like teamwork, coordination, and self-confidence. Staples pool is open - pack a swimsuit and bring your towel for optional morning and afternoon free swim with lifeguard supervision (campers entering grade 2 and up only). Camp is led by PE teachers, coaches, and high school and college athletes. Rain or shine. **Location: Staples Fieldhouse (except week of Jun 19-21 will be at SHS Gym)** Pack a peanut-free snack and lunch, if you're staying all day. Snacks and lunches are also available for purchase in the cafeteria for cash or Westport students can use their Chartwells account. Water bottles are recommended; don't forget to write your name on them. Certified Westport Public School nurse on duty. [Led by Christopher Scholz]

1) Full-day / \$349 per week / 8:30 am-3:15 pm 2) Morning / \$239 per week / 8:30 am-12:15 pm 3) Afternoon /\$149 per week / 12:45-3:15 pm	June 19–21 / Full-day only \$70 per day / 8:30 am–3:15 pm	Jul 1, 2, 3 & 5 / Full-day only \$70 per day / 8:30 am-3:15 pm
220b Jun 24–Jun 28	Register for one or multiple days	Register for one or multiple days
220d Jul 8–Jul 12	220a1 Wed, Jun 19	220c1 Mon, Jul 1
220e Jul 15–Jul 19	220a2 Thur, Jun 20	220c2 Tues, Jul 2
220f Jul 22–Jul 26	220a3 Fri, Jun 21	220c3 Wed, Jul 3
220g Jul 29–Aug 2+		220c4 Fri, Jul 5

All-Stars Sports + Fitness Camp entering 6–9

If you're into sports and games, this camp is your jam! Choose from a variety of activities and sports, including old favorites and new activities. Develop or polish individual and team skills and learn safe exercise techniques. This summer, own the 30,000 square foot Staples fieldhouse, the fields, and the Olympic sized pool. Led by certified PE teachers, coaches, and young high school and college athletes. Pack a swimsuit and bring your towel for optional morning and afternoon free swim with lifeguard supervision. Bring a peanut-free snack; full-day campers should bring a peanut-free lunch. Snacks and lunches are available for purchase in the cafeteria. Camp runs rain or shine; Certified Westport Public School nurse on duty. [Managed by Christopher Scholz]

Jul 29-Aug 2

Full-day / \$349 per week / 8:30 am-3:15 pm Mornings / \$239 per week / 8:30 am-12:15 pm Afternoons / \$149 per week / 12:45-3:15 pm Jun 24-Jun 28 225e Jul 22-Jul 26

 2256
 Jul 24
 Suit 26
 2256

 225c
 Jul 8–Jul 12
 225f

 225d
 Jul 15–Jul 19

Badminton

entering 4–12

This is badminton as an Olympic sport, not just a backyard game! From the beginner to a more advanced player, learn to take your skills to the next level. Select participants may be invited to play in the Connecticut State Junior Badminton Tournament! Sneakers and badminton racquet required; some racquets available to borrow. Before you buy a new racquet, please contact Peter Bartush at peterpppp@aol. com for discount price suggestions.

7 Tuesdays / \$95 / SHS Gym / 5:30-7:30 pm

984 Jun 25–Aug 6

Peter Bartush, an award-winning badminton player, has been coaching adults and children for over 25 years.

Swimming Lessons Are Back!

Enjoy the Staples pool with private or group lessons. For more information, call the office or check the Continuing Education website.

Baseball World Training School ages 5-15

225b1 Mon. Jul 1

225b2 Tues, Jul 2

225b3 Wed, Jul 3 225b4 Fri, Jul 5

Get your game on with drills, skills, and intra-squad games. Learn about all aspects of the game, including infield and outfield techniques, hitting, bunting, catching, pitching, base running, and sliding. Each week, a current or former major league baseball player, manager, or coach will visit and conduct a clinic. Past guest instructors have included Hall of Famers Harmon Killebrew, Phil Niekro, Tim Raines, and many others. **Location: Wakeman Fields**

Full-day only / \$70 per day / 8:30 am-3:15 pm

Register for one or multiple days of your choice

For information and to register call (203) 984-2500 or visit www.baseballworldtrainingschool.com 1 week / 9:00 am-3:00 pm / \$400 (\$325 week of 7/1 only)

Register by the week: Jul 1–Jul 5 (no camp Jul 4), Jul 8–Jul 12, Jul 15–Jul 19, Jul 22–Jul 26, Jul 29–Aug 2

Vince Diaco, a certified physical education teacher and coach, has been director of Baseball World Training School since 2002. His staff is made up of former professional players and scouts, teachers, college coaches, and college baseball players.



CT Juniors Volleyball

Founded by Tyson Krause, an internationally certified coach and 2003 inductee into the Connecticut High School Volleyball Hall of Fame, CT Juniors offers players strategies designed to build skills; intensely committed coaches, players, and parents; and a practice/tournament structure that enables players to form friendships, prepare for high school play, and become leaders on and off the court.

Tyson Krause Summer Volleyball Clinic

entering 4–12; girls only

These weeklong camps stress individual skill development and team play. Campers will be divided by grade and ability.

1 week / 9:00 am-12:00 pm / \$TBD / SHS Fieldhouse

		•
53a	Jul 22–Jul 26	All-Skills Program (entering 5–12)
53b	Jul 29–Aug 2	Setters & Hitters (entering 8–12)
53c	Jul 29–Aug 2	Beginners (entering 4–8)
53d	Aug 5–Aug 9	All-Skills Program (entering 7–12)

GameBreaker Lacrosse Camp

ages 5–16; girls & boys

Young athletes will have the opportunity to work hard and improve in a fun, positive atmosphere. Learn how to play lacrosse from top coaches and players. Improve as an individual, from stick skills to shooting to defending. Develop the strategies of team play as you learn and practice working together to make your team better. Open to all ability levels; no rain facility. **To register, visit www.laxcamps.com or**

call (800) 944-7112. Questions? Email support@laxcamps.com.

Location: SHS Ginny Parker Field

4 days / Mon-Thu / 8:30 am-12:00 pm / \$315

Register by the week: Jun 24–Jun 27, Jul 8–Jul 11, Jul 29–Aug 1

Boys coach **Josh Thornton** is the head coach at Weston High School and played Div 1 lacrosse at Fairfield University, where he was an All-New England pick and team captain. Girls coach **Amy Alvord** was a three-time All-American midfielder and won a state championship as the Head Coach at Fairfield Ludlowe HS.

Fusion Swim Camp

ages 8–15

This summer learn and practice all aspects of the competitive strokes: turns, mechanics, breathing, body positioning, and conditioning. Improve back and freestyle stroke starts, underwater kicking, flip and open turns. All this plus dry land conditioning, tips on nutrition and general wellness, and fun and games. Join us and lay the foundation for your future swimming career. Campers must know how to swim.

To register, visit www.fusionswimcamps.com or call (800) 944-7112. Questions? Email support@fusionswimcamps.com Location: SHS Pool 1 week / Mon-Fri / Jun 24-Jun 28

8:30 am-12:00 pm / \$250

C.J. Moran, Camp Director, is the Head Coach at Southern Connecticut State University. CJ has been involved in college swimming for over 15 years. He is joined by an energetic staff dedicated to improving every swimmer's skills.

Revolution Field Hockey Camp ages 8-16

Learn to play field hockey through fundamental training, technical / tactical team and individual drills, and improve every aspect of your game. Our staff power including Olympians, international players, NCAA players, and collegiate coaches are committed to helping you reach your goals. With countless touches on the ball, you'll leave our field hockey camp more confident and a far better player. Every camper receives a reversible jersey, lanyard, ball, and water bottle. Plus, camp awards and daily prizes! Open to all ability levels; no rain facility. **To register, visit www.fhcamps. com or call (800) 944-7112. Questions? Email support@fhcamps.com. Location: SHS Ginny Parker Field 4 days / Mon-Thur / Aug 5-Aug 8 8:30 am-12:00 pm / \$295**

Cheryl Canada, a 2006 graduate of Quinnipiac, will begin her ninth season with the Bobcats. She has been a coach for USA Field Hockey's Futures Program and served as head coach and site director for the Connecticut U19, U16, and U14 sites.

Coach Chris Fay, the Shot Doctor, presents Westport AllStars Basketball Camp

entering 2–9; girls & boys

Stay sharp with Coach Chris Fay! His camp features shooting instruction, fundamental skills and drills, scrimmages, defense, strategy, team skills, and sportsmanship. Coach Fay knows that kids develop at different rates, and his camp combines player development with competition to insure maximum results and maximum fun for every player. Whether you're an expert or an amateur, aim high and raise your level of play with the Shot Doctor. Lower hoops for our smaller ballers. Bring a ball, water, and a peanut-free snack.

1 week / Mon-Fri / \$175 / SHS Gym 44 Jul 22–Jul 26 9:

9:30 am–12:00 pm

Coach Chris Fay, of CT Elite, was named the Nike Phenom East/ West All Star coach in San Diego in 2016 and 2017, as featured on ESPN. A shooting guru and ball-handling wizard, Chris has worked with many current college and NBA players. Widely regarded as one of the area's top youth coaches, Coach Fay helps kids realize their hoop dreams one dribble at a time!

Strength, Conditioning, Agility and Mobility

Learn and utilize the principles of targeted workouts and improve your overall fitness and conditioning. The objectives of this course include familiarizing the athlete with various strength and conditioning movements including body weight movements as well as free weight movements. Athletes will also learn proper techniques for conditioning, agility and mobility work.

7 weeks / Mon, Wed, Fri / Jun 24–Aug 9 /SHS Fit. Ctr.

189a	entering 10–12 Varsity Football	
	6:30–8:00 am	\$195
189b	entering 9 Athletes	
	8:00–9:15 am	\$185

Jon Zames trains the Staples football team, lacrosse, and baseball teams and has privately trained high level high school, college, and professional athletes for more than ten years.

Fairfield County Tennis Camp ages 6-12

Learn all aspects of tennis and improve your game, learning a different stroke each day. Devlop a solid foundation on the basics; forehand, backhand, serve, and volley. Enjoy a minimum of 2 hours of on-court instruction each day, and participate in cross-training activities, such as soccer and kickball, to facilitate coordination as well as improve endurance. Our 10 and under players will enjoy USTA approved *10 and under Tennis* which uses lower-compression balls and smaller racquets to allow them to get acclimated to tennis in a fun environment.

Beginner: players are introduced to forehand, backhand, serve and volley with drills, fun games, and game situations.

Advanced beginner: players have had an introduction to grips and strokes, and are starting to make contact with the ball on a regular basis.

Low Intermediate: players are starting to keep the ball in play, learning to serve, can volley and learning court positioning.

Intermediate: players can keep the ball in play, can hit with some spin, and can serve, volley, and rally consistently.

Enrollment is limited to insure a low student-to-instructor ratio. Bring a nut-free snack and water. All Fairfield County Tennis Camps take place at the Staples High School Tennis Courts.

If you have questions about what racquet to buy, go to: www.southern.usta.com/Juniors/10_and_under_tennis; racquets will also be available for purchase at camp. *Rain date will be the Friday of each session. For rain cancellation information: check www.fairfieldcountytennis. com or call Fairfield County Tennis, (203) 283-5629, a half-hour before class.*

4 days / Mon-Thu / 9:00-11:30 am / \$219

Ages 6–8 #200 classes for beginner /advanced beginner

Ages 9–12 #201 classes for beginner through intermediate

Jun 24–Jun 27
Jul 8–Jul 11
Jul 15–Jul 18
Jul 22–Jul 25
Jul 29–Aug 1

Fairfield County Tennis has been providing quality tennis instruction for all ages and levels of play for over 15 years. All of its teaching professionals are USPTR certified.

Cooking

Cooking Camp entering 6–9

A perennial favorite, join Chef Gans for weeklong programs featuring menus based on international and national cuisines. Learn kitchen skills that will last a lifetime as you cook and serve delicious meals, from start to finish, using fresh ingredients. The 4th session will feature new regions and enough time for baking and desserts! No one leaves cooking camp hungry! Class is limited to 15. A non-refundable food fee of \$75 is included.

1 week / 9:00 am-12:00 pm / \$395 / SHS 182

269a	Jul 8–Jul 12	American Regional Cuisine
	Jul 15–Jul 19	8
269c	Jul 22–Jul 26	European Cuisine
269d	Jul 29–Aug 2	Caribbean, Latin American
	& Canadiar	n Cuisine, Baking & Desserts

Chef Cecily Gans has been turning kids into cooks for 20 years at Staples High School.

Performance

Build an Audition Book entering 10–12

Being a performer requires being able to audition. This workshop will focus on building the tools and skills to audition for musical theatre roles. Learn how to choose the best material, including songs and monologues, that will help you shine on stage. Utilize acting exercises and text analysis to dig deeper into the story and express it with soul. Prepare, practice and nail that audition!

1 week / Mon-Fri / \$270 / SHS 460

312 Jul 22–Jul 26 9:00 am–12:00 pm

Margie Stokley-Bronz began her career in the arts as a child actor. After graduating from NYU, she worked Off-Broadway and regionally, co-founded Andhow! Theater Company, and wrote for the theater.

Foundations in Performance entering 6–8

Learn the foundations of acting techniques from the masters' playbook. Warm up with different techniques and discover the freedom and joy of acting through theatrical play, scene work and monologues. This workshop will focus on acting, followed by singing performance and movement. For all aspiring singers and performers (you don't have to be a singer)! [Taught by Margie Stokley-Bronz]

1 week / Mon-Fri / \$270 / SHS 460

311 Jul 29–Aug 2 9:00 am–12:00 pm

Musical Theatre Dance Intensive entering 9-college

Are you a musical theatre performer looking to improve your dancing skills? Whether you have two left feet or have been dancing your whole life, Staples Players' Choreographer, Rachel MacIsaac will brush up your technique and help you gain more confidence in your dancing in a fun, high energy program! This two-week intensive program will also cover building strength and flexibility, and learning different dance combinations.

2 weeks / Mon, Wed, Fri / \$175 / SHS Black Box

314a Jun 24–Jul 5 (no camp Jul 4) 3:00–5:00 pm

314b Jul 15–Jul 26 10:00 am–12:00 pm

Rachel MacIsaac has worked professionally as a performer, teaching artist and choreographer for more than 15 years. She is the choreographer for Staples Players and other regional theater companies, She has performed across the US, in the national tour of Mamma Mia!, and traveled the world singing and dancing for Holland American Cruise Lines.

Westport Summer Teen Theater Camp

entering grades 5–9

Director Ryan Smith Music Director / Assistant Director Brett Boles Choreographer Lisa Menilli Performances @ Saugatuck Elementary School July 18, 19 & 20 @ 7:00 pm July 20 @ 2:00 pm



Journey "under the sea" with Ariel and her aquatic friends in Disney's The Little Mermaid JR.

In this Disney beguiling animated romp, the rebellious mermaid Ariel is fascinated with life on land. On one of her visits to the surface, which are forbidden by her controlling father, King Triton, she falls for a human prince. Determined to be with her new love, Ariel makes a dangerous deal with the sea witch Ursula to become human for three days. But when plans go awry for the star-crossed lovers, the king must make the ultimate sacrifice for his daughter.

WSTT is a fun, action packed theatrical camp. Join our award winning production staff and high school counselors as you embark on a month long journey under the sea as a performer or as one of our awesome Tech crew members.

4-week, full-day program, including auditions, rehearsals, performances SES / Mon-Fri / Jun 24-Jul 22 (no camp Jul 4) / see below for rehearsal schedule

32 \$775

Auditions / Bedford Middle School Auditorium

Auditions will be held on **Thursday, June 13, from 3:30–5:30 pm**; callbacks as needed on Friday, June 14, from 3:30–5:30 pm.

Please note: Audition only if you will accept any role assigned. Everyone who auditions will be cast in the play. Program must be paid in full before auditioning; no refunds or credits will be issued after May 24.

Rehearsal Schedule / Saugatuck Elementary School

This summer, WSTT will be held at SES due to construction at BMS. Jun 24–Jul 19:9:00 am–3:30 pm (no rehearsal Jul 4) Jul 22:9:00 am–3:30 pm (mandatory set strike & celebration!)

Ready, Set, Paint! Set Design / Tech Crew

entering 5–9

For those students who want to experience the excitement backstage, WSTT happily rolls out a red carpet for aspiring set designers and tech crew. **Ready, Set, Paint!** campers will design and paint scenery, create props, and help with costumes. Our **Tech Crew** campers will help handle lighting, sound, and stage management and will participate in all dress rehearsals.

4-week, full-day Ready, Set, Paint! or Tech Crew program / \$775

SES	Mon–Fri	Jun 24–Jul 22
632a	9:00 am–3:30 pm	no camp Jul 4

Staples Players presents Back to the 80's For students entering 9-college

Directors David Roth & Kerry Long Musical Director Don Rickenback Choreographer Rachel MacIsaac Performances Jul 12, 13 @ 7:00 pm Jul 13 & 14 @ 3:00 pm



Join the class of 1985 as they experience the fun and heartbreak of growing up in a "totally awesome" decade. In the style of movies such as *Back to the Future, Ferris Bueller's Day Off,* and *The Karate Kid,* this nostalgic romp includes some of the greatest hits of the decade: *Wake Me Up Before You Go-Go, Girls Just Want To Have Fun, We Built This City (on Rock and Roll), You Give Love A Bad Name, Love Shack, Walking On Sunshine, Never Gonna Give You Up, Don't Worry Be Happy/Come On, Eileen, (I've Had) The Time Of My Life, and many many more!* **BACK TO THE 80'S** tells the story of the senior class of William Ocean High School in 1985 and features high-energy dance numbers, the obligatory 80's party scene, copious amounts of blue eyeshadow, twenty cans of hairspray, and some of the most popular songs ever written. Throw in a *Star Wars* dream sequence (really!) and the result is a musical that will not only delight and amuse audiences of any age, but will also inspire the student performers and tech participants.

Please Note: This summer program operates with a production rehearsal schedule similar to our high school shows rather than "camp style" – that is, not everyone will be required each day for the entire rehearsal time. All participants are invited to do tech work during the hours that they are not called for rehearsal. Rehearsal schedules will be made available at least three days in advance. Due to the tight production schedule, we regret that we cannot accommodate time off for vacations or conflicts.

Audition only if you will accept any role assigned. All participants will be cast, but you must register by May 24. *Program must be paid in full before auditioning; no refunds or credits will be issued after May 25.*

3-4 week program, including auditions, rehearsals, performances, t-shirt & DVD / \$650

SHS Mon–Fri Start date TBD depending on last day of school76 see times below no rehearsal Jul 4

Auditions / Staples High School Auditorium

Thur, May 30: SINGING - Please memorize 16 to 24 bars of a pop/rock song, preferably from one of the songs from the show, available at staplesplayers.com (click on "Current Players" tab, then click on "Back to the 80's" tab*). If you do not prepare one of these songs, please bring the sheet music for the planist in the same key in which you'll sing it. No "a cappella" auditions allowed. Please note that this is also your acting audition.

Fri, May 31: DANCE - Please wear jazz shoes or sneakers. Clothing should be fitted, such as leotards with tights, fitted tees, dance pants, leggings, shorts. No baggy sweats or basketball shorts.

Wed & Thur, Jun 5 & 6: CALLBACKS - Posted on staplesplayers.com under "Current Players" tab*.

Rehearsal Schedule

Program begins at SHS the day after Westport Public Schools end. At time of publication this could be as early as Tuesday, June 18 (if there are no more snow days) and as late as Monday, June 24 (if all snow days are used). Program runs through Monday, July 15

Mon - Fri, 9:00 am - 2:30 pm (through Jul 5): No rehearsal Thu, Jul 4, there is rehearsal Fri, Jul 5 Mon - Fri, 9:00 am - 6:00 pm (Jul 8 - 11): Rehearsals may go later into the evening this week, TBD PERFORMANCES: JUL 12 & 13 at 7:30 PM and JUL 13 & 14 at 3:00 PM MANDATORY STRIKE: JUL 15

Tech Crew

16

Students entering grade 9 through college with skills and experience who are interested in technical work ONLY are invited and encouraged to register for our free tech program (timing is the same as indicated above under Rehearsal Schedule). **Sign up for course #34TECH by May 24.**

Questions? *Email Producer Michele Wrubel: michele.players@gmail.com

Getting Ahead + Gearing Up

Gear Up for Reading & Writing Workshops entering 4-5

Does your child need a boost in reading and writing for the fall? Working independently and in small groups, students will learn to pick "just right" books, develop decoding skills, reading fluency, and build comprehension skills. We'll focus on creating an atmosphere where students will develop a love of reading and writing. By using developmentally appropriate books, free writing, journaling, and giving students choices in learning, they'll grow and develop positive reading and writing habits. The class will include suggestions for parents to support students' learning from home. Students will use online access for written responses and daily checkin's.

SHS 1054

63a	Mon-Wed	Jul 1-Jul 3	1:00 pm–4:00 pm	\$119
63b	Mon-Fri	Jul 8-Jul 12	1:00 pm–3:00 pm	\$130
63c	Mon-Fri	Jul15-Jul 19	1:00 pm–3:00 pm	\$130
63d	Mon-Fri	Jul 22-Jul 26	1:00 pm–3:00 pm	\$130

Laura Alderucci teaches 4th grade at Long Lots School Elementary School in Westport. She started teaching in 1993 and previously taught in Wilton and Fairfield public schools. She has an MS in Special Education, and is a Connecticut Certified Reading Coach.

Basic Grammar & Writing: Everything You Wanted to Know

But Were Afraid to Ask entering 9–12

Designed to build your skills or for review, help improve your written fluency, clarity and power through punctuation and grammar fundamentals. Topics may include: parts of speech and their functions; punctuation and its uses; pronoun-antecedent and subject-verb agreement; building sentence variety and using parallel structure; and common errors like fragments, run-ons, comma splices, and dangling modifiers. Bring your laptop.

\$109 / SHS 2015

71a	Mon–Thu	Jun 24–Jun 27	9:30–11:30 am
71b	M, T, W	Jul 1–Jul 3	9:30 am–12:00 pm

Paul Zajac is an English teacher at Staples High School. He received his BA in English from the University of Illinois and his MS in Education from Northwestern.

Step Up to High School Spanish entering 9

Get ready for high school Spanish 2A or 2H with this review of the key grammatical conventions and the vocabulary you learned in Spanish 1. You'll leave feeling more confident and ready for your high school class. And you'll have a solid foundation to support your ability in all language skills: speaking, listening, reading and writing.

1 week / Mon-Fri / \$130 / SHS 3022

745 Jul 29–Aug 2 9:00–11:00 am

Señora Marge Manoff, M.A. Ed., has been teaching Spanish in Westport for the past 15 years from elementary through high school. When she's not teaching, she can be found walking and relaxing on Compo Beach or traveling to Spanish speaking countries.

College Essay Boot Camp entering 12

This boot camp doesn't guarantee admission into any college, but we do guarantee that you'll leave with a compelling essay, feeling more confident about the admissions process and the requirements. Your college essay is just a story - a story about you. Discover your story and find the help to craft, draft, and polish. Brainstorm ideas, discuss the dos and don'ts of college essays, and write! We'll also help you create Common App accounts, plan for supplemental essays, and get tips for admission interviews from a top-tier college interviewer. Students should bring their laptop, Google Docs login, or a flash drive to save work on. Limited enrollment.

1 week / Mon-Fri / \$299 / SHS Library & Room 502

307a	Jun 24–Jun 28	8:30–11:30 am
307b	Jun 24–Jun 28	12:00–3:00 pm
307c	Jul 8–Jul 12	8:30–11:30 am
307d	Jul 29–Aug 2	8:30–11:30 am
307e	Jul 29–Aug 2	12:00–3:00 pm

Ali Antunovich, Mary Katherine Hocking, Jamie Pacuk, and Amanda Morgan are all certified teachers. Between them, they have nearly two decades of experience helping students write. More importantly, they are all patient, kind, and funny!

Study Skills Workshop entering 6–9

It's hard to overstate the importance of good organizational and study skills when it comes to a school transition. This year, start school ready to learn. We'll assess your current study skills and homework habits and teach you how to keep your notes, handouts, and binders organized. You'll walk away with strategies to manage long-term projects, create a personalized study routine, and plan your time so you can be successful throughout the year.

3 days / Tue-Thu / \$115 / SHS 3029

60a	Jul 9–Jul 11	9:30–11:30 am
60b	Jul 9–Jul 11	12:00–2:00 pm

Kristin Leahy has taught Chemistry and Accelerated Science at Staples High School for 12 years. She is an avid runner, skier, and mother of 2 teenage girls - THAT takes organization!

Gear Up for AP Classes *entering* 10–12; *Gear Up for AP Calculus students must be entering* 11–12 *and have completed Precalculus*

Reinforce important reading, writing, and math strategies, and develop the study and time management skills you'll need this fall. Gear Up classes are for students who plan to take multiple AP courses; concerned about the workload; or need help building their skills. Courses are not for credit; there will be no grades. Bring a laptop and login for school or personal (if out of district) Gmail account.

1 week / Mon-Fri / SHS

541a	All AP Social St	udies classes [Willick]/SHS 2038
	Jul 15–Jul 19	9:00 am–12:00 pm	\$195

- 541b AP Calculus [Forgette] / SHS 3053
 - Jul 8–Jul 12 8:30 am–12:30 pm \$270

All courses taught by certified Staples High School teachers.

High School Credit Courses

No online registrations for high school credit courses; use the registration form on page 27.

To register for any high school credit course, students must have prior written approval from their school counselor and department head. Perfect attendance and punctuality are expected. Interim progress reports will be available to students and parents; final report cards will be mailed to student's home and guidance department. Duplicate reports may be forwarded to other schools at the request of parents and/or student. Classes take place at Staples High School. See the Staples High School Course Catalog for course descriptions.

No refunds or credits will be given for withdrawals from high school academic credit courses. The determination as to whether any credit summer school class will run is made by Westport Continuing Education, based on enrollment. It is therefore recommended that students enroll in as timely a manner as possible.

Except as noted, the following 1-credit classes are 6 weeks long, from Jun 24–Aug 2 (no class Jul 4).

Chemistry [Jones / Messina]

86a 8:00 am-12:15 pm \$1310 / SHS 3034 Lab & 3028

Physics [Wong / TBD]

8:00 am-12:15 pm \$1310 / SHS 3007 87a

Algebra 2 [Pugliese / Forgette]

8:00 am-12:15 pm \$1310 / SHS 3021 89a

Geometry [Gray]

88a 8:00 am-12:15 pm \$1310 / SHS 3023

American Government [Willick] 1/2 credit; class is 3 weeks,

Jun 24–Jul 12 (no class Jul 4)

8:00 am-12:15 pm \$700 / SHS 2038 80a

American Government may be taken for advancement in social studies. To qualify to take this class over the summer, students must: (1) have earned credit in U.S. History, U.S. History Honors, or AP U.S. History; (2) have earned credit or be enrolled for a minimum of 1/2 credit in social studies beyond the graduation requirement for the academic year immediately preceding or following the summer in which the course is taken; and (3) receive written approval from the social studies department chair.

Physical Education [Shamas]

1/4 credit; incoming 9th graders are not eligible for this course

This blended course combines off-campus distance learning with a wide range of on-campus lifetime and cooperative activities. During weeks 1 and 3, students will participate in a variety of activities at Staples High School, e.g., archery, land paddling, in-line skating, mindfulness, traverse wall, wellness walking, etc. Using technologies such as Google Classroom, students will engage in meaningful off-campus experiences including community based opportunities aligned with national physical education standards and outcomes. Parents should acknowledge and/or consent to off-campus activity experiences.

3 weeks / \$350 / SHS 186

- 27a Jun 24–Jul 11 / 8:00–10:15 am Week 1: Jun 24–Jun 28 / Mon–Fri Week 2: Jul 1–Jul 5 / off-campus, distance learning Week 3: Jul 8–Jul 11 / Mon–Thu
 - Jul 15-Aug 1 / 8:00-10:15 am Week 1: Jul 15–Jul 19 / Mon–Fri / 8:00–10:15 am Week 2: Jul 22–Jul 26 / off-campus, distance learning Week 3: Jul 29-Aug 1 / Mon-Thu

Access for People With Disabilities

Individuals requiring accommodations to attend one of our programs are requested to contact the director of Westport Continuing Education at (203) 341-1209 or at conted@westportps.org.

Affirmative Action Policy Statement

Westport Continuing Education does not discriminate on the basis of ethnicity, race, color, age, marital status, gender, disability, sexual orientation, religion, mental or physical disability, or any other legally recognized protected status in any of its employment practices, school activities, or educational programs.

27b

Test Prep

AlphaPrep presents ACT® & SAT® Prep Classes



Founded in 2007, AlphaPrep offers a wide spectrum of standardized test preparation, as well as other services. AlphaPrep's mission is to help students achieve their highest potential by developing individualized learning programs, tailored to take account of each student's strengths, weaknesses, and unique learning styles. Using key predictors, diagnostics and proprietary online tools, students gain time management skills, self-confidence and an expanded academic outlook and emerge with pride and excitement about their impending college experience and opportunities. Highly skilled instructors provide a high-touch, personal approach with high tech learning methods for the best possible outcomes.

Full practice SAT and ACT exams are offered at no charge for enrolled students. Need-based scholarships may be available; contact SHS guidance office for information.

\$750 / SHS 2014

To register, visit www.alphaprep.com; select Services tab and enter course code WESTPORT to view details.

ACT[®] Prep Class - Mon-Fri

CAT® Duen Classes	Man Fui
	Wed–Fri: 9:00 am–12:00 pm
Jun 24–Jun 28	Mon–Tue: 9:00 am–12:30 pm

SAT[®] Prep Classes - Mon-Fri

1) Jul 29–Aug 2 Mon–Tue: 9:00 am–12:30 pm Wed–Fri: 9:00 am–12:00 pm

2) Aug 12–Aug 16 Mon–Tue: 3:00–6:30 pm Wed–Fri: 3:00–6:00 pm

Driver Education



Westport Continuing Education & The Next Street™ partner to provide Driver Education @ Staples

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flexible make-up classes and driving lessons avoid the DMV for license testing only \$639 for the full program or \$99 for the 8-hour Safe Driving & Alcohol & Drug Education class only

 \Rightarrow

upcoming classes

Tue + Thu / 2:30–4:30 pm / Apr 9–Jun 4 (no class Apr 16 & 18)

summer accelerated

Mon–Thu / 9:00 am–1:00 pm / Jul 8–Jul 18 Mon–Thu / 1:00–5:00 pm / Aug 5–Aug 15

For information or to enroll, call The Next Street[™] (203) 293-1720 or visit thenextstreet.com/staples

Adult Division

arts+crafts

DIY Kitchen Cabinet Painting Workshop [pg. 21] Furniture Painting [pg. 21] Furniture Painting - Bring Your Own Piece [pg. 21] DSLR: Basic Digital Camera Operation [pg. 21] Jewelry Making [pg. 21] Pottery [pg. 21] Open Studio with Steve Parton [pg. 22]

cards+games

Beginner Bridge [pg. 22] Bridge for Advanced Beginners / Intermediates [pg. 22] Mah Jongg for Beginners [pg. 22]

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fitness: mind + body

Badminton [pg. 22] Mindfulness Meditation: Getting Started [pg. 23] Mindful Yoga [pg. 23] Pickleball: Beginners & Open Play [pg. 23] Tai Chi for Beginners [pg. 23] Spring Tennis for Adults [pg. 23]

pets

Dog Obedience [pg. 24]

technology

iBasics: Intro to iPhone &

iPad [pg. 24]

iPhone / iPad Tips & Tricks [pg. 24]

Photoshop CS6 [pg. 24]

Class Locations

Unless otherwise noted, adult enrichment classes, workshops, and programs are held at Staples High School, 70 North Avenue, Westport.

Please enter and exit through the front of the school building. Posted signs will indicate the exact location of your class. Confused? Visit Room 1040 for help!

Cancellations

All class cancellations will be posted on our website: **westportcontinuinged.com**

Sed2go

Take Classes Online and Learn On Your Own Time

Westport Continuing Education has partnered with **ed2go** to offer a wide range of interactive, online courses. Affordable, fun, fast, and convenient, all classes are taught by expert instructors. And because you set the pace, you can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion. Browse through hundreds of courses on a wide variety of topics; new classes are added frequently.

To register, go to **www.westportcontinuinged.com** and click on the ed2go link.

Accounting + Finance • Arts + Design • Business • College Readiness • Computer Applications +

Programming • Design + Composition • Health + Fitness • Healthcare + Medical • Information Technology

Language • Law + Legal • Math + Science • Personal Development • Teaching + Education

Writing + Publishing

Arts + Crafts

DIY Kitchen Cabinet Painting Workshop

Tired of builder's oak cabinets? Jealous of those great looking two-tone kitchens you see on Instagram and Pinterest? This is your chance to refresh your kitchen cabinets—and your kitchen—without the price tag of a full-scale reno. Join us and learn how to transform the heart of your home with Chalk Paint® by Annie Sloan. The workshop will cover professional tips and tricks, prep, basic repairs, how to install new hardware and block old finish bleed-through, as well as waxing, distressing, and glazing. Bring a cabinet door to work on, a few pix of your kitchen along with an inspiration photo, and we'll show you just how easy and affordable a new look can be!

1 Wednesday / Jun 26 / 10:00 am-1:00 pm

D Toth Design, 239 Westport Avenue, Norwalk

967 \$130

Daniella Toth is a certified decorative furniture painter and owner of D Toth Design, a company specializing in workshops and custom furniture painting. She is a stockist and trainer for Annie Sloan products and techniques.

Furniture Painting Workshop

Open any design magazine, and it's obvious: painted furniture is in. If you love the look, join us for these relaxed, fun, and inspirational workshops. The first session of the workshop will cover the basics of the Annie Sloan Chalk Paint[®] method, including the four basic techniques: two-color finish, smooth/modern finish, rustic finish, and colored wash, plus wax application. The second will focus on more advanced layering techniques, including dry brushing under a color wash, frottage, stenciling, and creating a weathered look with a wet wax technique. Materials are included; no chemicals or stripping. [Taught by Daniella Toth]

2 Wednesdays / Jul 10 & 17 / 10:00 am-1:30 pm

D Toth Design, 239 Westport Avenue, Norwalk 943 \$215

Furniture Painting Workshop: BYOP (Bring Your Own Piece)

Love the look of painted furniture but not sure where to begin? There's nothing like practicing on an actual piece. BYOP for a primer on the famous Chalk Paint® by Annie Sloan and learn how to transform a drab find into a fabulous piece of furniture. We'll guide you through the process, using our materials, supplies, and expertise. The workshop will cover prep, color selection and combinations, distressing, and wax finishing. Please note that your furniture piece must be small enough for you to carry and complete within three hours. Examples: mirror, picture frame, nightstand, side table, piano bench, or shelf. [Taught by Daniella Toth]

1 Wednesday / Jul 31 / 10:00 am-1:30 pm

D Toth Design, 239 Westport Avenue, Norwalk 966 \$130

DSLR: Basic Digital Camera Operation

Learn to use your camera so your images are properly exposed, sharply focused, and compositionally balanced. This class will cover all the fundamentals: camera operation, the use of flashes and tripods, film speeds and quality settings, white light and color balancing, composition as it relates to the photographic masters and painters of the past, lighting as it relates to portraiture and still life, and tips on photographing kids, families, pets, flowers, and other things both stationary and in motion. Instruction will emphasize the basics; the class will allow for individual creativity. Bring your camera and manual.

6 Tuesdays / Jun 25–Jul 30 / 7:00–9:00 pm / SHS 1054 094 \$125

John Zappala received a degree in graphic design from Farmingdale State University and a BFA from St. John's University. He has practiced and exhibited advertising, fashion, and corporate photography for over 25 years.

Jewelry Making

Work under the guidance of an experienced goldsmith and learn to use the tools and techniques necessary to create a basic piece of jewelry: a strand of beads with a clasp, a ring or pendant set with a colorful stone, or a wire bangle or cuff bracelet. You'll work with different metals—brass, copper, and nickel, in wire and sheet form—and try your hand at sawing, piercing, hammering, twisting, texturing, and letter stamping. Solder and polish your custom designs to a lovely finish. Non-refundable materials fee of \$20 included; additional fees may apply when using more expensive materials.

6 Tuesdays / Jun 25–Jul 30 / 6:30–9:00 pm / SHS 1012 455 \$179

Susan Bishop has been making and selling beautiful jewelry for decades. Over the past decade, she has helped our students craft enough jewelry to fill a treasure chest.

Pottery

Join potter Cassie Bourgeois in our professionally equipped studio, and learn how to hand build, how to center on the wheel, and how to use associated tools and materials. Keep in mind that not only your hands will get dirty; working with clay is messy, so please dress appropriately. Your creations will be fired and ready for pick-up after the last class. Non-refundable materials fee of \$50 included.

Tue & Thu / June 25, 27, July 2, 9, 11, 16 & 18 4:00–6:15 pm / SHS 1008

850 \$255

Cassie Bourgeois currently teaches elementary and middle school art in Norwalk. In her free time, she likes to sneak away to the kick wheel she stores in her garage.

Adult Division

Open Studio with Steve Parton

For beginners and more experienced painters alike, this class is the perfect opportunity to explore a new medium or polish your skills. Receive basic instruction or join us simply to enjoy our studio and the company of other artists. Fundamental skills in drawing, composition, and mixing and applying paint will be demonstrated. All students, regardless of level, will be guided through the process of creating a satisfying work of art. More advanced students are encouraged to work on their own projects, with as much or as little input from the instructor as they desire. Materials list available in the office and on our website.

6 Tuesdays / Jun 25–Jul 30 / 6:30–9:00 pm / SHS 1004 162a \$179

6 Wednesdays / Jun 26–Jul 31

1:30-4:00 pm / SHS 1004

162b \$179

Steve Parton is an award-winning artist known for his insightful portraits of people and animals. His works are exhibited nationally. Visit www.stevenparton.com.

Watercolor

For beginner or intermediate painters who wish to become more comfortable with the freedom of watercolor. Classes will cover basic drawing, composition skills, and watercolor techniques, and you'll gain confidence as you explore—step by step—still life, landscape, and figure painting. As always, the atmosphere will be comfortable, relaxed, and low-pressure! Materials list available in the office and on our website. [Taught by Steve Parton]

6 Mondays / Jun 24–Jul 29 / 1:30–4:00 pm / SHS 1004 064 \$179

Cards + Games

Beginner Bridge

Begin to learn the fascinating game of bridge or brush up on those long-forgotten rules and conventions. This class will (re)introduce you to the language of bidding, scoring, guidelines for play, hand valuation, and several simple bridge conventions. Each lesson will be followed by supervised play of preset hands.

6 Tuesdays / Jun 25–Jul 30 / 7:00–9:00 pm / SHS 1049 194 \$119

Jackie Fuchs has been teaching bridge for more than 20 years in Westport and surrounding towns. She welcomes players who want the challenge of new activity, those who want to brush up on their bridge, and those who want to bring their bridge knowledge into the 21st century.

Bridge for

Advanced Beginners / Intermediates

Comprised of a short lecture followed by bidding and play of real hands, this class is designed for players who know the basics. If you have ever bid to the contract of four spades and fulfilled that contract successfully, then you probably belong in this class. The goal is to build a firm foundation for your bidding and declarer and defensive play. We'll use Standard American bidding based on five-card majors and will cover important bidding conventions, like Blackwood, Stayman, and transfers. Required text: *Bridge for Everyone*, D. W. Crisfield.

6 Tuesdays / Jun 25–Jul 30 / 1:00–3:00 pm / SHS 2034 236 \$125

Mike Hess is a Sapphire Life Master player and has been mentoring and teaching bridge for over 30 years. Mike has won pair and team events including the 2017 Flight A Grand National Teams for District 25. In July, 2017, he was part of the team that represented the New England region and won the Summer National Bridge Championships in Toronto.

Mah Jongg for Beginners

These days, mah jongg has fans of all ages. Played with 152 tiles, this rummy-style game of skill, strategy, calculation, and chance is easy to learn, exciting to play, and extremely social. Whether you're new to the table or looking for a refresher class, join us and (re)discover the oldest game in town. Non-refundable 2019 Mah Jongg card fee of \$10 included. [Taught by Fran Rackson (243a) and Sherri Raifaisen (243b)]

6 Tuesdays / Jun 25–Jul 30 / 7:00–9:00 pm / SHS Library 243a \$135

Mon-Fri / Jul 15-Jul 19 / 10:00 am-12:00 pm / SHS Library 243b \$115

Fran Rackson plays mah jongg every week, and she's taught lots of people to play her favorite game. Sherri Raifaisen has been teaching mah jongg for many years and believes that it keeps your mind sharp!

Fitness: Mind + Body

Badminton

Designed for beginning as well as experienced players, this class offers the opportunity to develop your aerobic stamina, agility, and coordination. Plus, badminton! Sneakers and badminton racquet required; some racquets available to borrow. Before you buy a new racquet, please contact Peter Bartush at peterpppp@aol.com for discount price suggestions.

7 Tuesdays / Jun 25-Aug 6 / 7:30-9:30 pm / SHS Gym 175 \$95

Peter Bartush, an award-winning badminton player, has been coaching adults and children for over 25 years.

Mindfulness Meditation: Getting Started

You've read about it in magazines, you've seen it discussed on early morning talk shows, but what is mindfulness meditation? Join Dr. Paul Epstein and discover this simple and effective method for reducing stress, increasing self-awareness, and learning to be present. Anyone can do mindfulness practice; it doesn't matter how old you are, what your physical ability is, or whether you're a Type A or a Type Z. Through demonstration, discussion, and sharing, this interactive class will teach you how to face stress, pain, and illness, how to live life in the present moment, and, ultimately, how to find peace, happiness, and serenity in the midst of life's inevitable ups and downs.

Tue & Thu / Jun 25 & 27 / 7:00–9:00 pm / SHS 1055 932 \$50

Dr. Paul Epstein is a naturopathic physician, mindfulness meditation teacher, and mind-body therapist in private practice and specializing in mind-body integrative medicine for 34 years. He is an international speaker and teacher and mentors health professionals. Dr. Epstein is the author of Happiness Through Meditation. Visit www. drpaulepstein.com.

Mindful Yoga

Move slowly and thoroughly through your yoga postures, turn your attention to your body alignment and breath, and build the strength and range of motion you need to get through your days with ease. You'll leave this engaging and energizing class feeling relaxed and at peace. No experience necessary; all students are encouraged to work to their potential. Bring a mat and towel.

Tue & Thu / Jul 9, 11, 16, 18, 23, 25, 30 & Aug 1 9:00-10:00 am / SHS 503

177 \$129

Sandy Adamczyk has studied yoga for over 35 years and teaches throughout Connecticut. She offers alternative positions to accommodate the needs and capabilities of her students.

Pickleball: Beginners & Open Play

This summer, try the funny sounding game that's sweeping the nation and get caught up in the craze! Combining elements of tennis, badminton and ping pong, pickleball is a paddle sport designed for all ages and skill levels. The rules are simple; the game is easy to learn and fun to play. For beginners, this class will focus on skills; for more experienced players, strategy tips, and gentle coaching are available as needed and wanted. Join longtime Westport Public Schools athletic coach Alice Addicks for your new favorite pastime.

6 sessions / Mon & Wed / Jun 24–Jul 10 / 5:00–6:30pm SHS Gym

125a Beginners \$69

6 sessions / Mon & Wed / Jun 24–Jul 10 / 5:00–6:30pm SHS Gym

125b Open Play \$69

Alice Addicks coached track and field at the junior high and high school level for 20 years. Long before it became all the rage, Alice was teaching pickleball to Westport students of all skills and ages.

Tai Chi for Beginners

Harvard Medical School calls the ancient practice of *taiji* "meditation in motion" and, like meditation, it can help manage stress by creating a heightened sense of self-awareness and soothing the nervous system. Regular practice can also enhance joint flexibility, circulation, and range of motion and improve balance, no matter your age or fitness level. The class will begin with an examination of the principles of *taiji*, students will learn the first section of a yang-style long form and a series of simple *qigong* movements to strengthen the body, focus the mind, and regulate breathing. Whether you are new to *taiji* or have some experience, this class will enhance your practice. Wear loose clothing. Returning students welcome. If the weather permits, class may be held outdoors.

5 Mondays / Jul 1–Jul 29 / 1:30–3:00 pm / SHS 2nd Floor Mezzanine

877 \$125

Louise Flax earned her BA from Brandeis, an MA from the University of the Arts, and a PhD from the Union Institute. She has been studying and teaching taiji and qigong for 23 years, and she recently added chi-running to her fitness routine. Visit www.waterwheeltaichi.com.

Spring Tennis for Adults

The **beginner** level is for players who have never played before, or who have never had formal instruction. Player will be introduced to the forehand, backhand, serve and volley with drills, fun games, and game situations. **Advanced beginner** is for players who have completed the beginner class, or have had an introduction to grips and strokes and are starting to make contact with the ball on a regular basis. **Low Intermediate** level is for players who are starting to keep the ball in play, are learning to serve, and about court positioning, and can volley. **Intermediate** level is for players who can keep the ball in play consistently, can hit with some spin, and can serve and volley consistently. Fairfield County Tennis always maintains a low student-to-instructor ratio. Location: SHS Tennis Courts.

5 Tuesdays / May 7–Jun 4 (makeup Jun 11)

141a	Beg / Adv Beg	6:00–7:00 pm	\$139
141b	Low Int / Int	7:00–8:00 pm	\$139

Fairfield County Tennis has been providing quality tennis instruction for all ages and levels of play for more than 15 years.

Adult Division

Technology + Computers iBasics: Intro to iPhone & iPad

They say we only use 10% of our brains; make up for that under-leveraged 90% by learning to access 100% of the computing, organizing, and navigating capacity of your Apple mobile devices. In this hands-on class, you'll explore

features common to both devices and how to keep them in sync using Apple's iCloud service, as well as the apps that come pre-loaded, including Safari, Mail, and Calendar. Bring your fully charged iPhones and iPads and your AppleID and password; devices should be upgraded to iOS 10 or higher.

Tue, Wed, Thu / Jul 23–Jul 25 / 1:00–2:30 pm SHS 1034

223 \$65

Rob Rogers earned a BA in history and an MA in education. Currently, he's a Social Studies teacher at Bedford Middle School. When he's not geeking out over Star Wars or the latest cool app, he runs a morning TV show at BMS, flies drones, and spends quality time with his family.

iPhone / iPad Tips & Tricks

You already know the basics... you can answer the phone, send text messages, search the web, shop, even play games. But your devices are capable of so much more. Learn the tips and tricks that will make using them more efficient and tailored to your unique needs. From leveraging Apple's iCloud services to adding a personal email signature to saving articles and websites in Safari to squeezing out even more usage time before recharging your phone, you're bound to learn something new and useful in this fast-paced class. Bring your fully charged iPhones and iPads and your AppleID and password; devices should be upgraded to iOS 10 or higher. [Taught by Rob Rogers]

1 Tuesday / July 30 / 1:00–3:00 pm / SHS 1034 224 \$35

Photoshop CS6

Explore the ins and outs of Adobe Photoshop in this handson class designed for photographers, hobbyists, and those who want to work with digital images. Through studio experience, discussion, and practice, you'll become familiar with topics like selection and project montage, layer management, scans (reflective and transparent), image manipulation, retouching, and keyboard shortcuts. If you have a computer with Photoshop loaded, please bring it; PCs will be available.

Mon-Fri / Jun 24-Jun 28 / 10:00 am-12:00 pm SHS 2034

619 \$159

Craig Burry is a freelance art director and owner of Cat and Mouse Design Group. He has been teaching for Westport Continuing Education for over a decade.

Pets

Dog Obedience

for dogs at least 4 months old

This class will teach you to train your dog to be a well-mannered and obedient pet. Topics will include understanding your dog, communicating effectively, basic obedience commands, leash walking, and behavior modification. Plus, you'll learn strategies to effectively address problems like digging, jumping, chewing, barking, and more. Your dog must have a collar, with a 6-foot leash. Bring your dog to the first class. Limit 10. No class on days of inclement weather.

6 Tuesdays / Jun 25–Jul 30 / 6:30–7:30 pm SHS Pool Lobby

290 \$125

Heather Witt, owner of the Complete Canine Company, began training dogs in 1989. An instructor for nearly two decades, Heather, her family, and her dog Rowan live in Easton.

Westport Center for Senior Activities

Westport Continuing Education is proud to partner with the Westport Center for Senior Activities to offer quality programming to Westport seniors 60+ years of age. Out-of-town residents are welcome to register one week after the Westport resident registration date. Most classes require pre-registration and payment and will be filled on a first-come-first-serve basis.

Center hours: Monday-Friday / 7:30 am-4:30 pm Thursday / 7:30 am-8:00 pm Saturday / 8:30 am-3:00 pm

Located at 21 Imperial Avenue Westport, CT

To access the Center's quarterly calendar, visit:

www.westportct.gov/seniorcenter

Call (203) 341-5099 for information.

Adults / Kids: Registration Form

There is no registration fee for online registrations.

Westport Continuing Education : Summer 2019				Today's Date			
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Cell Phone		Home Pho	ne		Work Ph	ione	
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Continuing Education Refund & Cancellation Policies

• If we cancel a class, all tuition will be refunded

• There are no refunds or credits for withdrawal from single-session workshops or high school credit courses

• Registration fees are non-refundable

• Withdrawal requests must be submitted in writing and must be received via email, fax, or mail at least 2 weeks prior to the start of class; tuition will be refunded less a \$35 per class cancellation fee

• No refunds or credits will be given for withdrawals in the 2 weeks preceding the start of class or thereafter

• Students assume all risk of changes in their personal schedules

• Absence from class does not reduce the cost of operating our programs; for this reason, absence will not result in a refund or credit

Summer Theater Programs Refund Policy

Please see specific refund policies for Westport Summer Teen Theater and Staples Players Summer Production on pages 15 & 16

Medical Emergency & Treatment Policy

In the event of a medical emergency as determined by the school nurse or other responsible staff member, **it is the policy of the Westport Board of Education to dial 911 immediately to obtain emergency medical services and/or transport to the nearest approved medical facility**. School personnel will then attempt to reach you/and/or the child's doctor at the number(s) indicated by you on your Continuing Education registration form. Your child will receive medical care and treatment necessary to sustain life and/or stabilize his or her condition as determined by the medical facility. Any further treatment must be authorized specifically by you or the persons designated by you.

High School Credit Courses

To register for any high school credit course, a student must have prior written approval from his or her guidance counselor and the department head (see page 18).

Perfect attendance and punctuality are expected. Interim progress reports will be issued. Final report cards only will be mailed to student's home and high school guidance department . Duplicate reports may be forwarded to other schools upon request of the parents or student.

There is no registration fee for high school credit courses.

There are no refunds or credits for withdrawals from high school credit courses.

If a student is dismissed for disciplinary or truancy reasons or withdraws from school, the student forfeits the entire tuition and fees.

Continuing Education Photograph and Video Policy

Westport Continuing Education follows the policy of the Westport Public Schools for the release of students' or parents' information. It is the policy of the Westport Board of Education never to release students' or parents' addresses and telephone numbers without consent. Westport Continuing Education utilizes photographs and/or video to feature classes, camps, and programs for the purpose of marketing and publicity in print, social media, and on Webcontent. Parents who do not want their child to participate in such media should fill out the K-12 Publicity Guidelines Opt–Out Policy and Form and return it to Westport Continuing Education by June 24, 2019. Only parents who want to opt out of the release of information for summer programs should complete this form.

Check our website...

... for additional classes and programs that may have been added after the catalog was printed: **www.westportcontinuinged.com**

Westport Continuing Education : Summer 2019

Today's Date			W	lestport	Continu	ing Educ	ation : Sun	nmer 2019	
Student Nai	ne								
Street Addr	ess		City			State	Zip		
Mother / Guardian Cell		Father / Guardian Cell		Home Phor	ıe				
Mother / Guardian Email		Father	Father / Guardian Email			Student Email			
irade (in Fa	ll 2019) D	ate of Birth			School				
lames of Pa	arents / Guardians		Addres	s (if different	than stude	ent)			
Emergency Contact Name			Phone	ne Relationship to Student					
lease list:	Medical Conditions		Allergie	s		Medic	ations		
tudent's D	octor's Name		Phone I	Number					
Course No.	Title			Start Date	No. of Sessions	Time	Location	Fee	
							Total		
ichool Cou	nust obtain signatures	certifying tha	at approv	School	Counselor S	Signature	r the classes I	Date	
epartment	Head Name, printed	EASE NOTE:	Thora a		nent Head S	-	[Date	
		withdrawal					Parent/guardia acknowledge re		
	ype: 🗋 MasterCard	VISA	🔲 Ch	neck payable	to Westport	Continuing E	Education Check	#	
Payment T y	Credit Card #		Exp. Date			3 Digit Security Code			
Payment Ty Credit Card	#			Exp. Date			3 Digit Secul	nty Code	

Submit completed applications to:

Mail: WCE, 70 North Avenue, Westport CT 06880 / Drop off: Staples High School, Room 1040

Theater Lego Cooking Wellness Swimming Mah Jongg Art Lacrosse Language Bridge Writing Design STEAM Sports **Academics** Baseball Jewelry Acting Planning Fun **Fitness Tennis Discovery Camp** Pickleball Camera Computers Filmmaking Cooking James Volleyball Badminton **College** Prep Basketball Technology **Driver Ed** Ceramics

Visit us on Facebook! facebook.com/westportcontinuinged

Learn about upcoming classes and discover more about Continuing Ed!

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Gift Certificates

For holidays, birthdays, and other special occasions, consider a gift certificate for workshops or classes at Westport Continuing Education. It's the gift that keeps on giving.

Because learning never stops! Call (203) 341-1209 for information.

Teach for Us

Are you passionate about a hobby? An expert in a particular subject? Want to spread the word about your organization or business?

Westport Continuing Education offers learning opportunities for adults and children at all levels of creative, athletic, and academic development. Be bold, experiment, and embrace curiosity! Submit a course proposal today.

The form may be completed online here: https://tinyurl.com/y2uvjyc2

or call 203-341-1209 to request a Course Proposal Form.

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Westport Continuing Education 70 North Avenue Westport, CT 06880-2799

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Summer 2019

Camps, classes + workshops for kids & adults





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