

WESTPORT CONTINUING EDUCATION



Learn!



Winter/Spring 2018

westportcontinuinged.com • 203.341.1209

Registration Information

Eligibility

Residents and non-residents are welcome to register for any WCE class. We provide programming for kids grades K–12 and adults of all ages.

How to Register



Register online and receive confirmation via email. Plus, avoid a registration fee:

www.westportcontinuinged.com.



Fill out the appropriate registration form in the catalog and mail it to us at: WCE, 70 North Avenue, Westport, CT, 06880.



Register by calling us on the phone during business hours: (203) 341-1209.



Register in person at Staples High School, Room 1040, 70 North Avenue, Westport, CT.

Payment

We accept only MasterCard, VISA, or checks made payable to WCE. Payment in full must accompany your registration, and all registrations must be made in advance.

Serving you for over 50 years

Staples High School
70 North Avenue, Room 1040
Westport, Connecticut 06880
M–Th 8:00 am–8:00 pm
Fri 8:00 am–4:00 pm

Contact Us

conted@westportps.org



We have squirrels in our attic. Or, rather, we have something (or things) living in our attic, and squirrels are the thing I can live with. Because that is what we are currently doing: we are living together. Rest assured, I will eventually call animal control or an exterminator, but in the meantime, the squirrels and I have what I like to think of as a symbiotic relationship, and through it, I am learning a great many things about squirrels—or something much worse that doesn’t bear thinking about—and myself.

For example, it seems from my very unscientific observations that squirrels are nocturnal. Who knew? I too am up in the wee hours of the night, pondering my existence and composing this letter in my head, and I often hear my upstairs tenants moving pint-sized squirrel furniture around. Which is something I also do, although I don’t actually shift the position of my living room sofa, I just redecorate in my head. (It’s much less expensive.) And if the regular pitter-pattering I hear in the space above my head is any indication, squirrels—or at least my hopefully-squirrels—enjoy regular exercise, as well as a healthy snack: I can hear them noshing on what I silently pray are not the rafters holding up my roof.

Our relationship is, in fact, synergistic: for the time being, I am letting them rent space from me; they keep me company at night, and their activity gives me something to think about as I lay in bed staring at—and listening to—the ceiling.

So, before I unceremoniously kick them out of my house, let me give them their due: thanks to squirrels, this semester’s catalog is filled with classes inspired by the family in my attic. From two new organizing classes to *Reinvent Your Home*, from *Fencing Club* (with an Olympic gold medalist!) to the out-of-this-world *Jedi Training Camp*, and from *Italy: With a Chance of Meatballs* to *Indian Cooking with Aditi Goswami*, there is a little something for everyone, even squirrels (who could clearly teach us a thing or two about the importance of *Eat, Move, Sleep, Repeat*).



Ellen Israel, *Director* (and Staples graduate, Class of 1984)

School Location Guide

- BMS** Bedford Middle School, 88 North Avenue
- CES** Coleytown Elementary School, 65 Easton Road
- CMS** Coleytown Middle School, 255 North Avenue
- GFS** Greens Farms Elementary School, 17 Morningside Drive South
- KHS** Kings Highway Elementary School, 125 Post Road West
- LLS** Long Lots Elementary School, 13 Hyde Lane
- SES** Saugatuck Elementary School, 170 Riverside Avenue
- SHS** Staples High School, 70 North Avenue
- WSC** Westport Senior Center, 21 Imperial Avenue

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Arts + Crafts

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Important Information

Class Location

Unless otherwise noted, adult enrichment classes, workshops, and programs are held at Staples High School, 70 North Avenue, Westport.

Class Schedules

Adult classes follow the school calendar. Dates when classes do not meet are listed under each class description.

School Closings

In the event that Westport Public Schools are closed for inclement weather or another emergency, or if there is an early dismissal, all Continuing Education classes will be automatically canceled.

All class cancelations will be announced on our website, westportcontinuinged.com.

Refunds & Cancelations

If we cancel a class, all tuition will be refunded. There are no refunds or credits for withdrawal from single-session classes or workshops. Registration fee is non-refundable. Withdrawal requests must be submitted in writing and must be received via email, fax, or mail at least 2 weeks prior to the start of class; your tuition will be refunded less a \$35 per class cancellation fee. **No refunds or credits will be given for withdrawals in the 2 weeks preceding the start of class or thereafter.**

Arts + Crafts

See Home + Garden for related classes, including Feng Shui, Flower Arranging 101, and Gardening 101

See Pets for related class, including Beekeeping 101

See Technology + Computers for related classes, including iPhone Photography, Basic Photoshop, and Advanced Photoshop

Bee the Balm: Make Your Own Beeswax Lip Balm

Honey is hot—for sweetening naturally but also as an ingredient in healthier beauty products. It's loaded with nutrients, antioxidants, and healing compounds, and it's a moisturizer, an antibacterial, and an anti-ager in one sweet package. Spend an inspiring afternoon at the beautiful Red Bee Honey barn for this workshop on handmade and homemade beeswax lip balms and hand salves. Learn about basic essential oils and their healing properties. No experience is necessary, just curiosity and a creative spirit. Students will take home one lip balm sample after the demo.

132	\$35
1 Sunday	Feb 4
1:00–3:00 pm	Directions will be emailed prior to class

Marina Marchese is the beekeeper behind Red Bee Honey and co-author of The Honey Connoisseur: Selecting, Tasting, and Pairing Honey. She is the only American member of the Italian National Registry of Experts in the Sensory Analysis of Honey and is the founder of the American Honey Tasting Society. She is a past president of the Backyard Beekeepers Association of Connecticut and proud recipient of the Slow Food Snail of Approval. Visit www.redbee.com.

Knitting 101: Beginning Knitting

Just in time for winter: let the experts at Westport Yarns help you spin a good yarn in this class for beginners and those who need a refresher. Learn the basics, from casting on, to knitting and purling, to binding off. Join the community of knitters and get your stitch on. Purchase your yarn and needles at the first class. [Taught by instructors from Westport Yarns]

170	\$69
2 Saturdays	Feb 3 & 10
9:00–11:00 am	Westport Yarns, 582 Post Road East

Furniture Painting Workshop

Open any design magazine, and it's obvious: painted furniture is in. If you love the look, join us for these relaxed, fun, and inspirational workshops. The first session of each workshop will cover the basics of the Annie Sloan Chalk Paint® method, including the four basic techniques: two-color finish, smooth finish, rustic finish, and basic crackle finish, plus wax application. The second will focus on advanced techniques, including color washing, dry brushing, frottage, and creating a weathered look with a wet wax technique. Materials are included; no chemicals or stripping. Classes will be held at D Toth Design, formerly known as Junktique Recycling, in Norwalk.

2 Wednesdays / 10:00 am–1:30 pm / \$215
D Toth Design, 239 Westport Avenue, Norwalk

943a	Mar 7 & 14
943b	May 2 & 9

Daniella Toth is a certified decorative furniture painter and owner of D Toth Design (formerly known as Junktique Recycling), a company specializing in workshops and custom furniture painting, and a stockist and trainer for Annie Sloan products and techniques.

DSLR: Basic Digital Camera Operation

Learn to use your camera so your images are properly exposed, sharply focused, and compositionally balanced. This class will cover all the basics: camera operation, the use of flashes and tripods, film speeds and quality settings, white light and color balancing, composition as it relates to the photographic masters and painters of the past, lighting as it relates to portraiture and still life, and tips on photographing kids, families, pets, flowers, and other things both stationary and in motion. Instruction will emphasize the basics, but the class will allow for individual creativity. Bring your camera and manual.

094	\$169
8 Mondays	Feb 5–Apr 2 (no class Feb 19)
7:00–9:00 pm	SHS 1036

John Zappala received a degree in graphic design from Farmingdale State University and a BFA from St. John's University. He has practiced and exhibited advertising, fashion, and corporate photography for over 25 years.

Introduction to Drawing & Acrylic Painting

Acrylic painting is among the most versatile and flexible of mediums. In this class, you'll use it to paint still lifes, landscapes, and portraits. Starting with the fundamentals of drawing, composition, and painting techniques, you'll learn the steps from sketch to finished painting, building confidence as you go. Demonstrations and discussions will help you achieve your goals, whether you're painting your masterpiece or just getting started as an artist. Those who wish to draw exclusively or whose main interest is painting are equally welcome. Materials list available in the office and on our website.

168	\$245
10 Tuesdays	Jan 30–Apr 24 (no class Feb 13, 20, Apr 10)
7:00–9:30 pm	SHS 1004

Steve Parton is an award-winning artist known for his insightful portraits of people and animals. His works are exhibited nationally. Visit www.stevenparton.com.

Advanced Acrylic Painting

Already experienced with acrylics? Want to stretch your wings? Take advantage of expert guidance and critical feedback and take your painting further in a supportive, fun atmosphere. Each week will feature demonstrations and discussions of materials and techniques you can use to enhance your vision. Personal projects are encouraged. Materials list available in the office and on our website. [Taught by Steve Parton]

166	\$245
10 Wednesdays	Feb 28–May 9 (no class Apr 11)
7:00–9:30 pm	SHS 1004

Watercolor

For beginner or intermediate painters who wish to become more comfortable with the freedom of watercolor, we offer this class exploring an art form that dates back to the cave paintings of Lascaux. Classes will cover basic drawing, composition skills, and watercolor techniques, and you'll gain confidence as you explore—step by step—still life, landscape, and figure painting. As always, the atmosphere will be comfortable, relaxing, and low-pressure, so you can focus on the creative process instead of a perfect product. Materials list available in the office and on our website. [Taught by Steve Parton]

064	\$245
10 Mondays	Jan 29–Apr 16 (no class Feb 19, Apr 9)
3:00–5:30 pm	SHS 1004

Jewelry Making 101

This structured introductory course, led by experienced goldsmith Susan Bishop, will take you from concept to design to finished piece. Work under the guidance of our experienced goldsmith and learn to use the tools and techniques necessary to create a piece of jewelry: a strand of beads with a clasp, a ring or pendant bezel set with a colorful stone, or a wire bangle or cuff bracelet. You'll work with different metals—brass, copper, and nickel, in wire and sheet form—and try your hand at sawing, piercing, hammering, twisting, texturing, and letter stamping. Solder and polish your custom designs to a lovely finish. A non-refundable materials fee of \$20 is included; additional fees may apply when using more expensive materials.

455a	\$205
7 Thursdays	Mar 1–Apr 19 (no class Apr 12)
6:45–9:15 pm	SHS 1012

455b	\$179
6 Thursdays	May 3–Jun 7
6:45–9:15 pm	SHS 1012

Among Continuing Education's most popular instructors and teacher of one of our longest running classes, Susan Bishop has been helping students to craft beautiful jewelry since the early seventies. In the past ten years, she's helped craft enough lovely and unique jewelry to fill a treasure chest.

Jewelry Workshop

If you've taken our jewelry making classes before, or if you have a basic knowledge of jewelry fabrication, this course offers you the time, space, and guidance you need to sharpen your skills, improve your technique, and to create your own design and produce a piece of jewelry. Class projects will help you understand how to design a more intricate piece and how to refine the quality of your production with finishing techniques. Learn to work with designs around a center stone, or to make a hammered chain link bracelet or necklace. Guidance is available from design concept to creation. A non-refundable materials fee of \$20 is included; additional fees may apply when using more expensive materials. Prerequisite: ours or another beginner jewelry course.

458a	\$205
7 Tuesdays	Feb 27–Apr 17 (no class Apr 10)
6:45–9:15 pm	SHS 1012

458b	\$179
6 Tuesdays	May 1–Jun 5
6:45–9:15 pm	SHS 1012

Cards + Games

Mah Jongg for Beginners
Move over, bridge. Bye-bye, book club. There’s a new game in town, one that dates from the 17th century but that’s younger and hipper than ever. You may remember the signature sound of your grandmother’s colorful, clicking tiles, but this isn’t your grandmother’s game. These days, mah jongg has fans of all ages. Played with 152 tiles, this rummy-style game of skill, strategy, calculation, and chance is easy to learn, exciting to play, and extremely social. Whether you’re new to the table or looking for a refresher class, join us and (re)discover the oldest game in town. A non-refundable Mah Jongg card fee of \$10 is included.

243a	\$135
6 Wednesdays	Feb 14–Mar 28 (no class Feb 21)
7:00–9:00 pm	SHS Library

Fran Rackson plays both mah jongg and canasta every week, and she’s taught lots of people to play her favorite games. She’s turned over thousands of tiles, sat around hundreds of card tables, and made lifelong friends. At this point, Fran can deal in her sleep, and she sees mah jongg dragons in her dreams.

243b	\$135
6 Tuesdays	Jan 23–Mar 6 (no class Feb 20)
3:00–5:00 pm	SHS 2034

243c	\$135
6 Mondays	Apr 16–May 21
7:00–9:00 pm	SHS Library

Sherri Raifaisen has been teaching mah jongg for several years. She plays in a weekly game (or two) with friends, and she loves it when her students join her to play outside of class. She thinks that the best things about mah jongg are that it keeps your mind sharp and you laughing.

Mah Jongg: Open Play

If you know how to play and are looking for a regular game, look no further. We'll provide the mah jongg sets, a comfortable space, and an expert instructor to supervise and assist as necessary. You provide the laughter and the camaraderie. Bring a friend or two (or bring a whole table of friends!), and please bring the current mah jongg card. If you don’t have a card, please call us to find out how to order one. [supervised by Sherri Raifaisen]

245a	\$125
8 Mondays	Jan 22–Mar 19 (no session Feb 19)
6:00–8:00 pm	SHS Library

245b	\$125
8 Tuesdays	Mar 20–May 15 (no session Apr 10)
3:00–5:00 pm	SHS 2034

Canasta for Beginners*
A card-based game in the rummy family, canasta is another classic pastime making a comeback. Learn the game from someone who played as a child and returned to the game as an adult. Fun to play, easy to learn, all you need is two decks of cards, a few friends, and a little guidance. Whether you put your cards on the table or hold them close to your chest, if you’re a card player, this is the class for you. *More experienced players welcome too. [Taught by Fran Rackson]

244	\$85
4 Wednesdays	Apr 18–May 9
7:00–9:00 pm	SHS Library

Beginner / Advanced Beginner Bridge

Begin to learn the fascinating game of bridge, or brush up on those long-forgotten rules and conventions. This class will (re)introduce you to the language of bidding, scoring, guidelines for play, hand valuation, and several simple bridge conventions. Each lesson will be followed by supervised play of preset hands.

194a	\$130
7 Wednesdays	Feb 28–Apr 18 (no class Apr 11)
7:00–9:00 pm	SHS 1036

194b	\$115
6 Wednesdays	May 2–Jun 6
7:00–9:00 pm	SHS 1036

Jackie Fuchs has been teaching bridge for more than 20 years in Westport and surrounding towns. She welcomes players who want the challenge of new activity, those who want to brush up on their bridge, and those who want to bring their bridge knowledge into the 21st century.

Advanced Beginner / Intermediate Bridge

Continue your adventure with the fascinating game of bridge. Review the basics of bidding language and conventions. Build your skills with added conventions such as Stayman, Blackwood, Gerber, transfers, and weak and strong twos. Lessons will be followed by supervised play of preset hands. [Taught by Jackie Fuchs]

196	\$149
8 Thursdays	Feb 1–Mar 29 (no class Feb 22)
7:00–9:00 pm	SHS 1036

Play of the Hand
Players with all levels of bridge experience will enjoy this course focusing on offensive and defensive play of the hand. Come ready to learn techniques to improve your play. Hands will be prepared and randomly dealt. [Taught by Jackie Fuchs]

095	\$130
7 Thursdays	Apr 19–May 31
7:00–9:00 pm	SHS 1036

Bridge for True Beginners

Bridge is to card games what chess is to board games, as challenging as it is rewarding. If you’ve ever wanted to learn, this is the class and now is the time. We'll start with the basics: what it means to follow suit, to take a trick, and to play trump. Then we'll move on to the objectives, including actual scoring based on bidding and making contracts. Lessons will cover fundamental bidding (to reach the best contract) and Play of the Hand (to be able to fulfill that contract). Required text: *Bridge for Everyone*, D. W. Crisfield, available on Amazon.

235a	\$125
8 Mondays	Jan 22–Mar 19 (no class Feb 19)
4:00–5:30 pm	SHS 2034

235b	\$95
6 Mondays	Apr 2–May 14 (no class Apr 9)
4:00–5:30 pm	SHS 2034

Mike Hess has been mentoring and teaching bridge for over 30 years. He recently became a Gold Life Master and has earned over 2,500 masterpoints. Mike has won pair and team events, including the 2016 CT Unit 126 pairs title and the 2017 Flight A Grand National Teams for District 25. In July, 2017, he was part of the team that represented the New England region and won the Summer National Bridge Championships in Toronto.

Bridge for Advanced Beginners

Comprised of a short lecture followed by bidding and play of real hands, this class is designed for players who know the basics. If you have ever bid to the contract of four spades and fulfilled that contract successfully, then you probably belong in this class. The goal is to build a firm foundation for your bidding and declarer and defensive play. We'll use Standard American bidding based on five-card majors and will cover important bidding conventions, like Blackwood, Stayman, and transfers. Required text: *Bridge for Everyone*, D. W. Crisfield, available on Amazon. [Taught by Mike Hess]

236	\$169
8 Thursdays	Jan 25–Mar 22 (no class Feb 22)
3:30–5:30 pm	SHS 2034

Bridge for Advanced Beginners / Intermediates
This class will build on material from Bridge for Advanced Beginners and will introduce important competitive conventions, like Michaels, Splinters, Jacoby 2NT, and Negative Doubles. We'll cover advances in defensive play: what to discard, giving count, and how to use suit preference signals. We'll use Standard American bidding based on five-card majors and will cover important basic bidding conventions, like Blackwood, Stayman, and transfers as a grounding for the advanced conventions referred to above. Comprised of a short lecture followed by the bidding and play of real bridge hands, this class is designed for players who are comfortable with the basics and ready for more complex play. Recommended texts: *Bridge for Everyone*, D. W. Crisfield, and *25 Bridge Conventions You Should Know*, Seagram and Smith, available on Amazon. [Taught by Mike Hess]

237	\$125
6 Thursdays	Apr 5–May 17 (no class Apr 12)
3:30–5:30 pm	SHS 2034

Cooking

See Languages for related classes, including Italian for Beginners

Deliciously Healthy: A Cooking for Wellness Workshop

Looking for a way to cook for taste and health? Let our local wellness expert help you achieve optimal flavor and nutrition. Join us for two flavor-packed classes and learn how to cook—and live for—an optimal lifestyle. We'll talk about nutrient dense foods, clean eating, and the differences between food labels: all natural v. organic; free-range v. grass-fed. We'll identify imbalances in your diet and discuss how to make the best choices for your family’s needs. In keeping with the season, this class will cover quick, easy, and healthy versions of the comfort foods that keep you warm in the winter. Each class will end with a shared meal and a round-table discussion. A non-refundable food fee of \$15 is included.

436	\$65
2 Thursdays	Feb 1 & 8 (storm date Feb 15)
7:00–9:00 pm	SHS 182

Johanne Bonin is a certified holistic health coach and instructor, with a focus on disease prevention. A member of the Epicurean Club (Boston) and the American Culinary Federation, she received her BS in education from Johnson State College in Vermont and is a graduate of the Institute for Integrative Nutrition in New York City. She loves green smoothies, but she's been known to eat the occasional pastry.

Turn the page for more Cooking

Adult Division

Cooking with Chef Cecily Gans

A non-refundable food fee of \$35 is included. Classes meet in SHS Room 182, 7:00–9:00 pm.

A Banquet for Beef Aficionados

Grilled, marinated skirt steak with chimichurri sauce • potato and cauliflower purée • citrus glazed root vegetables • Eton mess featuring vanilla meringues, crushed strawberries, and lemon chantilly cream

146	\$85
1 Thursday	May 3

A Soirée for Seafood Lovers

Grilled pineapple and cucumber gazpacho • grilled calamari with fresh herbs, lemon, and white wine, over arugula and white beans • grilled asparagus with blood orange and herb aioli • honey and lavender panna cotta with berry sauce

147	\$85
1 Thursday	May 17

Chef Gans has been turning kids into cooks for 19 years at Staples High School. Experience her crackerjack culinary skills for yourself and discover just how delicious life can be in her hands-on classes.

Italian Cooking & Culture with Simona Zanelli: Two Tasty Interludes to Italian for Beginners, Or a Delicious Way to Eat Your Words

Cook a little, eat a little, talk a little. Take our Italian language class and do it all in Italian! Cooking classes meet in SHS 184, 7:00–9:00 pm.

Emilia Romagna:

An Italian Romance In Appetizers

Eat your way across the Po Valley region, home to some of the country’s greatest culinary hits. Let our chef teach you how to pronounce it, what it means, how to make it. **Menu:** aperitivo fiori e frutta, tartufini ai quattro formaggi sfoglie con crema di cannellini e gamberi sauté, medaglioni di polenta, and piedini di mozzarella e alici. A non-refundable food fee of \$20 is included.

437	\$60
1 Wednesday	Mar 28

Italy, With a Chance of Meatballs

Italy is a country of many distinct culinary traditions and regional dishes, but almost every *provincia* produces a unique version of *polpette*. Join us as we explore Italy through its meatballs by another name. **Menu:** Sicilian swordfish polpette for pescatarians, polpette di melanzane from Calabria and lentil polpette from Umbria for vegetarians, and, well... meatballs from Lombardia for meat eaters. A non-refundable food fee of \$20 is included.

438	\$60
1 Wednesday	May 9

A native of Rome, Simona Zanelli learned an eclectic mix of traditional and contemporary Italian cuisine directly from family members passionate about food made from the freshest, highest quality, local ingredients. She caters events of all sizes and teaches Italian cuisine, language, and culture.

Indian Cooking with Aditi Goswami

Classes meet in SHS Room 182, 7:00–9:00 pm.

Building Blocks of Indian Cooking

An introduction to the spices, techniques, and dishes that form the basis of Indian cooking, adapted and made relevant to modern American tastes and health consciousness. Join us as we explore the unique benefits of different spices, how to use and combine them, how to incorporate them in your everyday cooking, and how to plan a balanced and delicious Indian meal. A non-refundable food fee of \$10 is included.

180	\$55
1 Tuesday	Apr 3

Indian Vegetarian and Vegan Cooking: Lentils, Beans & Vegetables

Few cuisines celebrate and give prominence to legumes and vegetables the way Indian cooking does. Americans are becoming more and more familiar with these foods in all their rich and nutritious variety and with the benefits of incorporating them into a well-balanced daily diet. Join us and learn to make these widely available ingredients a healthful and delicious part of your everyday meals. A non-refundable food fee of \$10 is included.

181	\$55
1 Tuesday	May 22

Aditi Goswami founded Calcutta Kitchens in 2009, after a corporate career that took her around the globe. Her Calcutta Kitchen premium simmer sauces are available nationwide. Aditi returns to her native India frequently to revive and refresh her passion for Indian food. She believes it takes a little know-how, a little spice, and a little magic to turn a list of ingredients into a delicious meal.

SHS Cooking Classes Location

When you arrive at Staples High School, drive around the left side of the building. Park and enter the building through the Lou Nistico Sports Complex/South Entrance. Inside, turn left; kitchens are on your left.

The classrooms and kitchens where our cooking classes are held are not food allergy free.

Fitness + Sports

See Health + Wellness for related classes

Fencing Fitness

Featured in the first Olympics of the modern era, in Athens in 1896, and an event at every Summer Games since, fencing is among the most graceful of all sports, requiring both agility and endurance. It’s also fun. Led by Olympic gold medalist Gayla Pundyk, this class is an introduction to fencing’s fundamental skills, techniques, and tactics. With activities, exercises, and games, it’s a great way to develop strength, flexibility, coordination, and aerobic capacity. Join us and fence your way to fitness!

299	\$160
8 Tuesdays	Mar 27–May 22 (no class Apr 10)
8:30–9:30 pm	SHS Gym

Galya Pundyk was the 2008 Olympic gold medalist in sabre fencing, in Beijing. She was a member of the Ukrainian National Fencing Team for 16 years and is currently the assistant fencing coach at Yale University. The sport took her all around the globe, and now, she loves to travel almost as much as she loves teaching fencing.

Ladies Squash: Beginner to Intermediate

Learn the game of squash or get back into it, and join the 25 million people who play worldwide. Voted the healthiest sport by Forbes Magazine, squash is a fun and challenging game of agility, strategy, and physical endurance; dynamic and social, it’s a game you can play year-round, for your entire life. Join us in the mornings, and play on beautiful, brand new courts. Instruction includes proper grip, efficient swing, serves, all shots, fitness, footwork, and competitive play. Non-marking squash sneakers (like Asics Gel) and goggles required. Goggles may be purchased on site; racquets may be rented or purchased on site.

6 Mondays / 9:15–10:30 am / \$250 Intensity Squash Club, 490–508 Westport Ave, Norwalk

123a	Jan 29–Mar 12 (no class Feb 19)
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123b	Mar 26–May 7 (no class Apr 9)
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Whitney Stewart currently coaches Staples High School squash and teaches squash professionally at Intensity Squash Club. A former four-time Junior US and Canadian champion, she was a number one player at Yale and a number five player in France. Squash has taken Whitney all over the world, and she has the medals—and stories—to match.

Adult Division

Badminton

Forget those stodgy Victorians lofting shuttlecocks on sweeping lawns. This is badminton for the 21st century: fun, fast-paced, and coed. Designed for beginning as well as experienced players, this class offers the opportunity to develop your aerobic stamina, agility, and coordination. Plus, badminton! Give it a try. You’ll leave with an increased appreciation for the sport and a whole lot of new friends. Sneakers and badminton racquet required. Racquets are available, if needed.

175	\$129
10 Wednesdays	Mar 28–Jun 6 (no class Apr 11)
7:30–9:30 pm	SHS Gym

Peter Bartush, an award-winning badminton player, has been coaching adults and children for over 25 years.

Pickleball

Pickleball is sweeping the nation. Get caught up in the craze! Combining elements of tennis, badminton, and ping-pong, pickleball is a paddle sport designed for all ages and skill levels. The rules are simple and it’s easy to learn and fun to play. And once you’ve mastered the basics, pickleball can develop into a fast-paced, competitive game for doubles or single players. Join longtime Westport Public Schools athletic coach Alice Addicks for your new favorite pastime. If she can teach it to a class of distracted high school seniors (and she has), she can teach it to you. This class will focus on skills for beginners; strategy tips, gentle coaching, and open play for intermediate players.

8 sessions / SHS Gym / \$115	
125a Beginners	Mondays Mar 26–May 21 6:30–8:00 pm no class Apr 9

125b Open Play	Mondays Mar 26–May 21 6:30–8:00 pm no class Apr 9
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Alice Addicks coached track and field at the junior high and high school level for 20 years. Over the span of her career in the Westport School System, she substitute taught physical education and provided a multitude of other services to her students. Long before it became all the rage, Alice was teaching pickleball to Westport students of all skills and age levels.

Turn the page for more Fitness + Sports

Mindful Yoga
Move slowly and thoroughly through your yoga postures, turn your attention to your body alignment and breath, and build the strength and range of motion you need to get through your days with ease. You'll leave this engaging and energizing class feeling relaxed and at peace. No experience necessary; all students are encouraged to work to their potential. Bring a mat and towel.

177a	\$240
10 Thursdays	Jan 11–Mar 29 (no class Feb 15, 22)
6:30–7:45 pm	Westport Senior Center, 21 Imperial Avenue
177b	\$145
6 Thursdays	Apr 26–May 31
6:30–7:45 pm	Westport Senior Center, 21 Imperial Avenue

Sandy Adamczyk has studied yoga for over 35 years and teaches throughout Connecticut. She offers alternative yoga positions to accommodate the all of the needs and capabilities of her students.

Tai Chi for Beginners

Harvard Medical School calls the ancient practice of tai chi “meditation in motion.” It can help manage stress by creating a heightened sense of self-awareness, soothing the nervous system and increasing cognitive and brain plasticity. Tai Chi Easy™ is a carefully developed method and approach to tai chi that makes learning easy, beneficial, and fun from the very beginning. Students will learn a series of simple qigong movements to strengthen body and calm the mind and a short form of yang style tai chi to enhance joint flexibility, circulation, range of motion and improve balance, no matter your age or fitness level. Wear loose clothing. Returning students welcome.

877a	\$119
8 Tuesdays	Jan 23–Mar 27 (no class Feb 13 & 20)
7:00–8:00 pm	SHS 2 nd floor mezzanine
877b	\$119
8 Tuesdays	Apr 17–Jun 5
7:00–8:00 pm	SHS 2 nd floor mezzanine

Bill Wrenn is a certified tai chi and qigong instructor who has practiced yoga, meditation, and other forms of energy work for 30 years. He earned his MA from Columbia Teachers College and his tai chi and qigong certification from the Institute of Integral Qigong & Tai Chi. Bill teaches throughout Fairfield County. Visit www.movingharmony.com.

Adult Swimming: Beginners
One of the best overall exercise methods, swimming increases flexibility, endurance, muscle strength, and cardiovascular fitness. And because it places no stress on your joints, it’s an ideal recreational activity for people of all ages. So treat yourself to the pleasures of the pool with this class for first time learners. Teaching is geared to your level and your pace; we’ll help you learn how to swim... or how to swim well.

192a	\$125
6 Wednesdays	Feb 28–Apr 4
7:30–8:45 pm	SHS Pool
192b	\$125
6 Wednesdays	Apr 25–May 30
7:30–8:45 pm	SHS Pool

Colin Walklet is one of nine swimming brothers and sisters. He has held various aquatic positions, ranging from lifeguard to swim instructor to pool director and has coached for local, competitive swim teams.

Adult Swimming: Intermediate to Advanced

This class is appropriate for swimmers who can swim 25 meters or more of freestyle and those who would like instruction to improve endurance, stroke mechanics, or learn new strokes and flip turns. For good swimmers brushing up on long-forgotten strokes, or for regular swimmers looking for clean, well-lighted place with a lifeguard. [Taught by Colin Walklet]

221a	\$125
6 Thursdays	Feb 1–Mar 15 (no class Feb 22)
7:30–8:45 pm	SHS Pool
221b	\$125
6 Thursdays	Mar 29–May 10 (no class Apr 12)
7:30–8:45 pm	SHS Pool

Health + Wellness

See Cooking for related classes, including Deliciously Healthy: A Cooking for Wellness Workshop
See Fitness + Sports for related classes

The Mindful Classroom: For Parents, Teachers & Other Learners

Join Dr. Paul Epstein and learn how you or your student can move from the 3 Rs of education—reading, ’riting, and ’rithmetic—to the 3 Rs of mindful education: reflection, relationship, and resilience. A recent American Psychological Association survey concluded that stress is an epidemic for children and families. For students, stress impairs attention, mood, sleep, and learning readiness. For teachers, stress can decrease productivity and creativity and increase frustration and anxiety. For parents, stress can lead to a parenting style that looks more like a to-do list than an engaged, empathetic, and present relationship with their children. The benefits of a practice of mindfulness—by all of the aforementioned—include improved attention and focus, self-control, resilience and adaptability, and compassion. Even a little training in mindfulness can lead to a big payoff in the classroom and beyond.

943	\$35
1 Tuesday	Jan 23
7:00–9:00 pm	SHS 1047

Dr. Paul Epstein, a naturopathic physician for 30 years, specializes in mind-body medicine and stress-related illness. He has spoken about and taught mindfulness meditation all over the world. Visit www.drpaulepstein.com.

Mindfulness Meditation & Stress Reduction

Through discussion, sharing, group support, and the mind-body skills of meditation and stress reduction, this interactive class will teach you how to face stress, pain, and illness, how to live life in the present moment, and, ultimately, how to find peace, happiness, and serenity in the midst of life’s inevitable ups and downs. [Taught by Dr. Paul Epstein]

932a	\$49
2 Tuesdays	Jan 30 & Feb 6
7:00–9:00 pm	SHS 1047
932b	\$49
2 Tuesdays	Apr 17 & 24
7:00–9:00 pm	SHS 1047

Rock Your Dress
Whether it’s your son or daughter’s wedding—or yours!—an anniversary party, an upcoming vacation, or your high school reunion, chances are you’ll want to look your best. Whether you plan to wear strapless or backless, dancing all night takes stamina and confidence. And don’t forget that good posture is a must for beautiful selfies. Join veteran personal fitness trainer and motivator Linda Gottlieb to learn how to build your body confidence and accentuate your best assets. Armed with her tips and three must-do exercises, you’ll be the life of the party, and you’ll improve your health far beyond the big event.

121	\$29
1 Tuesday	Apr 3
6:30–8:30 pm	SHS 2028

Linda Gottlieb, owner of FIT Training, is a nationally certified personal fitness coach, cancer exercise trainer, and mindful eating mentor with over 30 years’ experience. She is on staff at Yale University as a cancer exercise trainer, in addition to serving her in-home fitness clientele, and is the author of No Ifs and Butts: How to Turn Your Top 10 Exercise Excuses Into Fitness Triumphs.

Eat, Move, Sleep, Repeat: A Prescription for Wellness

More than a book by New York Times bestselling author Tom Rath, *Eat Move Sleep* is a new way to live. Join master fitness and intuitive eating coach Linda Gottlieb for a one-night workshop and learn how to conquer the three biggest obstacles to optimal health: the quality and quantity of your food, exercise, and rest. Get proven and practical ideas that are comprehensive yet simple to execute and learn to make better decisions in all three of these interconnected areas; you’ll leave class with your own personalized EMS checklist, so you can track small changes that you make on your road to a healthier life. Make more informed choices with every bite you take, move more with visible results, and sleep better than you have in years. [Taught by Linda Gottlieb]

120	\$29
1 Tuesday	Apr 17
6:30–8:30 pm	SHS 1036

MELT Method®: Hand & Foot Workshop

Erase pain and tension in your feet, hands, lower back, and neck brought on by everyday stress, overuse, and age. Improve your balance and stability and remain active and flexible as you age. The MELT Method® is a simple self-treatment that can provide relief from neck and low back pain, arthritis, bunions, plantar fasciitis, and carpal tunnel syndrome—and make your whole body feel better. MELT treatment techniques are easy to learn and can be done in just minutes a day. Bring an exercise mat to class. MELT tools are provided for use during class: MELT soft rollers, ball kits, and the bestselling MELT Method® book are available for purchase from the instructor.

168	\$29
1 Tuesday	Jan 30 (Feb 6 storm date)
7:00–8:30 pm	SHS Library

Kristen Hallett Rzasa is the owner of InterPlay Health, a whole-life wellness company focused on fitness, nutrition, and fun for women. She is a Jazzercise instructor, health coach, certified MELT Method® instructor, and host of the radio show A Matter of Balance: A Woman's Quest for Health, Harmony & Kick Ass Heels. Visit www.interplayhealth.com.

Intro to the MELT Method®: Foam Roller Workshop

Learn how to reduce joint pain and muscle tension with self-treatment techniques that rehydrate your connective tissue and rebalance your nervous system. Improve flexibility, balance, posture, and core strength while you reduce everyday aches and pains. Feel energized, strong, and pain-free at any age with the MELT Method®, an innovative self-treatment program to help you get out—and stay out—of pain and reduce the effects of aging in just minutes a day. Bring an exercise mat and water. Participants should be able to get on and off the floor with little difficulty. MELT tools are provided for use during class: MELT soft rollers, ball kits, and the bestselling MELT Method® book are available for purchase from the instructor. [Taught by Kristen Hallett Rzasa]

169	\$29
1 Tuesday	Feb 27 (Mar 6 storm date)
7:00–8:30 pm	SHS Library

MELT Method®: Chronic Back Pain

Learn how to reduce chronic back pain, rehydrate your connective tissue, and rebalance your nervous system with this simple self-treatment method. You'll see improved alignment and muscle timing, plus reduced inflammation, joint compression, and pain. If you feel stiff in the morning, have neck, back, or

shoulder pain, trouble sleeping, this class is for you. Bring an exercise mat and water. Participants should be able to get on and off the floor with little difficulty. MELT tools are provided for use during class: MELT soft rollers, ball kits, and the bestselling MELT Method® book are available for purchase from the instructor. [Taught by Kristen Hallett Rzasa]

165	\$29
1 Tuesday	Mar 27 (Apr 3 storm date)
7:00–8:30 pm	SHS Library

Home + Garden

See Arts + Crafts for related classes, including Furniture Painting

See Pets for related classes, including Beekeeping 101

Flower Arranging 101: Spring Centerpieces

Let's make a gorgeous basket of springtime flowers for your table. You will be surprised at how easily you can create your own jaw-dropping, show-stopping centerpieces with this step-by-step introduction to floral design. All participants will make their own arrangement featuring beautiful spring cut flowers. No prior design experience required. All participants will take their own arrangements home. Bring snips or small handheld pruners, if you have a pair, and a box and newspaper for transport of your design. Non-refundable materials fee of \$40 included.

121f	\$75
1 Thursday	Apr 5
7:00–9:00 pm	SHS 1010

Evelyn Lee is a professional flower farmer and floral designer at Butternut Gardens LLC in Southport, where she grows 45,000 flowers each year. An advanced master gardener, Evelyn holds a Masters degree from the Yale School of Forestry and Environmental Studies and received her horticultural training at New York Botanical Garden. Learn more at the certified bee friendly www.butternutgardens.com.

Gardening 101: The Basics

Give your gardens and landscape plantings the best start possible by becoming a knowledgeable gardener. This class covers the basics of plant needs, hardiness zones, site preparation, soil, light, water, mulch, fertilization, pruning, and garden maintenance. Attention will also be given to items to consider in planning your garden and good plant options for various types of sites including problem sites. Please note: this is not a class on vegetable gardening. [Taught by Evelyn Lee]

124a	\$35
1 Wednesday	Apr 25
7:00–9:00 pm	SHS 1010

Gardening 101: Basic Landscape Planning & Problem Solving

Have a spot you don't know what to do with? A patch of lawn where nothing grows? In this companion class to Gardening 101: The Basics, you'll learn how to plant the right plant in the right spot and to artfully combine evergreen trees and shrubs, deciduous trees and shrubs, bulbs, perennials, and annuals for year-round interest. We'll discuss the roles of each type of plant group in creating a structurally sound and diverse garden, with interesting features and color for four season enjoyment. Principles can be applied to foundation plantings, stand-alone gardens, and full landscapes. Bring a photograph and rough dimensions of an area you hope to plant or rejuvenate, and we'll brainstorm possible design options to get you started. This class may be taken alone or in conjunction with Gardening 101: The Basics. [Taught by Evelyn Lee]

124b	\$35
1 Wednesday	May 2
7:00–9:00 pm	SHS 1010

Feng Shui for Everyone

There are clear links between how a room is laid out and decorated and how you feel when you're in that room; you know it when you step inside a well-designed space. A little art, a little science, feng shui is a system of design that has been in use for centuries in Asia, and that has become a standard practice for many interior decorators. Join us for an introduction to the origins and principles of feng shui. Learn simple, cost-efficient adjustments to your space, and improve the harmony and energy of your rooms by adding plants to your home.

263	\$105
4 Mondays	Apr 16–May 7
7:00–9:00 pm	SHS 2030

Renata Senatore is the owner of the interior design consulting firm Ambiance by Renata LLC. She received her feng shui studies certification from the Metropolitan Institute of Design and is currently an adjunct faculty member of NYIT Extended Education Program for Interior Decorators.

Reinvent Your Home: Aging In Place Gracefully & Comfortably

People love their homes—after all, home is where the heart is. But what happens when getting around the house is not as easy as it once was? Learn about key adaptations that can make a home more accessible, while adding value and beauty. In this workshop, home design transformation expert Colin Healy will show you ways to reinvent your house to fit your changing needs and evolving passions, so you can stay in the home and community you love. Whether you're caring for loved ones or planning for yourself, you'll leave class with insights on how to create luxurious retirement living that is safe for homeowners and visitors and that doesn't look like a hospital ward. Presentation and discussion with free resources. Registrants are welcome to submit questions ahead of time to conted@westportps.org; use the subject line Reinvent Your Home.

265a	\$35
1 Thursday	Mar 22
6:30–8:30 pm	SHS 1049

265b	\$35
1 Monday	May 14
7:00–9:00 pm	SHS 1049

Colin Healy has been helping homeowners reinvent and transform their homes to fit their changing needs, evolving passions, and growing families for over 25 years. He received his BA in architecture from City College and is certified as an aging in place specialist by the National Association of Home Builders. He believes that our homes are reflections of our personalities and values, and that our values in our later years are more important than ever. Visit www.colinhealydesign.com.

How to Avoid Costly Pitfalls When Selling Your Home

Avoid common mistakes and maximize the return on your investment. Join Rob Grodman, longtime Westport realtor, and a variety of speakers, including professional stagers and a professional organizer, as they discuss what you need to do to prepare for selling your home. Get answers to your questions from a panel of experts, including a building inspector, real estate attorney, accountant, mortgage broker, appraiser, and family attorney.

117	\$35
1 Wednesday	Feb 28 (storm date Mar 7)
6:30–9:00 pm	SHS 1049

Turn the page for more Home + Garden

Don't Let Your Children Grow Up to Be JPEGs: How to Organize Your Digital & Print Photos

Do you have years' worth of digital photos in your computer? Are your photos jumbled up in boxes or stuffed in a drawer? In this easy-snap, camera-in-your-pocket era, we take more photos than ever, and it's getting harder and harder to keep them organized. Learn a 5-step system to organize your pictures, so you can finally find them and enjoy viewing them over and over again. Also included: how to select the best albums, proper care of your photos, what to do with negatives, and more. Whether you have five or 50 years of photos piled up, this process works wonders.

928	\$35
1 Tuesday	Mar 6
7:00–9:00 pm	SHS 1047

Susan Lovallo is a certified professional organizer and the owner of Clutter Solutions, LLC, which provides services to individuals, families, and businesses. She is the author of Happily Organized: Little Stories About My Mom, the Most Organized Person In the World.

Stop Having Dinner with Your Paperwork

Do you have to push aside the stacks of paperwork on your table before every meal? Mail piled up on your kitchen counter? Years of paperwork and no idea what to keep and what to toss? You're not alone; paperwork regularly tops the list of clutter problems. Have no fear—we have the solution. Learn a step-by-step method to address daily paperwork, how, when and where to file papers, and how long papers should be kept. Let us help you declutter the heart of your home. [Taught by Susan Lovallo]

937	\$35
1 Thursday	Mar 15
7:00–9:00 pm	SHS 1049

Languages

See Cooking for related classes, including Italian Cooking & Culture with Simona Zanelli

There are additional fees for language texts and materials.

Parlez Français! Learn to Speak French

Traveling to a French-speaking country soon? Or maybe you've just always been in love with the City of Love. Either way, in this class, you'll learn the phrases and expressions you need to travel with confidence, from your taxi ride to the hotel, the Marché aux Puces to the top of the Eiffel Tower. Along the way, you'll learn about un peu de French art and music, un peu de French customs and culture, and—bien sûr!—French cuisine. Paris? Mais oui!

863	\$145
8 Mondays	Feb 5–Apr 2 (no class Feb 19)
3:00–5:00 pm	SHS 1052

Veronique Macheret was raised in the beautiful Champagne region of France and has been teaching French for more than twenty years. She enjoys sharing her culture and learning about others.

Basic Conversational Spanish

Spanish has been spoken in what is now the United States since the 16th century. The language of Cervantes' Don Quixote and García Márquez's One Hundred Years of Solitude, Spanish is now this country's second most spoken language. We'll use a conversational approach to learn vocabulary and common phrases and to explore Spanish culture. Whether you're studying for travel, conversation, or business purposes, you'll gain the confidence you need to speak about food, travel, directions, lodging, shopping, and more. Students who have taken this class, or who have some knowledge of Spanish, are encouraged to return; new students are always welcome.

967	\$140
8 Tuesdays	Feb 27–Apr 24 (no class April 10)
4:00–6:00 pm	SHS 1049

Sarah Elliott has taught Spanish for over 10 years. She earned her BA from the University of Rhode Island and her MA from the University of Saint Joseph. In her free time, Sarah uses her Spanish to eat tapas, drink vino, and dance the flamenco.

Italian for Beginners

Designed for travelers, tourists, and other admirers of la dolce vita who want to communicate in Italian, this class will cover pronunciation, typical greetings, and travel-related dialogue. Enjoy learning about Italian culture while you learn to speak simple phrases in Italian, from Arrivederci, Roma to zuppa di pesce. Students who have taken Italian for Beginners before, or who have some knowledge of Italian, are encouraged to return; new students are always welcome. Enjoy a flavorful hiatus from the classroom: join your instructor in our professional kitchens for our Italian Cooking & Culture classes, Two Tasty Interludes to Italian for Beginners, Or a Delicious Way to Eat Your Words. See page 8 for registration information; separate registration fee.

160	\$145
8 Wednesdays	Feb 28–Mar 21, Apr 4–May 2 (no class Apr 11)
7:00–9:00 pm	SHS 1054

A native speaker of Italian, Simona Zanelli grew up in Rome, where she practiced law and taught Italian law students. Since moving to the United States in 2004, Simona has continued to teach Italian language and culture to children and adults.

Conversational German

A major world language, German is spoken by 95 million people worldwide. Without German, we wouldn't have delicatessens, pumpernickel, or pretzels. And where would we be without zeitgeist, angst, and kitsch? In the hinterlands, that's where! This class will cover basic conversational German, with a focus on vocabulary and pronunciation, and a little grammar thrown in for fun. You'll be introduced to German culture, customs, and idioms. Students who have taken Conversational German, or who have some knowledge of German, are encouraged to return; new students are always welcome. Students should bring to class Learn German the Fast and Fun Way (4th Edition), Neil Donahue.

163a	\$135
8 Mondays	Jan 29–Mar 26 (no class Feb 19)
3:30–5:30 pm	SHS 1055

163b	\$100
6 Mondays	Apr 16–May 21
3:30–5:30 pm	SHS 1055

Robert Kibel has taught German at the German School of Connecticut for many years and has also taught at Sacred Heart University, Berlitz, and Norwalk Community College.

Money Matters

See Home + Garden for related classes, including How to Avoid Costly Pitfalls When Selling Your Home

Please note that our instructors are hired to teach general concepts and not to provide specific investment advice to individuals. Students should consult their financial advisors or attorneys before making investment decisions based on our instructors' classroom examples.

Fundamentals of Investing

Let longtime Westport Continuing Education instructor Brenda Catugno demystify the world of investing. Understand the meaning of cash equivalents, stocks, bonds, mutual funds, and annuities, and how each category can work for you. This is an excellent class for those who are interested in learning simple strategies they can use for a lifetime of investing.

143	\$35
2 Thursdays	Mar 29 & Apr 5
7:00–9:00 pm	SHS 1047

Brenda Catugno, ChFC®, Cdfa™, CASL®, is president at BPC, LLC, in Fairfield. She specializes in financial planning, portfolio management, divorce financial analysis, and creating individual action plans that meet her clients' financial needs. She has been teaching with Westport Continuing Education since 2000.

Personal Financial Planning

You're never too young or too old to start taking steps towards a better financial future. Learn the fundamentals of personal finance that allow you to build wealth over time. Our discussions will focus on helping you to organize and strategize your finances, so you can achieve your financial goals. In this course, we'll talk about cash flow and budgeting, net worth, managing debt, saving and investing, and how to protect your family from the unexpected. We'll also provide worksheets and questionnaires to help you better understand your situation and allow you to start planning for your future.

219	\$49
2 Mondays	Mar 5 & 12 (storm date Mar 19)
7:00–8:30 pm	SHS 1049

James M. Rankowitz, CFP® is an Associate Vice President–Investments at Wells Fargo Advisors in White Plains. Jim has been a financial advisor since 2011 and is a Certified Financial Planner™ professional.

Getting the Most Out of Your Social Security

With the changes in claiming strategies over the past few years and the heated political environment, many people are worried about how to effectively utilize Social Security. In this class, we'll discuss how people strategically plan for Social Security in relation to other retirement savings and benefits. You'll learn how to maximize your Social Security benefit for your situation, how the benefit is taxed, how the spousal benefit works, how a widow, widower, or survivor benefit works, how divorcees may be able to claim on their ex-spouse's earnings, and what claiming strategies may still be available and how they work. [Taught by James Rankowitz]

217	\$25
1 Monday	Mar 26 (storm date Apr 2)
7:00–8:30 pm	SHS 1051

Aging With Dignity: Creating a Retirement Lifestyle

Planning for aging should take into account the physical, emotional, and mental consequences of living a long life, but it can be difficult to have these conversations. We'll help by facilitating open discussions about things like talking with your parents or children about planning for the future; developing active listening skills; how perceptions and priorities regarding health, family, and money can change over time; where you want to

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Turn the page for more Money Matters

live as you age and what your needs will be in that place; what personal care looks like in different types of facilities, what it costs, and who pays for it; access to medical care, shopping, social activities, and support systems; chronic disease self-management; and fall prevention and making your home safer.

218 **\$25**
1 Tuesday May 8
7:00–9:00 pm SHS 1049

Michael K. Rosenman, CLU® ChFC® CASL® AEP, is a financial advisor and estate and business planning specialist with Northwestern Mutual, based in Stamford. Nancy S. Fried-Tanzer, M.Ed, teaches therapeutic qi gong for healthy aging, diabetes and chronic disease self-management, fall prevention strategies, and healthy eating programs.

Financial Planning for Business Owners: You Have Questions; We Have Answers

As an entrepreneur, your business and personal finances are inseparably linked. You have obligations to your partners, investors, employees, family—but what about you? Will your business venture fund your retirement? Your kids’ college education? Will it expand quickly enough? How do you compensate and reward your employees and yourself? What happens if you lose a partner or key employee? What happens if you’re not around? Do you have a plan? From planning techniques to help the busy business owner deal with the risks and challenges of starting, operating, and exiting a business to the business’s impact on retirement and estate planning, we’ll use real-life examples to explore strategies that create financial security for you and your business. [Taught by Michael Rosenman]

216 **\$49**
2 Tuesdays May 15 & 22
7:00–9:00 pm SHS 1049

Estate Planning

Join us for an in-depth review of estate planning and the estate administration process. In addition to identifying the elements of a properly constructed estate plan, we’ll explore federal and state transfer tax laws with an eye towards maximizing lifetime wealth, as well as the ins and outs of health care documents, living wills, and power of attorney versus conservatorship. Learn about the probate process and the truth about avoiding probate, retirement assets, gifting, life insurance, intangible assets, Medicaid and long term care planning, maintaining autonomy as we age, and more. Through case studies and interactive discussion, participants will gain insight into the difficult issues faced by families.

262 **\$75**
3 Tuesdays Mar 20–Apr 3
6:30–8:30 pm SHS 1047

Alyson Marcucio is a partner at Chipman, Mazzucco, Land & Pennarola, LLC and is licensed in both Connecticut and New York. She practices in the areas of estate planning and administration, probate, and elder law.

Pets

Beekeeping 101: A Beekeeping Workshop

From rooftops of major cities around the world to suburban backyards, beekeeping is a trend that is here to stay. Local beekeeper, author, and founder of Red Bee Honey, Marina Marchese will take you on a hands-on journey into the fascinating world of honeybees. Learn basic beekeeping practices, from setting up your first beehive to honey harvest and everything in between. Attendees will be treated to a taste of honey afterwards. No experience necessary, just curiosity and a creative spirit! Class will be held at Red Bee Honey Barn in Weston.

130 **\$35**
1 Sunday Mar 4
1:00–3:00 pm Directions will be emailed prior to class

Marina Marchese is the beekeeper behind Red Bee Honey and co-author of The Honey Connoisseur: Selecting, Tasting, and Pairing Honey. She is the founder of the American Honey Tasting Society and a proud recipient of the Slow Food Snail of Approval. Visit www.redbee.com.

Dog Obedience

(for dogs at least 4 months old)

This class will teach you to train your dog to be a well-mannered and obedient pet. Topics will include understanding your dog, communicating effectively, basic obedience commands, leash walking, and behavior modification. Plus, you’ll learn strategies to effectively address problems like digging, jumping, chewing, barking, and more. Your dog must be collared, with a 6-foot leash. This class is limited to 8. **Please note that the first session is an orientation without dogs.**

290 **\$155**
7 Wednesdays Feb 14–Apr 4 (no class Feb 21)
6:30–7:30 pm SHS Pool Lobby

Heather Witt, owner of the Complete Canine Company, double-majored in animal sciences and biology at the University of Vermont and began her dog training business in 1989. An instructor for nearly two decades, Heather and her dog, Rowan, live in Easton, along with her husband, two sons, a cat, and a small flock of chickens.

Technology + Computers

See Arts + Crafts for related classes, including DSLR: Basic Digital Camera Operation

See Home + Garden for related classes, including How to Organize Your Digital & Print Photos

iPhone Photos: Better Pix In Your Pocket

That phone in your pocket—or your purse—has a great camera, so why aren’t your photos great? iPhone photography is a little bit computer science and a little bit art; it takes both tech savvy and a good eye. Let a professional photographer help. This workshop will help you maximize the potential of your phone-as-camera and your artistic potential. You’ll learn some photography basics, including composition and lighting. You’ll also discover some of the most popular photo-enhancing and post-processing apps for iPhones. Bring your fully charged iPhone 4 and above and AppleID and password, and never miss another photo opp!

965a **\$35**
1 Thursday Mar 22
7:00–9:00 pm SHS 1047

965b **\$35**
1 Wednesday May 9
7:00–9:00 pm SHS 1047

Peggy Garbus has been working as a professional photographer for 13 years. She specializes in portrait photography. She thinks it’s the best job in the world, and she is inspired every day by the people she meets and the moments she captures. Visit www.peggygarbus.com and follow her on Instagram @peggygarbus.

iBasics: Intro to iPhone & iPad

They say we only use 10% of our brains; make up for that under-leveraged 90% by learning to access 100% of the computing, organizing, and navigating capacity of your Apple mobile devices. In this hands-on class, you’ll explore features common to both devices and how to keep them in sync using Apple’s iCloud service, as well as the apps that come pre-loaded, including Safari, Mail, and Calendar. Bring your fully charged iPhones and iPads and your AppleID and password; devices should be upgraded to iOS 10 or higher.

223 **\$55**
2 Tuesdays Jan 30 & Feb 6
6:30–8:30 pm SHS 1051

After receiving a Grade A education in Westport, Mark Bieler majored in economics at Harvard and began his career at MacUser magazine, the definitive guide for Apple Computer users. He received his MBA from MIT and spent 20 years in food marketing, rising to become chief information officer at Daymon Worldwide.

iPhone / iPad Tips & Tricks

You already know the basics... you can answer the phone, send text messages, search the web, shop, even play games. But your devices are capable of so much more. Learn the tips and tricks that will make using them more efficient and tailored to your unique needs. From leveraging Apple’s iCloud services to adding a personal email signature to saving articles and websites in Safari to squeezing out even more usage time before recharging your phone, you’re bound to learn something new and useful in this fast-paced class. Bring your fully charged iPhones and iPads and your AppleID and password; devices should be upgraded to iOS 10 or higher. [Taught by Mark Bieler]

224 **\$55**
2 Tuesdays Feb 27 & Mar 6
6:30–8:30 pm SHS 1051

Turn the page for more Technology + Computers

Cool Apps for iPhones & iPads

With over 2 million apps available in Apple’s App Store, there’s an app for just about anything you want to do—and frequently more than one. So which ones do you choose and how do you find them? In this class, we’ll explore apps of all kinds: travel apps that you’ll want for your next trip overseas; business apps that turn your device into a digital scanner; apps that let you access the countless sources of content from around the world; apps that let you organize recipes, shopping lists, and many, many more. Bring your Apple ID and password and go home with at least 5 useful apps for *your* personal collection. Bring your fully charged iPhones and iPads and your AppleID and password; devices should be upgraded to iOS 10 or higher [Taught by Mark Bieler]

225	\$35
1 Tuesday	Apr 3
7:00–9:00 pm	SHS 1051

Basic Photoshop CS6

Explore the ins and outs of Adobe Photoshop in this hands-on class designed for photographers, hobbyists, and those who want to work with digital images. Through studio experience, discussion, and practice, you’ll become familiar with topics like selection and project montage, layer management, scans (reflective and transparent), image manipulation, retouching, and keyboard shortcuts. If you have a computer with Photoshop loaded, please bring it; PCs will be available.

619	\$159
5 Thursdays	Mar 1–29
7:00–9:00 pm	SHS 2034

Craig Burry is a freelance art director and the owner of Cat and Mouse Design Group. He has been teaching for Westport Continuing Education for over a decade.

Intermediate / Advanced Photoshop CS6

If you know your way around the Photoshop desktop, maybe it’s time to go a little deeper. In this class, you’ll explore the complexities of digital retouching, filtering, and enhancing your photos. You’ll learn how to eliminate scratches, blemishes, and red eye; how to dodge and burn and to adjust saturation levels; and how bitmapped images and pixels compare to halftone screening. We’ll also cover backgrounds, cropping, gradations, silhouettes, and low key, mid key, and high key. Prerequisite: basic understanding of Photoshop. Please bring a laptop loaded with Photoshop. [Taught by Craig Burry]

890	\$159
5 Thursdays	Apr 19–May 17
7:00–9:00 pm	SHS 2034

Theater + Dance

Laugh Yourself Silly: Comedy, Improv & Sketch Workshop

Maybe your friends think you’re pretty funny. Maybe your family loves your jokes (ok, probably not). Maybe you know that you’ve got the funny somewhere inside you but don’t know how to get to it. Whatever your story, come learn the basics of comedy improvisation: the tools, the rules, and the philosophy. We’ll play ridiculously fun and foolish games that will teach you to be present, to listen, to trust yourself and your teammates, and to discover an inner confidence you never knew you had. (You probably won’t even realize all of that happened until much later. You’ll be too busy laughing to notice.) If you’re a performer, this class will help with auditions, character work and technique. If you’ve never been onstage before, well... it’s time.

4 Mondays / \$75	
291a	Mar 5–26
6:30–8:00 pm	SHS 502/503
291b	Apr 23–May 14
6:30–8:00 pm	SHS 502/503

Alexandra McHale is a nationally headlining comedian who has performed on The Tonight Show, That Late, Late Show, and Comedy Central. She also holds an MFA in acting and an MA in Secondary Education–English.

Ballroom Dancing for Everyone

Dancing is great exercise and a proven mood lifter. Couples and singles welcome. Smooth soled shoes recommended.

Beginner Level: Learn fast dances, slow dances, and Latin dances like tango, swing, salsa, and hustle.

951a	\$125
8 Tuesdays	Feb 27–Apr 24 (no class Apr 10)
7:00–7:45 pm	St. Francis of Assisi Church
	35 Norfield Road, Weston

Intermediate Level: Move beyond the basics in all areas, including footwork, timing, leading, and following. Learn new steps and variations to add excitement to your dancing.

951b	\$125
8 Tuesdays	Feb 27–Apr 24 (no class Apr 10)
7:45–8:30 pm	St. Francis of Assisi Church

Michael and Nicole Stavola are the directors of CT Kids Dance and Ballroom Dancesport. They are professionally certified and have been dancing, teaching, and competing in ballroom dancing for over 30 years. Visit www.ballroomdancesportct.com.

Westport Center for Senior Activities / 21 Imperial Avenue

Westport Continuing Education is proud to partner with the Westport Center for Senior Activities to offer quality programming to Westport seniors 60+ years of age. Out-of-town residents are welcome to register one week after the Westport resident registration date. Most classes require pre-registration and payment and will be filled on a first-come-first-serve basis. You may also access the Center’s quarterly calendar on the town’s website, www.westportct.gov/seniorcenter. Call (203) 341-5099 for information.

Center hours:
Monday–Friday / 7:30 am–4:30 pm
Thursday / 7:30 am–8:00 pm
Saturday / 8:30 am–3:00 pm

Some of the courses, programs, services, and workshops offered at the Center include:

Computer Classes • Movie With Dinner, Saturday Lunch + Learn Days • Writing Workshops • Mind-Body-Spirit • Health + Healing • Culinary Classes • Foreign Language Instruction • Sculpture • Beading • Stained Glass • Drawing • Watercolor • Fitness Center • Strength Training • Balance Class • Aerobic Chair • Support Groups • Blood Pressure + Hearing Screenings • Tai Chi • Qigong • Eccentrics • Dance Classes • and much more!

Mandated Programs

English as a Second Language (ESL), Adult Basic Education (ABE), General Education Development (GED®), and American Citizenship classes are no longer offered through Westport Continuing Education.

These programs are now offered free during the academic year to interested Westport residents through Norwalk Public Schools Continuing Education program.

Proof of Westport residency is required. Students 17 and 18 years of age must present a copy of their school withdrawal papers when registering for any ESL, ABE, GED, or American Citizenship class.

For more information about these and other programs contact:

www.norwalkpublicschools.org
click District, then Continuing Education

Or contact Linda Cervi at:
(203) 854-4115 or cervil@norwalkps.org

Take Classes Online and Learn On Your Own Time

Westport Continuing Education has partnered with **ed2go** to offer a wide range of interactive, online courses. Affordable, fun, fast, and convenient, all classes are taught by expert instructors. And because you set the pace, you can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion. Browse through hundreds of courses on a wide variety of topics; new classes are added frequently.

To register, go to **www.westportcontinuinged.com** and click on the **ed2go** link.

Accounting + Finance • Arts + Design • Business • College Readiness • Computer Applications + Programming • Design + Composition • Health + Fitness • Healthcare + Medical • Information Technology • Language • Law + Legal • Math + Science • Personal Development • Teaching + Education • Writing + Publishing

Weekly Calendar : Kids Division

coleytown greens farms kings highway

Monday
Art Exploration: Upcycle Fun [pg. 27]
Bricks 4 Kidz:
Galaxy Far Away [pg. 30]
Gizmos & Gadgets [pg. 30]

Tuesday
Citizen Invention:
Creative Robotics [pg. 31]
Video Game Design [pg. 31]
Coleytown Coders Club [pg. 32]
World Champion Taekwondo [pg. 29]

Wednesday
Zaniac:
Minecraft Redstone Lab [pg. 32]
Minecraft Robotics [pg. 32]

Thursday
Chess Club [pg. 30]
Kempo Karate [pg. 29]
Nouveau Nutrition:
Super Snacks for After School or Anytime [pg. 28]

Friday
Fork, Knife, Spoon Cooking:
Valentine's Day House [pg. 28]
Mad Science:
Molecular Motion Mysteries [pg. 31]
Science Discoveries [pg. 32]

More Classes & Camps
See page 23 for **Afterschool Tennis with Connie Goodman, Fridays @ BMS.**
See pages 24–26 for **February 16 Staff Development Day and February & April Vacation camps.**
See page 29 for **Westport AllStars Basketball Sunday Shootout and Spring Clinics.**

Monday
Citizen Invention:
Creative Robotics [pg. 31]
Video Game Design [pg. 31]
Nouveau Nutrition:
Mother's Day Tarts & Hearts [pg. 28]
Tennis / gr. 1–2 [pg. 23]
Tennis / gr. 3–5 [pg. 23]

Tuesday
Kindergarten Tennis [pg. 23]
Mad Science:
Molecular Motion Mysteries [pg. 31]
Science Discoveries [pg. 31]

Wednesday
Fork, Knife, Spoon Cooking:
Valentine's Day House [pg. 28]
Kempo Karate [pg. 29]
Westport Arts Center:
Mathematical Art [pg. 27]

Thursday
PM / PE [pg. 22]
TheaterCamp 4 Kids!:
Broadway Acting, Singing, Dancing [pg. 33]
Zaniac:
Minecraft Redstone Lab [pg. 32]
Minecraft Robotics [pg. 32]

Friday
Chess Club [pg. 30]
CompuChild:
Programming Games & Graphics [pg. 32]
Pen★Stars Creativity Club [pg. 27]

Monday
Fork, Knife, Spoon Cooking:
Valentine's Day House [pg. 28]
Magic Club [pg. 33]
PM / PE [pg. 22]
Zaniac:
Minecraft Redstone Lab [pg. 32]
Minecraft Robotics [pg. 32]

Tuesday
Chess Club [pg. 30]
Kempo Karate [pg. 29]
Westport Arts Center:
Mathematical Art [pg. 27]

Wednesday
Mad Science:
Molecular Motion Mysteries [pg. 31]
Science Discoveries [pg. 31]
Nouveau Nutrition:
Super Snacks for After School or Anytime [pg. 28]
World Champion Taekwondo [pg. 29]

Thursday
Citizen Invention:
Creative Robotics [pg. 31]
Video Game Design [pg. 31]
Sports & Homework Club [pg. 22]

Friday
Bricks 4 Kidz:
Galaxy Far Away [pg. 30]
Gizmos & Gadgets [pg. 30]

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Monday
Chess Club [pg. 30]
Kempo Karate [pg. 28]
Westport Arts Center:
Mathematical Art [pg. 27]

Tuesday
Fork, Knife, Spoon Cooking:
Valentine's Day House [pg. 28]
Nouveau Nutrition:
Mother's Day Tarts & Hearts [pg. 28]
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Wednesday
Citizen Invention:
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Video Game Design [pg. 31]
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Pen★Stars Creativity Club [pg. 27]
TheaterCamp 4 Kids!:
Broadway Acting, Singing, Dancing [pg. 33]

Thursday
Bricks 4 Kidz:
Galaxy Far Away [pg. 30]
Gizmos & Gadgets [pg. 30]
Lights, Camera, Action! [pg. 33]
Magic Club [pg. 33]
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Friday
Mad Science:
Molecular Motion Mysteries [pg. 31]
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World Champion Taekwondo [pg. 29]

middle school + high school

See pages 34–37 for new and returning programs for grades 6–8 and 9–12.

Important Information

Class Schedules

All Kids Division classes follow the Westport Public School calendar. Dates when classes do not meet are listed under each class description.
Unless otherwise noted, our classes do not meet on Westport Public School holidays, staff development days, or shortened school days.

School Closings
In the event that Westport Public Schools are closed for inclement weather or another emergency, or if there is an early dismissal, all Continuing Education classes will be automatically canceled.

All class cancelations will be announced on our website, westportcontinuinged.com.

Late Fees
Please be prompt picking up your child. Late fees will apply on a per child basis. \$10 for 5 minutes; \$20 for each 15-minute increment thereafter.

Elementary School
Unless otherwise noted, elementary level classes will not meet during Teacher Conference days, March 21–23.
Please use your school's **Dismissal Manager** to ensure your child's safe arrival at his or her afterschool program.

Afterschool Clubs

Sports & Homework Club

grades 2–5

Our Sports & Homework Clubs are the perfect place to unwind after school. There’s something for everyone. For parents, we provide teacher-directed homework help and tutoring. For kids, we offer all the sports and games you love during the school day: basketball, soccer, flag football, wiffle ball, kickball, capture the flag, and much more. The atmosphere is non-competitive, your friends will be there, and best of all, you’ll have so much fun getting your homework done, it won’t even feel like work.

KHS 21 & Gym with Mike Quiricone

9 sessions / \$199	836a	Thursdays	3:15–5:00 pm	Jan 11–Mar 15 (no class Feb 22)
8 sessions / \$179	836b	Thursdays	3:15–5:00 pm	Apr 5–May 31 (no class Apr 12)

SES Library & Gym with Jen Mitteness

9 sessions / \$199	836c	Tuesdays	2:45–4:30 pm	Jan 9–Mar 13 (no class Feb 20)
8 sessions / \$179	836d	Tuesdays	2:45–4:30 pm	Mar 27–May 22 (no class Apr 10)

PM / PE

grades 1–5

To be clear, you’ll get your share of sports. But the reality is that this club has always been about more than just sports. PM / PE provides the same activities and curriculum as gym class, with a little bit of recess thrown in for good measure. That means your student will be improving his or her fitness and motor skills, but he or she will also be learning important skills and attitudes, like cooperation, collaboration, communication, conflict resolution, problem solving, perseverance, self-expression, and self-control. In short, it’s good, clean fun just when kids need it most: after a tough day reading, writing, and ‘rithmetic-ing.

GFS Gym with Doreen Poruban

9 sessions / \$199	840a	Thursdays	3:15–5:00 pm	Jan 11–Mar 15 (no class Feb 22)
8 sessions / \$179	840b	Thursdays	3:15–5:00 pm	Apr 5–May 31 (no class Apr 12)

KHS Gym with Mike Quiricone

9 sessions / \$199	840c	Mondays	3:15–5:00 pm	Jan 8–Mar 19 (no class Jan 15, Feb 19)
8 sessions / \$179	840d	Mondays	3:15–5:00 pm	Apr 2–Jun 4 (no class Apr 9, May 28)

SES Gym with Jen Mitteness

9 sessions / \$199	840e	Thursdays	2:45–4:30 pm	Jan 11–Mar 15 (no class Feb 22)
8 sessions / \$179	840f	Thursdays	2:45–4:30 pm	Apr 5–May 31 (no class Apr 12)



Afterschool Tennis

Tennis with Connie Goodman

grades K–8

Using smaller QuickStart courts, smaller racquets, and low-compression balls for our younger, K–5 players, this tennis program has been a beloved Westport institution for over a decade. As your child learns to play tennis under the guidance of Professional Tennis Registry certified instructors, he or she will improve important physical skills like eye-hand coordination, agility, and fine and gross motor control. And, of course, we’ll cover the rules, ball handling, footwork, swing patterns, strokes, strategy, court etiquette, and more. Because we cap enrollment, our classes have a low student-to-pro ratio, and that means that your child will receive personalized attention and the opportunity to hit hundreds of balls. It’s the perfect place to fall in love with the sport of kings (and queens). Please bring a racquet; contact us if you have a question as to what racquet would be best for your child.

Kindergarten

Tuesdays in the GFS Gym / 4:00–5:00 pm

828a	Jan 9–Feb 13	6 sessions / \$245
828c	Mar 6–Apr 24 (no class Apr 10)	7 sessions / \$280
828e	May 1–Jun 5	6 sessions / \$245

Thursdays in the LLS Gym / 4:00–5:00 pm

828b	Jan 11–Feb 15	6 sessions / \$245
828d	Mar 8–Apr 26 (no class Apr 12)	7 sessions / \$280
828f	May 3–Jun 7	6 sessions / \$245

Grades 1–2

Mondays in the GFS Gym / 4:00–5:00 pm

321A2	Jan 8–Feb 12 (no class Jan 15)	5 sessions / \$210
323A2	Mar 5–Apr 23 (no class Apr 9)	7 sessions / \$280
324A2	Apr 30–Jun 4 (no class May 28)	5 sessions / \$210

Wednesdays in the SES Gym / 4:00–5:00 pm

321B2	Jan 10–Feb 14	6 sessions / \$245
323B2	Mar 7–Apr 25 (no class Apr 11)	7 sessions / \$280
324B2	May 2–Jun 6	6 sessions / \$245

Fridays in the BMS Gym / 4:00–5:00 pm

321C2	Jan 12–Feb 9	5 sessions / \$210
323C2	Mar 9–Apr 27 (no class Mar 30, Apr 13)	6 sessions / \$245
324C2	May 4–Jun 8	6 sessions / \$245

Grades 3–5

Mondays in the GFS Gym / 5:00–6:00 pm

321A3	Jan 8–Feb 12 (no class Jan 15)	5 sessions / \$210
323A3	Mar 5–Apr 23 (no class Apr 9)	7 sessions / \$280
324A3	Apr 30–Jun 4 (no class May 28)	5 sessions / \$210

Wednesdays in the SES Gym / 5:00–6:00 pm

321B3	Jan 10–Feb 14	6 sessions / \$245
323B3	Mar 7–Apr 25 (no class Apr 11)	7 sessions / \$280
324B3	May 2–Jun 6	6 sessions / \$245

Fridays in the BMS Gym / 5:00–6:00 pm

321C3	Jan 12–Feb 9	5 sessions / \$210
323C3	Mar 9–Apr 27 (no class Mar 30, Apr 13)	6 sessions / \$245
324C3	May 4–Jun 8	6 sessions / \$245

Grades 6–8

Fridays in the BMS Gym / 3:00–4:00 pm

321C1	Jan 12–Feb 9	5 sessions / \$210
323C1	Mar 9–Apr 27 (no class Mar 30, Apr 13)	6 sessions / \$245
324C1	May 4–Jun 8	6 sessions / \$245



Staff Development Day Camp
Friday, February 16 @ Staples High School

Need childcare on days when you work but school's out? The following program is brought to you by Westport Continuing Education and our trusted partner, Bricks 4 Kidz®. Let us take care of your kids, so you can take care of everything else.
Bring a drink, a nut-free snack and/or a nut-free lunch, if you're staying all day.

Bricks 4 Kidz® presents Lego Brick Critters Camp
grades K-3

Ever wonder what your pets do while you're at school? Join Max, an adorable dog, and Snowball the rabbit for a fun and furry adventure. Build critters, including motorized buzzing bees, fluttering butterflies, and more, from your imagination or from one of our kits. Then, dive to the depths of the ocean with Dory to help her search for her family. When you get home, you can show off all the brick critters you created in your very own take-home handbook.

Full-day session @ \$125 / half-day session @ \$59

SHS 1004	Feb 16
934a	8:30 am–3:00 pm
934b	8:30–11:30 am
934c	12:00–3:00 pm

February School Vacation Camps
Tuesday, February 20–Friday, February 23 @ Greens Farms Elementary

The following programs are brought to you by Westport Continuing Education and our trusted partners. Let us take care of them, so you can take care of everything else. **One great location; more great programs. Drop-off begins at 8:00 am at GFS, so you can get started on your day sooner. Bring a drink, a nut-free snack and/or a nut-free lunch, if you're staying all day.**

Sports & Fun Adventures Camp
grades K-5

Bored by board games? Tired of TV? Join us for a camp that's all about physical fun... just for the heck of it. Because—admit it—you might not miss math class, but you definitely miss gym! Staffed by WPS PE teachers, Sports & Fun Adventures features age-appropriate activities in a safe setting. Put down that deck of cards, shove Monopoly back in the closet, and join us for rollerblading, snowshoeing, pro ball, pirates' gold, sink the ship, crossover, pinball, basketball, wiffle ball, team handball, tag games, scooters, volleyball, badminton, floor hockey, and much more. Rollerblading and snowshoeing offered for grades 3–5 only.

4 full-day sessions @ \$159 / 4 half-day sessions @ \$85 / in the GFS gym with Jennifer Mitteness & Christie Cardinale

838a	Tuesday–Friday	Feb 20–23	8:15 am–3:15 pm
838b	Tuesday–Friday	Feb 20–23	8:15 am–11:30 am
838c	Tuesday–Friday	Feb 20–23	12:00 pm–3:15 pm



February School Vacation Camps continued
Tuesday, February 20–Friday, February 23 @ Greens Farms Elementary

Kempo Academy Evolution: Jedi Training Camp
grades K-2, 3-5

Welcome, padawan, to Jedi Training Camp. We hope you are prepared for our Jedi fitness exercises and games. They are designed to strengthen your awareness, agility, and athleticism. But above all, they are designed to help you defeat the Dark Side. Over the four days you are with us, our Jedi guides will teach you to recognize, harness, and use the Force. You'll build your own lightsaber out of futuristic foam collected from the farthest corner of the universe, and your Jedi mentors will teach you the techniques you need to wield it safely and effectively. On Friday, you'll challenge yourself and your command of the Force in our Jedi Agility Trials. The task is difficult, padawan. Do you have what it takes to become a Jedi Knight? Sign up and see what you are capable of in this non-competitive and fun program. Each day's morning and afternoon programs will consist of the same activities. No fighting or contact; all students must submit a waiver form, available in our office and on our website, to Westport Continuing Education prior to the class. Wear comfortable clothes and gym shoes.

4 full-day sessions @ \$220 / 4 half-day sessions @ \$115 / in the GFS auditorium

290a	Tuesday–Friday	Feb 20–23	8:15 am–3:15 pm
290b	Tuesday–Friday	Feb 20–23	8:15–11:30 am
290c	Tuesday–Friday	Feb 20–23	12:00–3:15 pm

Bricks 4 Kidz® presents
Bat League Heroes & Villains Camp
grades K-3

Enter the Dark City, where a dangerous jokester and other evil villains wreak havoc. Thankfully, Dark City is also home to a hero who emerges each night to fight against these evildoers. Build motorized LEGO® models of the good guy's speedy vehicle and his trusty sidekick's sleek cycle. Keep the bat light on and search for the jokester's motorized low rider as it cruises through the city streets on its mission of mayhem. Toss grappling hooks to the railings on the upper deck of the nearest skyscraper and send Batman and Batgirl swinging to the rescue. Holy action-packed adventure, Batman! This super exciting superhero camp is perfect for fans of Batman—or even fans of his jocular nemesis!

4 full-day sessions @ \$365 / 4 half-day sessions @ \$195 in the GFS Library

933a	Tuesday–Friday	Feb 20–23	8:15 am–3:15 pm
933b	Tuesday–Friday	Feb 20–23	8:15–11:30 am
933c	Tuesday–Friday	Feb 20–23	12:00–3:15 pm

CompuChild presents
WIX Website Development Camp
grades 4-5

You don't need to know complex computer coding in order to build your very own website; with WIX, it's as easy as drag and drop. So drop what you're doing and sign up to learn how to develop dazzling websites using WIX's wicked cool web templates and ingenious editing tools. Create fun, interactive websites, including embedded art, photos, music, or videos, quickly and effortlessly. Design one for your genius business idea (here's ours: cookie scoops—like tortilla chip scoops, but for cookies and milk!), or make one for your art, your band, or your collection of Pokemon cards.

4 half-day sessions @ \$255 / in the GFS Computer Lab 621 Tuesday–Friday Feb 20–23 8:15–11:30 am



April School Vacation Camps

Monday, April 9–Friday, April 13

All kinds of programs for all kinds of kids. **Drop-off begins at 8:00 am at GFS, so you can get started on *your* day sooner. See below for Kempo Warriors location and drop-off and pick-up times. Bring a drink, a nut-free snack and/or a nut-free lunch, if you're staying all day.**

Sports & Fun Adventures Camp

grades K–5

Bored by board games? Tired of TV? Join us for a camp that’s all about physical fun... just for the heck of it. Because—admit it—you might not miss math class, but you definitely miss gym! Sports & Fun Adventures features age-appropriate activities in a safe setting. Put down that deck of cards, shove Monopoly back in the closet, and join us for rollerblading, pro ball, pirates’ gold, sink the ship, crossover, pinball, basketball, wiffle ball, team handball, tag games, scooters, volleyball, badminton, floor hockey, and much more. Rollerblading offered for grades 3–5 only.

5 full-day sessions @ \$199 / 5 half-day sessions @ \$105 / in the GFS gym with Christopher Scholz

838d	Monday–Friday	Apr 9–13	8:15 am–3:15 pm
838e	Monday–Friday	Apr 9–13	8:15 am–11:30 am
838f	Monday–Friday	Apr 9–13	12:00 pm–3:15 pm

Bricks 4 Kidz® presents Remote Control Mania Camp

grades K–3

Making it move is the name of the game in this exciting camp for kids who love robots... and who doesn’t love robots? Learn the basic working principles of many of the ingenious devices that are part of our everyday lives, using LEGO® components to create dynamic vehicles, inventions, and machines. Then watch your creations come to life using LEGO® wireless remote controls. If you’re a budding builder or a future engineer, this is where you want to spend your vacation.

5 full-day sessions @ \$459 / 5 half-day sessions @ \$240 in the GFS Library

927a	Monday–Friday	Apr 9–13	8:15 am–3:15 pm
927b	Monday–Friday	Apr 9–13	8:15–11:30 am
927c	Monday–Friday	Apr 9–13	12:00–3:15 pm

Kempo Warrior Obstacle Course

grades K–2, 3–5

Inspired by the popular television series, American Ninja Warrior, our very own, Kempo Warrior camp is designed to test your fitness, your motor skills, and your perseverance. Aspiring warriors of all ages will find themselves (safely) challenged by our obstacle course. Whether you’re climbing, crawling, clambering, balancing, bouncing, dodging or ducking, you’ll soon discover your inner superhero. We’ll set up several variations of the course throughout the day and intersperse course-running with other games—because even ninjas need a break! Sign up and see what you are capable of in this non-competitive and fun program. Open to everyone, from nimble ninjas to hesitant heroes. No fighting or contact; all students must submit a waiver form, available in our office and on our website, to Westport Continuing Education prior to the class. Wear comfortable clothes and gym shoes.

5 full-day sessions @ \$275 / 5 half-day sessions @ \$140 / held at Kempo Academy, 374 Post Road, entrance in back

291a	Monday–Friday	Apr 9–13	8:15 am–3:15 pm
291b	Monday–Friday	Apr 9–13	8:15–11:30 am
291c	Monday–Friday	Apr 9–13	12:00–3:15 pm

CompuChild presents Engineering to Reverse Engineering Camp

grades 4–5

For all you tinkerers, you dismantlers and you curious constructors, spend your vacation with us, building and taking apart, taking apart and building. Work with your friends to build robots out of LEGO® bricks from the NXT/EV3 series, add motors and sensors, program them, then use reverse engineering to try to complete a series of open-ended challenges. You’ll learn about mechanical and software design, loops, and conditional statements. Contemplate, deliberate, investigate, fabricate, and celebrate your success as an engineer... or a 1æ9nignø!

5 half-day sessions @ \$320 / in the GFS Computer Lab

622	Monday–Friday	Apr 9–13	8:15–11:30 am
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Elementary School

Arts + Music

Art Exploration presents Upcycle Fun grades K–3

What’s old is new again in this class for aspiring eco-artists. We’ll teach you to reduce, reuse, and repurpose everyday materials like paper, cardboard, aluminum, and plastic. You’ll learn to creatively combine these recyclables with traditional art materials to make upcycled art... and upend your idea of what art is. Explore all your favorite techniques: Draw, sculpt, spatter. Cut, paste, collage. Mix, match, and make the world a more beautiful place! Artmaking is never the same twice; returning students are welcome. Non-refundable materials fee of \$10 included.

8 sessions / \$139

CES Art Rm. 19 472a	Mondays	Jan 29–Mar 26
	3:20–4:35 pm	no class Feb 19

6 sessions / \$105

CES Art Rm. 19 472b	Mondays	Apr 16–May 21
	3:20–4:35 pm	

Jennifer Pagan has a BFA in printmaking and illustration. She has worked at the Aldrich Contemporary Art Museum and most recently at Westport’s own Stepping Stones Preschool. When she’s not working, she can be found crocheting impossible projects she finds scrolling through Pinterest.

The Westport Arts Center presents Mathematical Art

grades 1–5

Art is as old as humanity itself. Mathematics is nearly as old, and it isn’t just for mathematicians: math has been used by artists, from the ancient Greeks to today’s digital virtuosos, to create orderly shapes and lines, determine pleasing proportions, and simulate visual depth and three-dimensionality. Join the Westport Arts Center and explore the relationship between arithmetic and art. Work on projects that explore the parabolic curve, pattern, symmetry, and more. Use math to create incredibly intricate designs and discover a new way of looking at art. With a new project every week, this class will prove that there’s a little mathematician in all of us... even the artists! Comfortable clothing that can get a little messy is recommended. [Taught by a Westport Arts Center educator]

8 sessions / \$280 + 6 sessions / \$210

LLS Art Rm. 6 702a	8 Mondays	Jan 29–Mar 26
	3:20–4:50 pm	no class Feb 19

LLS Art Rm. 6 702b	6 Mondays	Apr 16–May 21
	3:20–4:50 pm	
KHS Art Rm. 108 702c	8 Tuesdays	Jan 30–Mar 27
	3:20–4:50 pm	no class Feb 20
KHS Art Rm. 108 702d	6 Tuesdays	Apr 17–May 22
	3:20–4:50 pm	
GFS Art Rm. 130 702e	8 Wednesdays	Jan 24–Mar 28
	3:20–4:50 pm	no class Feb 21, Mar 21
GFS Art Rm. 130 702f	6 Wednesdays	Apr 18–May 23
	3:20–4:50 pm	
SES Art Rm. 126 702g	8 Thursdays	Jan 25–Mar 29
	2:50–4:20 pm	no class Feb 22, Mar 22
SES Art Rm. 126 702h	6 Thursdays	Apr 19–May 24
	2:50–4:20 pm	

The Pen★Stars Creativity Club

grades K–4

Join the Pen★Stars Creativity Club, an enrichment program where learning meets creativity. In our low-tech environment, children are encouraged to connect with their true selves and discover their talents. We incorporate music, drama, art, and brain-stimulating games and activities in order to foster our Pen★Stars’ unique gifts and enhance their creative, writing (including spelling and vocabulary), presentation, and public speaking skills in a fun and innovative way. Our hands-on activities are designed with children’s needs, interests, and skill levels in mind; we know that every child is unique, and we think their experiences should be too. On the last day, parents are invited to attend a showcase of our Pen★Stars’ work. Stories created by children may be featured in The Pen★Stars Series, an interactive book series created by children, for children.

8 sessions / \$240

SES 181 342a	Tuesdays	Jan 30–Mar 27
	2:50–3:50 pm	no class Feb 20

LLS Art Rm. 6 342b	Wednesdays	Jan 31–Apr 4
	3:20–4:20 pm	no class Feb 21, Mar 21

GFS Art Rm. 130 342c	Fridays	Jan 26–Apr 20
	3:20–4:20 pm	no class Feb 16, 23, Mar 23, 30, Apr 13

The Pen★Stars Series’ mission is to leverage children’s creative and literacy skills to help them achieve their full potential. It is the brainchild of two sisters, who teamed up to create a platform where kids can create and post their own stories. Pen★Stars runs afterschool programs around Fairfield County. Visit www.thepenstars.com.

Turn the page for Cooking

Cooking

Nouveau Nutrition presents Super Snacks for After School or Anytime grades 1–3

Afterschool snack has always been the most delicious part of any day. Now, make it the healthiest too, with this class designed to help your little eater practice culinary independence and learn to make better food choices. Make noshing more nutritious with recipes like inside-out cucumber sandwiches, guacamole and pita chips, orange dip with fruit, and chocolate brownie energy bites. We'll learn how planning and preparing ahead of time can help beat the munchies, we'll practice measuring, mixing, stirring, and scooping, and finally, we'll enjoy the fruits (and vegetables) of our labor together. All the recipes are quick, easy, and recreatable at home, after school or anytime! Non-refundable materials fee of \$30 included.

6 sessions / \$120		
KHS Cafeteria 560a	Wednesdays 3:20–4:20 pm	Jan 31–Mar 14 no class Feb 21
KHS Cafeteria 560b	Wednesdays 3:20–4:20 pm	Apr 18–May 23
CES Art Rm. 19 560c	Thursdays 3:20–4:20 pm	Feb 1–Mar 15 no class Feb 22
CES Art Rm. 19 560d	Thursdays 3:20–4:20 pm	Apr 19–May 24
SES Cafeteria 560e	Fridays 2:50–3:50 pm	Jan 26–Mar 16 no class Feb 16 & 23
SES Cafeteria 560f	Fridays 2:50–3:50 pm	Apr 27–Jun 1

Kira Pantschenko is a nutrition expert and the founder of Nouveau Nutrition. She believes that if you give children a healthy meal, you feed them for a day; if you teach children how to make healthy meals, they will eat well for a lifetime. Visit www.nn4kids.com.

Fork, Knife, Spoon Cooking presents Valentine's Day Edible Houses grades K–5

What better time to make sweets for the sweet? Join Fork, Knife, Spoon Cooking and bedeck a sweetheart house with Valentine's Day themed decorations and goodies. Houses will be wrapped in cello paper for transport home. Non-refundable materials fee of \$5 included.

1 session / \$40		
KHS Cafeteria 550a	Monday 3:20–4:35 pm	Feb 5 storm date Feb 12

LLS Cafeteria 550b	Tuesday 3:20–4:35 pm	Feb 6 storm date Feb 13
GFS Auditorium 550c	Wednesday 3:20–4:35 pm	Jan 31 storm date Feb 7
SES Cafeteria 550d	Thursday 2:50–4:05 pm	Feb 1 storm date Feb 8
CES Art Rm 19 550e	Friday 3:20–4:35 pm	Feb 2 storm date Feb 9

Maria and Raz Farinas are chefs and co-owners of Fork, Knife, Spoon Cooking, based in Wilton.

Nouveau Nutrition presents Mother's Day Tarts & Hearts grades K–5

Roses are red / Moms are smart / This year, instead of chocolates / Give her a fruit and cream mini tart! Join us and make a delicious and nutritious tart for mom, or someone else you love to the moon and back. Non-refundable materials fee of \$5 included. [Taught by Kira Pantschenko]

1 session / \$40		
GFS Auditorium 557a	Monday 3:20–4:20 pm	May 7
LLS Art Rm. 6 557b	Tuesday 3:20–4:20 pm	May 8

Fitness + Sports

See Afterschool Tennis for K–5 programs
See our Middle School section for more fitness classes, including CT Juniors Volleyball program (gr. 4 and up)

Kempo Karate: Introduction to Martial Arts grades K–5

The modern world requires far less of the physical aspects of martial arts than at any other time; so why martial arts training? Kempo Karate kids learn self-confidence and self-control. They learn focus, discipline, and perseverance. They learn to follow instructions and how to become leaders. And they bring all those skills back to school. Kempo Karate kids get better grades, and that's one less battle you have to fight. Sign up for classes today and watch your child evolve and grow. All students must submit a waiver form, available on our website, to Westport Continuing Education prior to the first class. Open to students at any belt rank. Wear comfortable clothes and gym shoes.

10 sessions / \$149		
LLS Gym 303a	Mondays 3:20–4:20 pm	Jan 29–Apr 16 no class Feb 19, Apr 9

KHS Gym 303b	Tuesdays 3:20–4:20 pm	Jan 30–Apr 17 no class Feb 20, Apr 10
GFS Gym 303c	Wednesdays 3:20–4:20 pm	Jan 31–Apr 25 no class Feb 21, Mar 21, Apr 11
CES Gym 303d	Thursdays 3:20–4:20 pm	Feb 1–Apr 26 no class Feb 22, Mar 22, Apr 12
SES Gym 303e	Fridays 2:50–3:50 pm	Jan 26–May 4 no class Feb 16, 23, Mar 23, 30, Apr 13

Over the past 20 years, Kempo Academy Evolution has created a highly successful curriculum that teaches both leadership and character building philosophies and traditional martial arts training methods. Visit www.kempoacademyofwestport.com.

World Champion Taekwondo grades K–5

Taekwondo offers physical and mental benefits: increased strength, cardio endurance, and flexibility, plus greater mental focus and a confidence that can expand into all areas of students' lives. World Champion students will not only build and refine their motor skills, but they'll also learn goal setting, respect, and discipline. There is no fighting or contact. Students will receive a free uniform, which can be picked up at WCT in Westport. At the end of the program, students will have the opportunity to take the promotion belt test at WCT (test fee of \$60) to get their yellow belt and a trophy. Returning students who have earned a yellow belt are welcome to return and work toward higher level belts.

10 sessions / \$209		
SES Gym 324a	Mondays 2:50–3:50 pm	Jan 29–Apr 16 no class Feb 19, Apr 9
CES Gym 324b	Tuesdays 3:20–4:20 pm	Jan 30–Apr 17 no class Feb 20, Apr 10
KHS Gym 324c	Wednesdays 3:20–4:20 pm	Jan 31–Apr 25 no class Feb 21, Mar 21, Apr 11
LLS Gym 324d	Fridays 3:20–4:20	Jan 26–May 4 pm no class Feb 16, 23, Mar 23, 30, Apr 13

World Champion Taekwondo is the largest such organization in Connecticut and has provided the finest quality martial arts training for over fifteen years. Visit www.bigkick.com.

Westport AllStars Basketball
Coach Chris Fay, of CT Elite, was named the Nike/Gatorade Phenom National East/West All Star coach in San Diego in 2016 and 2017 and was featured on ESPN. Chris played basketball at Fairfield Prep and Norwalk Community College, where he set the single season scoring record. Widely regarded as a top youth coach, Chris enjoys helping kids realize their basketball dreams, one dribble at a time.

Coach Chris Fay, the Shot Doctor, presents Westport AllStars Basketball Winter Sunday Shootout grades 1–5, 6–9; boys & girls

Learn to shoot the right way! Featuring shooting, ball handling, skills, drills, and games. Take advantage of extra court time, improve all season long, and keep your shot sharp. We play at Saugatuck Elementary School, every Sunday except school holidays, on two full courts with six baskets. Lower hoops for smaller ballers. Prorated registrations welcome; call for prices.

grades 1–5 / 12 sessions / \$175		
SES Gym 348a	Sundays 12:30–1:30 pm	Dec 3–Mar 11 no class Dec 24, 31, Feb 18

grades 6–9 / 12 sessions / \$175		
SES Gym 348b	Sundays 1:30–2:30 pm	Dec 3–Mar 11 no class Dec 24, 31, Feb 18

Coach Chris Fay, the Shot Doctor, presents Westport AllStars Basketball Spring Clinic grades 2–5, 6–12; boys & girls

Learn to play the right way! Tune up your game with shooting guru and ball handling wizard, CT Elite coach Chris Fay, the Shot Doctor. Featuring shooting, skills and drills, scrimmages, defense, strategy and sportsmanship. We play in the main gym at Staples High School. Two full courts, six baskets, with lower hoops for our smaller ballers. Staff includes top area coaches.

grades 2–5 / 16 sessions / \$195		
SHS Gym 322a	Tue & Thu 5:30–6:30 pm	Mar 27–May 24 no class Apr 10 & 12

grades 6–12 / 16 sessions / \$195		
SHS Gym 322b	Tue & Thu 6:30–7:30 pm	Mar 27–May 24 no class Apr 10 & 12

Turn the page for Games

Games

Chess Club grades 1–5

Led by professional instructors from the Chess Club of Fairfield County (CCFC), players new to the game will learn the basic rules, movements and goals of the game. All participants will also study opening strategy, middlegame concepts, classic games by chess legends, and common endgame techniques. CCFC’s curriculum was designed with a focus on developing critical thinking, decision making, and time management skills. Plus, who doesn’t love saying checkmate? Keep learning; returning students welcome for more advanced training.

10 sessions / \$205		
LLS Music Rm. 132 318a	Mondays 3:20–4:20 pm	Jan 22–Apr 2 no class Feb 19
KHS 12 318b	Tuesdays 3:20–4:20 pm	Jan 23–Apr 3 no class Feb 20
SES Cafeteria 318c	Wednesdays 2:50–3:50 pm	Jan 24–Apr 18 no class Feb 21, Mar 21, Apr 11
CES 34 318d	Thursdays 3:20–4:20 pm	Jan 25–Apr 19 no class Feb 22, Mar 22, Apr 12
GFS Library 318e	Fridays 3:20–4:20 pm	Jan 19–Apr 27 no class Feb 16, 23, Mar 23, 30, Apr 13

The Chess Club of Fairfield County is a leading resource for educational and recreational chess services in the region, serving all of Fairfield County. Visit www.fairfieldcountychess.com.

STEM

Bricks 4 Kidz® grades K–3

Explore STEM principles and develop problem solving and critical thinking skills as you build structures out of LEGO® bricks, using one-of-a-kind model plans designed by engineers and architects.

Bricks 4 Kidz® presents Gadgets & Gizmos
Build a little moving machine with Bricks 4 Kidz® interactive models and sneak a little learning into your love of LEGOs®. From a spinning top to a spin art device, the contraptions you create will be super fun to play with, but they'll also teach you about probability, friction, and symmetry. So stop spinning your wheels and join us. We'll teach you how to turn a pile of LEGOs into a bunch of diminutive and delightful doohickies.

8 sessions / \$215		
CES 15 907a	Mondays 3:20–5:00 pm	Jan 29–Mar 26 no class Feb 19
LLS Art Rm. 6 907b	Thursdays 3:20–5:00 pm	Feb 1–Apr 5 no class Feb 22, Mar 22
KHS Art Rm. 108 907c	Fridays 3:20–5:00 pm	Jan 26–Apr 20 no class Feb 16, 23, Mar 23, 30, Apr 13

Bricks 4 Kidz® presents Galaxy Far Away
Join us on an adventure in space! Build the Redstone Rocket and blast through the atmosphere into a realm that is truly out of this world. Travel back in time and recreate NASA's Gemini Capsule (except much, much smaller). Trust your aeronautical skills to construct a spacecraft that will bring you back to Earth safely. We'll build motorized models that represent spacecraft from your popular space movie. Come experience this stellar journey to a galaxy far away.

6 sessions / \$160		
CES 15 924a	Mondays 3:20–5:00 pm	Apr 16–May 21
LLS Art Rm. 6 924b	Thursdays 3:20–5:00 pm	Apr 26–May 31
KHS Art Rm. 108 924c	Fridays 3:20–5:00 pm	May 4–Jun 8

Citizen Invention grades K–2

Citizen Invention aims to foster creative confidence through design thinking and rapid prototyping projects and to empower youth and adults to imagine innovative solutions to everyday problems. Visit www.citizeninvention.com.

Citizen Invention presents Creative Robotics
Kids and robots go together like milk and cookies, like Bert and Ernie, like fun and games! Creative Robotics introduces little engineers to age-appropriate robots, like mBot, Edison, Dot, and Dash, and modular robotics kits such as littleBits. Build and program bots that respond to sound, light, and obstacles. Projects change every session; returning students are welcome. Non-refundable materials fee of \$5 included.

8 sessions / \$205		
GFS Art Rm. 130 607a	Mondays 3:20–4:20 pm	Jan 22–Mar 26 no class Feb 19 & 26
CES 36 607b	Tuesdays 3:20–4:20 pm	Jan 30–Mar 27 no class Feb 20
LLS 125 607c	Wednesdays 3:20–4:20 pm	Jan 31–Apr 4 no class Feb 21, Mar 21
KHS Art Rm. 108 607d	Thursdays 3:20–4:20 pm	Jan 25–Apr 5 no class Feb 15, 22, Mar 22
SES 158 607e	Fridays 2:50–3:50 pm	Jan 26–Apr 20 no class Feb 16, 23, Mar 23, 30, Apr 13

Citizen Invention presents Video Game Design
We can make that video game your kid won't put down more educational by teaching him or her how to move beyond consumer to creator-maker. Go behind the screens and learn to create a playable, tablet-friendly video game. You'll build them from scratch: from background scenery to characters to plot. Along the way, you'll pick up basic programming concepts and discover how ideas go from paper to screen.

7 sessions / \$175		
GFS Art Rm. 130 608a	Mondays 3:20–4:20 pm	Apr 16–Jun 4 no class May 28
CES 36 608b	Tuesdays 3:20–4:20 pm	Apr 17–May 29
LLS 125 608c	Wednesdays 3:20–4:20 pm	Apr 25–Jun 6
KHS Art Rm. 108 608d	Thursdays 3:20–4:20 pm	Apr 26–Jun 7
6 sessions / \$150		
SES 158 608e	Fridays 2:50–3:50 pm	May 4–Jun 8

Mad Science grades 1–4

Mad Science transforms laboratory science into fun, interactive learning experiences for kids.

Mad Science presents Molecular Motion Mysteries
Uncover the secrets behind the forces that keep our world—and everything in it—moving. Meet Sir Isaac Newton and learn his three Laws of Motion. Explore super power sources, turn water into electricity, and assemble a chemical battery that powers up a tiny toy. Construct a catapult and hold onto your hat as you discover how powerful potential energy can be. Get connected with telecommunications, track a cellular user, and discover cities of light formed by fiber optics. Make a robot score a goal or navigate a maze. Dazzle your eyes with colorful chemical experiments. Discover how animals move and see how sea creatures skedaddle. In short, celebrate marvelous, magical, mobile movement.

8 sessions / \$225		
SES 181 915a	Mondays 2:50–3:50 pm	Jan 29–Mar 26 no class Feb 19
GFS Art Rm. 130 915b	Tuesdays 3:20–4:20 pm	Jan 30–Mar 27 no class Feb 20
KHS Art Rm. 108 915c	Wednesdays 3:20–4:20 pm	Jan 31–Apr 4 no class Feb 21, Mar 21
LLS Art Rm. 6 915d	Fridays 3:20–4:20 pm	Jan 26–Apr 20 no class Feb 16, 23, Mar 23, 30, Apr 13
CES 42 915e	Fridays 3:20–4:20 pm	Jan 26–Apr 20 no class Feb 16, 23, Mar 23, 30, Apr 13

Mad Science presents Science Discoveries
Science is all around us, it's just a matter of seeing it. Start in the kitchen by brewing up some bubbly reactions. Then get ready to be blown away by tornadoes, activate underwater volcanoes, and hold your noses as you get hands on with some stinky, gooey bugs. Solve a mystery in the forensics lab and discover how movie makers manufacture those super special effects. Finally, discover the science behind your favorite toys and learn about the five simple machines that helped build the world's most amazing monuments.

6 sessions / \$165		
SES 181 918a	Mondays 2:50–3:50 pm	Apr 16–May 21
GFS Art Rm. 130 918b	Tuesdays 3:20–4:20 pm	Apr 17–May 22
KHS Art Rm. 108 918c	Wednesdays 3:20–4:20 pm	Apr 25–May 30

Turn the page for Mad Science @ LLS & CES + more STEM

Kids Division

LLS Art Rm. 6 918d	Fridays 3:20–4:20 pm	May 4–June 8
CES 42 918e	Fridays 3:20–4:20 pm	May 4–June 8

CompuChild presents
Programming Games & Graphics
grades 3–5

Computer languages like Scratch and Python make computer programming more engaging and accessible. We use them to teach students to think creatively, reason systematically, and work collaboratively. In this class, students will design graphics and develop simple games, like MadLibs and Rock, Paper, Scissors. They'll learn important mathematical and computational concepts as they construct their digital diversions, comparing and contrasting the capabilities of the two programming languages and, ultimately, creating unique games.

8 sessions / \$185		
LLS Computer Lab 623a	Wednesdays 3:20–4:20 pm	Jan 31–Apr 4 no class Feb 21, Mar 21
GFS Computer Lab 623b	Fridays 3:20–4:20 pm	Jan 26–Apr 20 no class Feb 16, 23, Mar 23, 30, Apr 13

With classes that are fun and creative, CompuChild encourages students to develop the skills needed to become tomorrow's innovators and leaders by providing STEAM curriculum that fosters communication, collaboration, and critical thinking.

Coleytown Coders Club
grades 3–5

Curious about coding? Already a crackerjack computer whiz? Either way, this is the afterschool activity for you. Explore the basics of computer science and programming, using freeware and online apps, like Code.org, Scratch, Code Monster, Google Sites, and more. Learn basic coding and create simple game scripts. Discover how websites and video games are created and how they work; then build one yourself. You'll be having fun and playing games. (Tell your mom that the class will strengthen valuable 21st century skills, like problem solving, logical thinking, creative design, planning, writing, and even keyboarding.)

8 sessions / \$115		
CES Computer Lab 941	Tuesdays 3:20–4:20 pm	Jan 30–Mar 27 no class Feb 20

Paul Byrne is an educator, author, and interactive pro. He's developed websites and design content and has written about video game development for kids. He is also a certified teacher with years of experience in elementary classrooms.

Zaniac
grades 3–5

Zaniac's mission is to provide programming so kids can become self-directed, curious scientists, engineers, and designers.

Zaniac presents Game-Based Learning:
Minecraft™ Redstone Lab

If you can't beat them, join them. You probably can't stop your kid from playing one of the world's most popular computer games, so let Zaniac can make it educational. Minecraft™'s Redstone Lab is the online equivalent of a workshop in basic electrical networks, or circuits, but way more fun. Explore inputs, outputs, logic gates, and more, and apply those concepts to solve electrical engineering challenges and create complex machines, like clocks and calculators. Join us for a shockingly good time. No prior experience necessary; returning students welcome.

8 sessions / \$160		
KHS Computer Lab 614a	Mondays 3:20–4:20 pm	Jan 29–Mar 26 no class Feb 19
LLS Comp. Lab 1 614b	Tuesdays 3:20–4:20 pm	Jan 30–Mar 27 no class Feb 20
CES Comp. Lab 17 614c	Wednesdays 3:20–4:20 pm	Jan 31–Apr 4 no class Feb 21, Mar 21
GFS Computer Lab 614d	Thursdays 3:20–4:20 pm	Feb 1–Apr 5 no class Feb 22, Mar 22
SES Comp. Lab 156 614e	Fridays 2:50–3:50 pm	Jan 26–Apr 20 no class Feb 16, 23, Mar 23, 30, Apr 13

Zaniac presents Game Based Learning:
Minecraft™ Robotics

Minecraft™ Robotics puts students in a robot factory, where they can construct their very own Iron Giant. They'll learn the basics of robotics as they build and program robotic solutions to a series of challenges. Along the way, they'll explore simple scientific and engineering concepts, figure out how forces factor in, and test their creations' capacities using the scientific method. No prior experience necessary; returning students welcome.

6 sessions / \$120		
KHS Computer Lab 615a	Mondays 3:20–4:20 pm	Apr 16–May 21
LLS Comp. Lab 1 615b	Tuesdays 3:20–4:20 pm	Apr 17–May 22
CES Comp. Lab 17 615c	Wednesdays 3:20–4:20 pm	Apr 25–May 30
GFS Computer Lab 615d	Thursdays 3:20–4:20 pm	Apr 26–May 31
SES Comp. Lab 156 615e	Fridays 2:50–3:50 pm	May 4–Jun 8

Theater Arts

Magic Club
grades K–5

We can't teach you to make your little sister disappear—that wouldn't be right!—but we can reveal the secrets of the professional magician in this critically acclaimed program. Experience the wonder of magic as you learn the ancient art of prestidigitiation. Improve your presentation, public speaking, and leadership skills, build self-confidence and poise, and develop stage presence. Plus, disappearing coins! Magic scarves! Card tricks! We promise a truly magical experience. Each week, you'll receive tricks and materials to take home with you. Students repeating this class will receive new tricks to take home and, with the wave of a wand, will become magical aides for new students. Non-refundable materials fee of \$5 per week included.

12 sessions / \$225		
LLS Music Rm. 1 841a	Thursdays 3:20–4:20 pm	Feb 1–May 10 no class Feb 22, Mar 22, Apr 12

KHS 25 841b	Mondays 3:20–4:20 pm	Jan 29–Apr 30 no class Feb 19, Apr 9
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Nisan Eventoff, internationally known master magician, has never made his little sister disappear, but he has been known to pull a rabbit out of a hat every now and then.

TheaterCamp 4 Kids! presents
Broadway Acting, Dancing & Singing
grades 2–5

Whether you have a budding Broadway star or a child who is bashful, TheaterCamp 4 Kids! classes offer something for every student. Founded on the belief that make-believe is more than just fun, we provide an innovative, play-based way to learn about theater arts, featuring games, improvisation, movement and dance, hip hop, Broadway songs—from Hamilton and other popular shows—and even stage combat. Scene work, direction and choreography, ensemble pieces and monologues...all these teach kids about the theater, but they also help boost confidence, develop empathy, and enhance teamwork skills. Parents are invited to attend an informal performance on the last day of class. Bring a nut-free snack; class may be held outdoors, weather permitting.

8 sessions / \$110		
SES Auditorium 701a	Mondays 2:50–3:50 pm	Jan 29–Mar 26 no class Feb 19
LLS Music Rm. 1 701b	Wednesdays 3:20–4:20 pm	Jan 31–Apr 4 no class Feb 21, Mar 21

Kids Division

GFS Music Rm. 127 701c	Thursdays 3:20–4:20 pm	Feb 1–Apr 5 no class Feb 22, Mar 22
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6 sessions / \$85		
SES Auditorium 701d	Mondays 2:50–3:50 pm	Apr 16–May 21
LLS Music Rm. 1 701e	Wednesdays 3:20–4:20 pm	Apr 25–May 30
GFS Music Rm. 127 701f	Thursdays 3:20–4:20 pm	Apr 26–May 31

Laura Curley Pendergast graduated from Saint Lawrence University with a BA in theater arts. An actor, singer, dancer, and playwright, her credits range from Brooklyn's BAM Opera House to regional theaters, and she was the managing director of the Off-Broadway Triangle Theater in New York City. Laura is the proud owner of Junior the Wonder Dog, who starred in an Emmy-award winning episode of ABC's Born to Explore.

Lights, Camera, Action!
grades 3–5

Always wanted to direct? Learn how to create your own movies using video cameras and iMovie software. This class will give you the tools you need to create a movie from script to final production, with lessons on lighting, camera angles, sound, and editing. Don't just watch the movie; make the movie. All materials will be provided; enrollment is limited.

8 sessions / \$129		
LLS LMC 663	Thursdays 3:20–4:20 pm	Feb 1–Apr 5 no class Feb 22, Mar 22

Barbara Eilertsen has been teaching for over 25 years. In that time, she has been a classroom teacher, a math teacher, and a technology teacher. Currently the library media specialist at Long Lots, Barbara loves movies. But even more, she loves to watch what children do when you put a camera their hands.

Turn the page for Middle School

Middle School

See page 23 for Afterschool Tennis (6–8) and page 29 for Westport AllStars Basketball

American Red Cross Babysitters Course ages 11 to 15

Be the best babysitter you can be with this class brought to you by the nation’s leading provider of childcare education. You’ll learn the skills you need to be a safe and responsible babysitter: how to care for children and infants, be a good leader and role model, make good decisions, solve problems, and handle injuries, illnesses, and other household emergencies. Earn your Red Cross Babysitters Certification. **Students must be present for entire class time to receive Babysitters Certification; no makeup classes are available.** [Taught by Red Cross-certified teacher, Paula Lacy]

3 sessions / \$155		
SHS 1036 367a	Tuesdays 3:15–5:15 pm	Jan 30–Feb 13
SHS 1036 367b	Tuesdays 3:15–5:15 pm	Mar 13–27
SHS 1036 367c	Tuesdays 3:15–5:15 pm	May 1–15

Body Blast Sports Performance grades 6–8

Led by Rosie Rodriguez, a NASM-certified trainer, Body Blast is a tailored strength and conditioning program for middle school student-athletes who want to prepare for their sport, increase their general fitness level, or continue to build on their fitness routine and sports performance. For all levels of athletes, Body Blast provides a joint-by-joint approach that enables athletes to gain strength, power, mobility, and flexibility, using the athlete's own body weight. The program will also include instruction in foam rollers and balls, a thorough dynamic movement warm-up, speed and agility work, and a conditioning component. All training will be multi-directional and multi-planar. Attain your personal fitness goals and have a blast doing it!

8 Mondays / \$149 / BMS Gym / 3:00–4:00 pm		
985a	Jan 22–Mar 19	no class Feb 19
6 Mondays/ \$115 / BMS Gym / 3:00–4:00 pm		
985b	Apr 16–May 21	
7 Fridays / \$130 / CMS Gym / 3:00–4:00 pm		
985c	Jan 19-Mar 16	no class Feb 16, 23

Crazy Delicious Cooking with Chef Cecily Gans grades 6–8

Don't just lie there like a couch potato... cook up something cool with Chef Gans! Each week, you'll discover another super scrumptious ingredient, another handy technique, another crazy delicious recipe. You'll prepare dishes from start to finish and end the afternoon with a feast. Whether you're a hot mess or a mini master chef, you'll have the opportunity to try new foods, learn new skills, and expand your palate. Impress your friends and family and become the foodie you always wanted to be. Repeat chefs are welcome. A non-refundable fee of \$35 is included. Please note: the classrooms and kitchens where our cooking classes are held are not food allergy free.

4 sessions / \$199		
SHS Room 182 273	Thursdays 3:00–5:00 pm	Mar 1–Apr 5 no class Mar 22, 29

Staples High School’s Chef Cecily Gans has been turning kids into cooks for 19 years. She runs our popular summer Culinary Camps, and she thinks that life is crazy delicious.

Public Speaking grades 6–8

Does the thought of a class presentation make you break out in a cold sweat? Would you rather do almost anything than give a speech? Even though it may fill you with fear, public speaking is an important skill, and it’s one you can master. Do it where you feel comfortable, with teachers you already know. Practice the fundamentals of good public speaking, learn to speak extemporaneously (and what extemporaneously means), and, ultimately, speak in front of a group. This class will use public speaking games, TED Talks, and school projects to make learning to—gulp—speak in front of a crowd fun. Or at least less terrifying.

4 sessions / \$139		
BMS 212 672	Wednesdays 3:00–4:30 pm	Apr 4–May 2 no class Apr 11

Courtney Ruggiero is an 8th grade teacher at Bedford Middle School and the 2018 Westport Teacher of the Year. She co-taught a TED Talks workshop through the Connecticut Writing Project at Fairfield University, and she’s excited to bring her experience back to Westport. If you ask nicely, she’ll stand up and recite a poem. She isn’t afraid of public speaking... anymore.

CT Juniors Volleyball for Girls grades 4–12

CT Juniors Volleyball is one of the most respected volleyball development programs in the East. Founded by Tyson Krause, an internationally certified coach and 2003 inductee into the Connecticut High School Volleyball Hall of Fame, CT Juniors is modeled after the most successful California juniors programs—designed to build skills, committed to coaches, players, and parents, and structured to enable players to form friendships, prepare for high school play, and become leaders, both on and off the court. For information about payment plans, visit www.ctjuniorsvolleyball.com.

Extra Effort: Level 1 grades 4–6

Lower net program focused on fun, fundamentals, and basic skills: passing, serving, setting, approach, arm swing, rotation and rules. No previous experience necessary.

7 sessions / please check our website for pricing		
SHS Fieldhouse 254	Sundays 5:00–6:30 pm	Apr 22–Jun 10 no class June 3

Extra Effort: Level 2 grades 6–8; 6th graders must have completed at least one previous CT Juniors program

Women’s regulation height net program focused on advancing skills, including: serve receive, offensive and defensive positions, digging, blocking, approach-jump-hit, emergency drills, and combination movements.

7 sessions / please check our website for pricing		
SHS Fieldhouse 255	Sundays 5:00–7:00 pm	Apr 22–Jun 10 no class June 3

Spring Volleyball Program grades 7–12

A series of five clinics, each covering a different aspect of the game, plus, a sixth day of game play! This program is not for beginners. Eighth graders are expected to have prior experience before signing up; 7th graders must have participated in the CT Juniors 2017 Winter Program in order to participate in the Spring Volleyball Program.

6 sessions / please check our website for pricing		
SHS Fieldhouse 256	Sundays 5:00–7:30 pm	Apr 22–May 27

Rocketry grades 6–8

It’s not rocket science... Wait. It *is* rocket science. This long-running afterschool class brings rocket building to Bedford, complete with a countdown and launch. Join model rocket enthusiast Lou Kitchner as you construct a rocket from a kit, add your own unique touches, and then launch it hundreds of feet into the sky. Along the way, you’ll learn about flight and motion, thrust and acceleration. And you’ll use and sharpen your scientific process skills, like reading and following directions and diagrams, observing and evaluating, predicting, and problem solving. Always wanted to go to space? Problem solved.

6 sessions / \$140		
BMS 272 449a	Tuesdays 3:00–4:30 pm	Feb 27–Apr 17 no class Mar 6, Apr 10
BMS 272 449b	Fridays 3:00–4:30 pm	Mar 2–Apr 27 no class Mar 16, 30, Apr 13

For many happy and jet-fueled summers, Lou Kitchner has run the rocketry program at Renbrook Summer Adventures, and he continues to be an active member of the National Association of Rocketry. A Grammy-nominated Westport music teacher, Lou likes to whistle as he works on his rockets.

High School

See previous column for CT Juniors Volleyball Winter Program and page 29 for Westport AllStars Basketball

Fencing grades 9–12

Featured in the first Olympics of the modern era, in Athens in 1896, and an event at every Summer Games since, fencing is among the most graceful of all sports, requiring both agility and endurance. Practiced regularly, it develops strength, flexibility, coordination, and aerobic capacity. It is also challenging and fun. This new class, led by Olympic gold medalist Gayla Pundyk, is designed for both beginners and fencers who want to work on their form. Let this be your introduction to the fundamental skills, techniques, and tactics of fencing through games and exercises, or join us to continue improving your fencing skills.

8 sessions / \$160		
SHS Gym 997	Tuesdays 7:30-8:30 pm	Mar 27-May 22 no class Apr 10

Galya Pundyk won an Olympic gold medal in sabre fencing, in Beijing in 2008. A member of the Ukrainian National Fencing Team for 16 years, she is the assistant fencing coach at Yale University. The sport took her all around the globe, and now, she loves to travel almost as much as she loves teaching fencing.

Turn the page for more High School

PSAT 10
Staples High School sophomores only

Take a timed PSAT 10, administered according to official College Board guidelines and scored by the College Board (collegeboard.org). Designed especially for sophomores, the PSAT 10 is a practice exam for the PSAT/NMSQT, the official grade 11 PSAT, and the SAT. The test features SAT question types and the same content areas in Evidence Based-Reading and Writing and Mathematics. **Sophomores who register for this PSAT 10 exam should have completed or concurrently be enrolled in Geometry. Bring No. 2 pencils; mechanical pencils not allowed. \$15 College Board scoring fee included. Enrollment is limited; early registration encouraged. Registration ends February 27. No refunds; storm date March 17. Check-in in the SHS Lobby.**

951 / Mar 10, 2018 / 7:30–11:30 am / \$55

ACT® Prep Classes

Prepare for the ACT® with test-taking strategies, concept review, and the fundamentals. These classes cover the Math, English, Reading, Writing, and Science sections of the ACT®. Take only the review class you need, or take them all. Build your confidence and improve your scores. Please see our website for which review book to purchase prior to the start of class.

Prepare for April 14 test
5 sessions / \$175
SHS 2030 English & Writing [taught by Paul Zajac]
311a Tuesdays Feb 27–Mar 27 2:30–5:00 pm

5 sessions / \$175
SHS 2030 Math [taught by Brian Smith]
311b Thursdays Feb 15–Mar 29 6:15–8:45 pm
no class Feb 22, Mar 1

2 sessions / \$75
SHS 2030 Science [taught by John Killian]
311c 2 Wednesdays Mar 21, 28 6:15–8:30 pm

Refunds & Cancellations

If we cancel a class, all tuition will be refunded. There are no refunds or credits for withdrawal from single-session classes or workshops. Registration fee is non-refundable. Withdrawal requests must be submitted in writing and must be received via email, fax, or mail at least 2 weeks prior to the start of class; your tuition will be refunded less a \$35 per class cancellation fee. **No re-funds or credits will be given for withdrawals in the 2 weeks preceding the start of class or thereafter.**

SAT® Prep: Critical Reading / Writing

Learn test-taking strategies, review fundamentals in reading comprehension, sentence completion, and essay writing. Teaching strategies include large group instruction, practice exams, and individual student instruction. Increase your vocabulary, learn to become a better writer, and improve your SAT® scores. Please see our website for which review book to purchase prior to the start of class. [Taught by Paul Zajac]

Prepare for March 21 test
[this is the CT Dept. of Education test, given at SHS during the school day]
5 sessions / \$175
SHS 2032 Tue & Wed Jan 30, Feb 6, 14, 28, Mar 7
309a 2:30–5:00 pm

Prepare for June 2 test
5 sessions / \$175
SHS 2032 Wednesdays Apr 18–May 16
309b 2:30–5:00 pm

SAT® Prep: Math

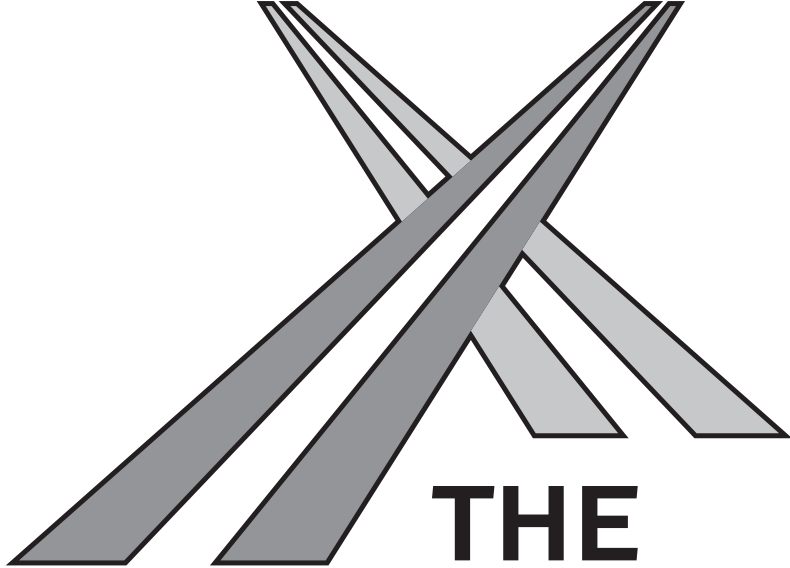
Learn test-taking strategies, review fundamentals in arithmetic, algebra, geometry, and basic trigonometry concepts. Teaching strategies include large group instruction, practice exams, and individual student instruction. Build up your confidence and improve your SAT® scores. It is recommended that students registering for this class have taken or be currently enrolled in Algebra 2. See our website for which review book to purchase prior to the start of class. [Taught by Brian Smith]

Prepare for March 21 test
[this is the CT Dept. of Education test, given at SHS during the school day]
5 sessions / \$175
SHS 2032 Mondays Jan 22–Mar 5
309c 6:15–8:45 pm no class Feb 19 & 26

Prepare for June 2 test
5 sessions / \$175
SHS 2032 Mon & Thu Apr 16, 30, May 3, 7, 14
309d 6:15–8:45 pm

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Take afternoon classes at Staples High School starting this January;
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thenextstreet.com/staples

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- Cooking Camps
- Film Camps
- Sports Camps
- STEAM Camps
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For any holiday, birthday, or other special occasion, consider giving the gift of learning at Westport Continuing Education. Call (203) 341-1209 for information about gift certificates.

Westport Continuing Education : Winter / Spring 2018

Today's Date

Name

Street Address City State Zip

Home Phone Work Phone Cell Phone

Email Address

Registrants in grades K-12, please complete this section.

Grade Date of Birth School

Names of Parents / Guardians

Emergency Contact Name Phone Relationship to Child

Please list: Health Problems Allergies Medications

Child's Doctor's Name Phone Number

Course No.	Title	Start Date	No. of Sessions	Time	Location	Fee
Westport senior (62 or older) <input type="checkbox"/>		Registration fee: \$10 / \$5 for Westport seniors				
					Total	

Registration fees do not apply to one-session courses. There is no registration fee for online registrations.

Payment Type: ☐ MasterCard ☐ VISA ☐ Check payable to Westport Continuing Education

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Name on Card Billing Address (if different than mailing address)

Refund Policy: see the inside back cover of our catalog or check our website.

Mail WCE, 70 North Avenue, Westport CT 06880 / Drop off Staples High School, Room 1040

Palermo

Billy Collins, **Horoscopes for the Dead**, Random House, 2011

It was foolish of us to leave our room.
The empty plaza was shimmering.
The clock looked ready to melt.
The heat was a mallet striking a ball
and sending it bouncing into the nettles of summer.
Even the bees had knocked off for the day.
The only thing moving besides us
(and we had since stopped under an awning)
was a squirrel who was darting this way and that
as if he were having second thoughts
about crossing the street,
his head and tail twitching with indecision.
You were looking in a shop window
but I was watching the squirrel
who now rose up on his hind legs,
and after pausing to look in all directions,
began to sing in a beautiful voice
a melancholy aria about life and death,
his forepaws clutched against his chest,
his face full of longing and hope,
as the sun beat down
on the roofs and awnings of the city,
and the earth continued to turn
and hold in position the moon
which would appear later that night
as we sat in a café
and I stood up on the table
with the encouragement of the owner
and sang for you and the others
the song the squirrel had taught me how to sing.

Westport Continuing Education

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Continuing Education Cancellation Policy

If we cancel a class, all tuition will be refunded • There are no refunds or credits for withdrawal from single-session classes or workshops • Registration fee is non-refundable • Withdrawal requests must be submitted in writing and must be received via email, fax, or mail at least 2 weeks prior to the start of class. Your tuition will be refunded less a \$35 per class cancellation fee • No refunds or credits will be given for withdrawals in the 2 weeks preceding the start of class or thereafter.

Continuing Education Photograph & Video Policy

Westport Continuing Education may be contacted by the media to feature or publicize an achievement or activity by a student or group of students. Students may be photographed or televised as part of these activities. Their names, schools, and grades may also be used. Students' names and photos may also be used in school system publications, such as catalogs, newsletters, school or grade-level videos, etc. Students' photos (without identification) also may be used on Continuing Education or school web pages. A teacher may videotape a class for personal professional development, an educational article, or other professional activities. Adult students and parents who do not want their child/children to participate in such media or publicity should inform the teacher that they or those children are not to be photographed.

Access for People With Disabilities

Individuals requiring accommodations to attend one of our programs are requested to contact the director of Westport Continuing Education at (203) 341-1209 or at conted@westportps.org.

Affirmative Action Policy Statement

Westport Continuing Education does not discriminate on the basis of ethnicity, race, color, age, marital status, gender, disability, sexual orientation, religion, mental or physical disability, or any other legally recognized protected status in any of its employment practices, school activities, or educational programs.

Inclement Weather & Other School Closings

Mornings

In the event that Westport Public Schools are closed for inclement weather or another emergency, or if there is an early dismissal, WCE classes will be automatically canceled.

All class cancellations will be announced on our website, www.westportcontinuinged.com.

For up-to-the-minute information about school closings and early dismissals, please tune your radio to the following local stations:

WEBC 107.9 FM
Star 99.9 FM
WICC 600 AM
News 12 CT
WTNH TV Channel 8
WFSB TV Channel 3
WNBC TV Channel 4
NBC Channel 30

Afternoons

If inclement weather starts in the afternoon, and you are uncertain about whether classes will be held, please check your email for a message from our office. If you do not see an email, please call our office at (203) 341-1209, or check the WCE website:

westportcontinuinged.com

Check our website...

... for additional classes and programs that may have been added after the catalog was printed:

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Winter/Spring 2018

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