

# WESTPORT

## CONTINUING EDUCATION

~ Classes For Children & Adults ~

*Let yourself grow!*



WINTER \* 2011 \* SPRING



**Westport Continuing Education**  
Serving you for over 50 years  
Staples High School • Room 1040  
70 North Avenue  
Westport, CT 06880

## ADULTS AND KIDS K-12

### WELCOME!

Residents and non-residents are welcome to register for our programs.

### REGISTRATION PROCEDURES

#### GENERAL INFORMATION

#### POLICIES:

See inside back cover.

**OFFICE PHONE:** 203•341•1209

#### EMAIL ADDRESS:

conted@westport.k12.ct.us

**FAX:** 203•341•1218

#### WEBSITE:

www.westportcontinuinged.com

### BARBARA C. PITCHER, DIRECTOR OF ADULT AND CONTINUING EDUCATION

#### Staff

Joanne Samela

Sheila Gallanty

Caren Kemp

Phyllis Ward,

*Evening Secretary*

Melanie McNamara,

*Mandated Performance Facilitator*

### WESTPORT PUBLIC SCHOOLS DR. ELLIOTT LANDON, SUPERINTENDENT

### BOARD OF EDUCATION

Donald O'Day, Chairman

James Marpe, Vice-Chairman

Faith Taylor, Secretary

Sandy DeFelice

Mark Mathias

Michael McGovern

Elaine Whitney

### Watch for all of our CATALOGS!

- Summer – in March
- Fall – in August
- Winter/Spring – in December

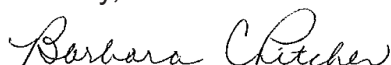
Dear Neighbor:

As I have traveled around our “Special Town of Westport,” I have enjoyed a warm welcome from everyone I have met. It is a pleasure to serve as the new Director of Continuing Education. I have been working in continuing education and summer school for both children and adults for over 30 years and look forward to meeting the needs of the Westport community. I am excited about the broad range of opportunities in which everyone can participate.

My vision for Westport Continuing Education is to strive to provide everyone with quality experiences that will be challenging and enriching as well as relaxing. I am especially proud of our dedicated staff who provide the knowledge and enthusiasm for our students to experience the power of life long learning and personal growth.

I hope that you will use this catalog as handy reference over the next few months. Please let me know if I can do anything to enhance your time with us. We look forward to your participation. Until next time....

Cordially,



Barbara C. Pitcher, Director



## CLASS LOCATIONS

<b>SHS</b>	Staples High School, 70 North Avenue
<b>BMS</b>	Bedford Middle School, 88 North Avenue
<b>CMS</b>	Coleytown Middle School, 255 North Avenue
<b>CES</b>	Coleytown Elementary School, 65 Easton Road
<b>GFS</b>	Greens Farms Elementary School, 17 Morningside Drive South
<b>KHS</b>	King's Highway Elementary School, 125 Post Road West
<b>LLS</b>	Long Lots Elementary School, 13 Hyde Lane
<b>SES</b>	Saugatuck Elementary School, 170 Riverside Avenue
<b>UMC</b>	United Methodist Church, 49 Weston Road
<b>SC</b>	Westport Center for Senior Activities, 21 Imperial Avenue
<b>CS</b>	1 Canal Street (Westport Public Schools - Facilities Dept.)
<b>WL</b>	Wilton Library, 137 Old Ridgefield Road, Wilton, CT

**REGISTER ONLINE! • [www.westportcontinuinged.com](http://www.westportcontinuinged.com)**





# Welcome to Our Winter/Spring 2011 Catalog!

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# **Adult Basic Education (ABE) General Education Development (GED) English for Speakers of Other Languages (ESL) American Citizenship**

## WHO IS ELIGIBLE:

In order to enroll in ABE, GED, ESL and American Citizenship, you must be a:

- resident of Westport, Weston or Wilton OR
- town employee of Westport, Weston or Wilton OR
- live-in employee (e.g., au pair or caretaker) of a resident of Westport, Weston or Wilton.

If a person works in Westport, Weston or Wilton and does not fall under the categories listed above, **they will not be eligible to register** for the mandated programs.

## PROCEDURE:

**You must register in-person for ABE, GED, ESL and American Citizenship.**

**Registration and placement assessment testing will be administered to students to determine appropriate class level on the following dates at the locations indicated:**

### Dates, times and locations:

Tuesday • January 18	6:30-8:30 pm at Staples High School
Wednesday • January 19	6:30-8:30 pm at Staples High School
Monday • January 24	6:30-8:30 pm at Staples High School (SNOW DATE)
Wednesday • January 19	9:30-11:00 am at Wilton Library
Thursday • January 20	9:30-11:00 am at United Methodist Church

- Each registrant must provide proof of age (birth certificate, passport, or CT ID)
- Residents of Westport, Weston or Wilton must submit proof of residency as evidenced by the following:

### Owner:

- Copy of the deed, mortgage, or sales contract
- Current driver's license or Passport
- Two current utility bills (gas, electric, oil or cable)

### Tenant:

- Copy of lease or rental agreement
- Current driver's license or passport
- Two current utility bills (gas, electric, oil or cable)

- Town employees of Westport, Weston or Wilton must submit:

- Copy of most recent payroll stub

- Live-in employees (e.g. nanny, caretaker) in Westport, Weston, or Wilton:

- Must be accompanied by their employer at registration
- Employer will need to show proof of residency listed above
- Employer will need to sign an affidavit stating this individual works for them.

- Adult Basic Education and GED registrants under 18 years of age must also provide proof of withdrawal from their previous high school.

**ABE, GED, American Citizenship and ESL classes are free to eligible students.**

## Adult Basic Education (ABE)

### Adult Basic Education (ABE)

#### Basic Skills ~ English and Math

This course is for adults who want to learn basic reading, writing and math skills. You will improve your life skills and can prepare to enter a high school completion program such as GED preparation classes. Eligible persons (based on the residency tests set out above) may enroll at any time during the semester.

**English – Monday and Wednesday (begin Wed • Jan 26)**  
**6:30-8:00 pm**  
**Staples High School Room 1049**

**Math – Tuesday and Thursday (begin Thurs • Jan 27)**  
**6:30-8:00 pm**  
**Staples High School Room 1049**



## General Education Development (GED)

### General Education Development (GED) Classes

This program prepares students to pass the 5-part exam to earn a State of Connecticut diploma. Students receive necessary instruction in each subject area and can sign-up to take the practice GED tests.

**English – Monday and Wednesday (begin Wed • Jan 26)**  
8:00-9:30 pm  
Staples High School Room 1049

**Math – Tuesday and Thursday (begin Thurs • Jan 27)**  
8:00-9:30 pm  
Staples High School Room 1049

**Social Studies – Tuesday (begin Tues • Feb 1)**  
6:30-8:00 pm  
Staples High School Room 1055

**Science – Thursday (begin Thurs • Jan 27)**  
6:30-8:00 pm  
Staples High School Room 1055

## English Classes

### English for Speakers of Other Languages (ESL):

Three levels of instruction are offered -- placement is determined by English proficiency level testing done at the time of registration.

**Evening Classes** ~ Beginner, Intermediate and Advanced  
Staples High School - Monday and Thursday (begin Thurs • Jan 27) from 7:15-9:15 pm

- Beginner – Room 1051
- Intermediate – Room 1052
- Advanced – Room 1054

**Daytime Classes** ~ Intermediate/Advanced  
Wilton Library - Monday and Wednesday (begin Wed • Jan 26) from 9:30-11:30 am - Classroom 2nd Floor

United Methodist Church - Tuesday and Thursday (begin Tue • Jan 25) from 9:30-11:30 am - Room 23

### GED Test Accommodations/Transcript

Accommodations on the GED test are available for qualified individuals with a disability. For more information, contact Ajit Gopalakrishnan, Connecticut State Department of Education, Bureau of Career and Adult Education at (860) 807-2110/2111 or email at [ajit.gopalakrishnan@ct.gov](mailto:ajit.gopalakrishnan@ct.gov).

Students who would like a copy of their transcript must submit a transcript request form to :

Ajit Gopalakrishnan  
Connecticut Department of Education  
Bureau of Career and Adult Education  
25 Industrial Park Road  
Middletown, CT 06457

### GED Test

To register for the GED exam, students must be 17 years old and officially withdrawn from school for 6 months or their 9th grade class must have graduated.

The GED exam is given monthly at locations throughout the state. Staples High School is NOT a test site but students can register for the exam through Westport Continuing Education. You must apply in person at least 6 weeks prior to the desired test dates. Be sure to bring a photo ID. Applicants who are 21 years of age or older and not a veteran must pay an initial fee of \$13 to take the test. The fee to retake or reapply for the test is also \$13. These fees include the cost of the diploma. Applicants under the age of 21 and veterans who have served at least 181 days of active duty at the time of registration are exempt from fees. All fees are non-refundable and must be paid at the time of registration. Fees must be paid in money order or bank check payable to Westport Continuing Education.

## American Citizenship

This course prepares a person to become a citizen of the United States. It includes information about the history and government of the United States, and information regarding immigration and naturalization procedures.

**8 Sessions**      **March 1- April 26\***      **SHS Room 2028**  
**Tuesday**      **8:00-9:30 pm**  
**\*no class Apr 19**



## Accessibility and Accommodation

Those needing assistance to gain access to classrooms or any part of our facilities should contact Barbara C. Pitcher, Director of Adult and Continuing Education at 203•341•1206 prior to the event so the necessary accommodations may be provided. The adult education program is committed to making our course offerings accessible. We will work with individuals to support their special needs. Individuals with a disability who require an accommodation in order to participate in any class, program or activity, should contact Westport Continuing Education.

Westport Continuing Education does not discriminate on the basis of race, color, national origin, gender, age, sexual orientation or disability/handicap in admission or access to or treatment of employment in its program or activities.

This notice is provided as required by Title II of the American with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. Please be advised that questions,

complaints, or requests for additional information regarding the ADA and Section 504 should be made in writing to the following:

Regarding Facilities –

Nancy J. Harris, Assistant Superintendent for Business  
203•341•1001

Regarding Programs –

Cynthia Gilchrest, Director of Pupil Services  
203•341•1253

Regarding Employment and Title IX –

Marjorie Cion, Director of Human Resources  
203•341•1004

Any person having a complaint under the ADA should contact Barbara C. Pitcher, Director of Adult and Continuing Education, 203•341•1206, or one of the coordinators listed above, in compliance with Board of Education policy.

## BUS TRIPS



### **#102 Intrepid Sea, Air & Space Museum and Madame Tussaud's Wax Museum**

**NEW**

The USS Intrepid is an important part of America's history at sea, in the air, and in space. The Intrepid's role in history spans two major wars, the space program, and rescue and recovery efforts in the days following that attacks on Sept. 11, 2001. Come explore the 900 foot aircraft carrier – view the brand new huge video screen. Enjoy hands-on exhibits: land a plane in a flight simulator, climb in a lifeboat, pick up objects with Astronauts' gloves and more. We will visit the USS Growler submarine and view aircraft from WWII to present day -- the A-4B Skyhawk, the A12 Blackbird, and the Concorde, the fastest passenger plane ever built. After the Intrepid, the bus will take you to Times Square where you will enjoy lunch on your own and then tour the world renowned Madame Tussaud's Wax Museum where you can mingle with your favorite celebrities!

**Saturday, May 7 (registration closes April 5)**

**\$84/Adult**

**\$75/Child (age 5-17)**

**Bus leaves from Staples High School promptly at 8:00 am and will return at approximately 5:00 pm.**

### **#103 Culinary Institute of America and Franklin Delano Roosevelt Home, Hyde Park, NY**

**NEW**

We will have lunch at the Culinary Institute of America which is dedicated to providing the finest culinary training in the world and has a student body of over 1900. In their American Bounty Room, we will enjoy a lunch of mixed greens with goat cheese and creamy avocado ranch dressing, parmesan crusted supreme of chicken and seasonal fruit cobbler with vanilla ice cream. After lunch, visit the home of Franklin Delano Roosevelt and the nation's first Presidential Library & Museum and learn about the only President elected to four terms.

**Saturday, June 11 (registration closes May 10)**

**\$88**

**Bus leaves from Staples High School promptly at 9:00 am and will return at approximately 5:30 pm.**

**Please make sure to check your calendars when registering for bus trips. We do not offer refunds unless the trip is cancelled due to insufficient enrollment. Cost for bus trips is non-refundable but may be transferred to another person for an additional registration fee; otherwise there are no refunds or credits. Everyone must pay the full price and no discounts apply.**



## #054 Voice Over: Get Paid to Talk

Unique voice? Curious about voice over? Interested in audio-books, cartoons, documentaries, commercials, website narration? This straight forward, current and highly educational class is eye (and ear) opening for those interested in voice over. By guiding you in finding your vocal strengths, you can better determine the sectors of voice over most marketable for you. This class reviews the industry, marketing and vocal training, including demo information, trends, agents and production. Read and record voice over copy, choose from commercial or narration. We welcome questions. Is voice over for you? Help find out. Limit 15. (Instructor, Randy Kaye)

**Tuesday • March 8 7:00-9:00 pm SHS Room 2030 \$69**  
*Randy Kaye has been teaching with Edge Studios for more than 3 years. Her credits include commercials, promos, audiobooks, phone systems, websites, and narrations (medical, industrial, educational). She has worked on-air in Connecticut radio for over 15 years. Visit [www.edgestudio.com](http://www.edgestudio.com) for more information.*

## #231 Interviewing Process, Beyond the Resume

NEW

Interviewing for a job is not only about your credentials. It is also about the first impression, your body language, and how professional you appear to your prospective employer. Most employers will make a determination as to whether you even have a chance at getting the job before you say a word. This course will cover the importance of non-verbal communication including the handshake, eye contact, gestures and posture, and the role each plays in the interview process. Dressing professionally is also crucial to your success in landing the job. Learn how to dress for success so that you will have the competitive advantage walking through the door. (Instructor, Dianne Boras)

**2 Sessions March 21 & 28 SHS Room 1055**  
**Monday 7:00-9:00 pm \$30**

*Dianne Boras, founder and President of Vada Image Consulting, attended the world renowned Image Resource Center of New York, and is a member of the Association of Image Consultants International. Visit [www.vadaimage.com](http://www.vadaimage.com)*

## #228 Teacher Substitute

### 10 Hour Training Program

Participate in this 10 hour training conducted by experienced professional educators. This program, developed by Utah State University, focuses on preparation for work as a substitute in public or private school settings. Topics to be covered: management of student behavior, approaches to teaching, fill-in activities, and more. The class will be interactive and include real life scenarios. A certificate will be given to those who attend at least 8 of the 10 hours. (Instructor, Sarah Lombard)

**5 Sessions Mar 1-29 SHS Room 2033**  
**Tuesday 6:30-8:30 pm \$85**

## #303 Media/PR: Getting the Message Out About Your Business or Organization

NEW

Got News?? Wondering how to get your message out? Or how to get media coverage? Find out how in this hands-on workshop! Topics covered will include:

- media - list creation, management and contact
- news releases - writing, distribution and follow-up
- online/social media for businesses (Facebook, Twitter, blogs)
- website SEO (search engine optimization)
- web marketing and online branding
- crisis management – managing negatives
- media training and interviews – live, recorded, on camera, print

Each session will include time for discussion, questions and advice from the instructor on individual projects.

(Instructor, Ann Karrick)

**4 Sessions March 16-Apr 6 SHS Room 2028**  
**Wednesday 7:00-9:00 pm \$60**

*Ann Karrick is a talk show host and news anchor/reporter on television and radio, as well as a marketing, media and public relations consultant who uses both traditional and online/social methods. Visit [www.annkarrick.com](http://www.annkarrick.com) for more information about the instructor.*

**ONLINE COURSES**  
**WITH ed2go**  
**See p 21**

## Register Early!

Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by the week before the class, it may be cancelled.

**So please register early!**



## #066 Introduction to Acrylic Painting

The most versatile medium in art, acrylic painting can take your creativity anywhere you want to go. Basic drawing, composition, and painting techniques are learned in a step by step process that builds confidence. Experiment with different styles as you paint still lifes, landscapes, and portraits. Relax and play with paints — what a great idea! Materials and supply list is available in the office and on our website. (Instructor, Steve Parton)

**10 Sessions** **Jan 26-Apr 6\*** **SHS Room 1004**  
**Wednesday** **7:00-9:30 pm** **\$219**  
 \*no class Feb 23



## #166 Advanced Acrylic Painting

NEW

This class is designed for students who have experience with acrylics and want to stretch their wings. Personal projects are encouraged. The instructor will provide guidance throughout the class. Demonstrations and discussions will help you achieve your goals. Materials and supply list is available in the office and on our website. (Instructor, Steve Parton)

**10 Sessions** **Jan 27-Apr 7\*** **SHS Room 1004**  
**Thursday** **7:00-9:30 pm** **\$219**  
 \*no class Feb 24

## #064 Watercolor Step by Step in the Afternoon

Learn or refresh the basic techniques that lead to successful paintings of flowers and landscapes. Tools and tricks will be demystified in a warm and friendly atmosphere. Materials list is available in our office and on our website. Additional supplies will be discussed at the first class. (Instructor, Steve Parton)

**10 Sessions** **Jan 26-Apr 6\*** **SHS Room 1004**  
**Wednesday** **3:00-5:00 pm** **\$189**  
 \*no class Feb 23



## #128 Drawing and Sketching in the Afternoon

Learning to draw is the most important basic skill for any artist. It is the process of seeing vs. looking-at. Everything is built on this foundation. Using charcoal, pen & ink, and pencils, you will learn a variety of techniques to help us experience the world around us. Bring to the first class: drawing pad (preferable Strathmore 400 series), pencils #2H, HB, and 2B, and a kneaded eraser. (Instructor, Steve Parton)

**10 Sessions** **Jan 27-Apr 7\*** **SHS Room 1004**  
**Thursday** **3:00-5:00 pm** **\$189**  
 \*no class Feb 24

*Steve Parton's award winning portraits of animals and children are exhibited nationally. He was voted Best of the Gold Coast by Westport Magazine for his animal portraits. An experienced and supportive teacher, his classes draw on a career as an illustrator and designer for print, TV, Broadway, and film. To see his work, visit [www.stevenparton.com](http://www.stevenparton.com)*

## #079S Studio Time for Artists

Opportunity for artists to work on your own projects in any medium (charcoal, watercolors, oils, acrylic, pencils, pastels); receive support from fellow artists. Bring your own materials — no instruction will be provided. (Hosted by Rudy Brucato)

**8 Sessions** **Mar 7-May 2\*** **BMS Room 274**  
**Monday** **6:00-9:00 pm** **\$50**  
 \*no class Apr 18

## #289 Introduction to Mosaics

NEW

Enjoy an introductory class in creating your own fine art mosaic piece made from tile or glass. All materials including tile/glass, grout, cutting tools, and tiling surface will be provided. Cutting, shaping and patterns will be explained. If you have a surface you would like to decorate, feel free to bring it to class or there will be mirrors or frames for you to use. No art or mosaic experience necessary! Non-refundable materials fee of \$25 included. (Instructor, Sarah Martin)

**4 Sessions** **SHS Room 1012** **6:30-8:00 pm** **\$89**

**#289a** **Thursday** **Jan 27-Feb 17**

**#289b** **Thursday** **Mar 24-Apr 14**

## #452 Sewing

New to sewing, just have a little experience, or have just forgotten how? In our two part course, first you will learn how to pin, cut material, layout and use a pattern, thread your machine, sew a perfect seam, and other basics. Then you will have two weeks off to practice your new techniques and work on your projects. In Part Two, we will cover more advanced skills including how to put in zippers and use velcro for closures, make a pillow with cording, grade around curved seams, make buttonholes, hemming, and other methods used to complete your project. **Please bring your own sewing machine, cloth, and notions.** A list of required materials and local sources will be emailed to students prior to the start of classes. (Instructor, Barbara Hayden)

**6 Sessions** **SHS Room 1012**  
**Monday** **Mar 21, 28, Apr 4, 25, May 2, 9**  
**7:00-9:00 pm** **\$109**







## #455 Jewelry Making

This structured introductory course will take you through the concepts of designing as well as making attractive jewelry. Create pendants, earrings, brooches, and necklaces working with various wires, metals, semi-precious stones and beads (i.e., soldering, wiring and buffing).

**A non-refundable materials fee of \$20 is included which covers basic projects – additional fees may apply when using more expensive materials.** (Instructor, Susan Bishop)

**7 Sessions** **Mar. 1-Apr 12** **SHS Room 1012**  
**Tuesday** **7:00-9:30 pm** **\$169**



## #456 Advanced Jewelry Making

**NEW**

For those of you ready to take your jewelry making to the next level, this course offers more detail in specific design execu-

tion and independent project help. Bring your own materials and incorporate materials offered to create your own jewelry projects. **A non-refundable materials fee of \$20 is included which covers basic projects – additional fees may apply when using more expensive materials.**

(Instructor, Susan Bishop)

**5 Sessions** **May 3-31** **SHS Room 1012**  
**Tuesday** **7:00-9:30 pm** **\$129**



## #421 Stained Glass (Beginners & Intermediate)

**NEW**

Do you appreciate the beauty of stained glass? Join us for a fun-filled creative experience. Beginners will learn the basics by creating a sun catcher to learn the fundamentals and then go on to create a beautiful panel of their choice. We will cover a brief history, types of glass, pattern making, cutting techniques, soldering and framing. Tools will be provided. Intermediate students will challenge themselves with more complex patterns and improving their techniques. No experience necessary! **Non-refundable materials fee of \$20 is included for board, frame, and pins. Sun catcher materials and materials for finished panel are not included.** (Instructor, Joni Kollar)

**10 Sessions** **Jan 31-Apr 11\*** **SHS Room 1004**  
**Monday** **6:30-9:15 pm** **\$205**

**\*no class Feb 21**

*Joni Kollar has been teaching stained glass classes for 10 years. She loves to share her passion for stained glass with her students.*

## #420 Mosaic Window Sash

**NEW**

Create a beautiful window sash with a permanent illuminating landscape scene. Semi-transparent stained glass will transform an old window sash into a masterpiece. Hang it in an existing window, on a porch or in a garden, a beautiful accent for any home. No experience necessary! Non-refundable materials fee of \$35 included.

(Instructor, Joni Kollar)

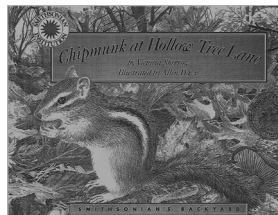
**6 Sessions** **Mar 1-Apr 5** **SHS Room 1004**  
**Tuesday** **6:30-9:15 pm** **\$145**

# Creative Writing

## #431 Learn to Write Stories for Children and Teens

Would you like to write for children and/or teenagers? You may already have ideas you want to develop or stories you have written on your own, but you need guidance to polish your work. This class offers a solid basis for beginners, along with techniques to help more experienced writers improve their work. As we discuss plotting, viewpoint, characterization, dialogue, and scene development, we'll study specific examples of effective writing and practice our skills. Learn more about children's literature (and find great books for your children) as we look at well-written books for kids in our discussions about different themes and topics. Limit 10 students. (Instructor, Victoria Sherrow)

**6 Sessions** **Mar 9-Apr 13** **SHS Room 2030**  
**Wednesday** **7:00-9:00 pm** **\$119**



## #432 Write for Children and Teens: A Workshop for Advanced Students

Are you ready to move forward with your writing? This workshop-style class is for those who have learned the "basics" and want to sharpen your skills and polish specific stories for children or teens. We will discuss higher-level techniques for plotting, characterization, scene development, and writing style. The focus will be on helping you to revise your work and find suitable markets. Limit 8 students.

(Instructor, Victoria Sherrow)

**6 Sessions** **Mar 17-Apr 28\*** **SHS Room 1034**  
**Thursday** **7:00-9:00 pm** **\$119**

**\*no class Apr 21**

*Victoria Sherrow, has published over 80 books, as well as numerous short stories, poems, and articles. She teaches at The Institute of Children's Literature.*



## #094 Basic Camera Operation (Digital, Program, and Manual Cameras)

Learn to use your camera so your images are well-exposed, sharply-focused, and compositionally balanced. Subjects covered will be basic camera operation, composition relating to the photographic masters and painters of the past, the use of flash and tripod, different film speeds and quality settings, white light and color balancing, lighting as related to portraiture and still life, and tips on photographing kids, families, pets, flowers, etc. Sharing of images and visual ideas is encouraged. The instruction will emphasize the basics while promoting your individual creativity. (Instructor, John Zappala)

**8 Sessions**      **Feb 3-Mar 31\***      **SHS Room 1007**  
**Thursday**      **7:30-9:30 pm**      **\$135**

\*no class Feb 24

*John Zappala has a degree in Graphic Design from Farmingdale State U. and a B.F.A. from St. John's. He has practiced and exhibited advertising, fashion, and corporate photography for over 15 years.*

## #990 Developing Photographic Skills (Digital, Program, and Manual Cameras)

In photographing your favorite subjects - family, friends, pets, landscapes, portraiture or candid - you can always improve your basic skills. Learn to take better pictures, improve your knowledge of light readings, use of flash, composition, black and white versus color, different lenses, perspectives, and strategies in picture-taking. Share your photographs for an encouraging critique in which all can learn.

(Instructor, John Zappala)

**8 Sessions**      **Feb 1- Mar 29\***      **SHS Room 1007**  
**Tuesday**      **7:30-9:30 pm**      **\$135**

\*no class Feb 22

## #960 Creating Videos from Your Photos

Have a bunch of photos and wish to share them at a reunion, anniversary, or birthday? Create a video. Learn how to create a slide show with dissolves and special effects. Bring in digital images on a flash drive and if you have music, bring a file to add. Class will consist of a demonstration of creating a video from Windows Movie Maker and from Photoshop Elements. Learn how to upload your video to YouTube to share with friends! As movies take time to create, you'll only be creating a short video in class. (Instructor, Alan Weaver)

**Thursday • Apr 14**  
**SHS Room 2034**

**6:30-9:30 pm**  
**\$45**

## GIFT CERTIFICATES

**FOR ANY HOLIDAY, BIRTHDAY OR OTHER  
 SPECIAL OCCASION, CONSIDER GIVING  
 A GIFT CERTIFICATE FOR CLASSES AT  
 WESTPORT CONTINUING EDUCATION.**

**CALL 203-341-1209 FOR FURTHER INFORMATION!**

# C ulinary Arts

## #168 Basics of Barbeque Cooking at Bobby Q's Barbeque & Grill

Join owner Bob LeRose, pitmaster Matt and their staff at Bobby Q's Restaurant here in Westport for a memorable evening! Learn the basics of barbeque cooking including valuable tips on smoking and slow cooking ribs, brisket and pulled pork -- there will be demonstrations of a variety of rub and sauce preparations as well. Sample some delicious house specialties. Impress your friends at your next barbeque! Don't wait to sign up -- space is limited! **Class held at Bobby Q's Barbeque & Grill, 42 Main Street, Westport, Ct.** Visit [www.bobbyqsrestaurant.com](http://www.bobbyqsrestaurant.com) for more information about Bob and Bobby Q's.

**Tuesday**      **7:00-9:00 pm**      **\$60**

**#168a** Apr 26

**#168b** May 17



## #130 Cooking with Parents and Kids (Children ages 7 & up)

Spend a Saturday morning on a culinary adventure with your child! Work with your child to create healthy recipes from scratch. Have fun working in a professional equipped kitchen. Learn new skills and recipes together. Please note that some of the dishes may contain dairy and nuts. (Instructor, Theresa Maraglino)

**Saturday SHS Room 182 \$99 per class/Parent & Child**

**#130a Working with Puff Pastry – Feb. 12**  
 (snow date March 5)      **9:30-11:30 am**

**#130a Soup and Sandwich – March 12**  
 (snow date March 19)      **11:30 am-1:30 pm**

**#130c Pasta from Scratch – April 9**      **11:30 am-1:30 pm**

See our website for more information about the foods that will be prepared each day.

*Theresa Maraglino is a Culinary Arts teacher at Stratford High School.*

**NEW  
 Menus**



**NEW  
Menus**

## COME COOK WITH ME!

**NEW  
Menus**

Join Chef Alison Milwe-Grace  
for an enjoyable culinary experience.  
Sign up for one or more of her classes!

All classes meet from  
7:00-9:00 pm at SHS Room 184

### **#995a** Chicken Again? \$65

Wednesday • January 26

Create quick and easy  
exciting chicken dishes:

Chicken Milanese

Chicken Picatta

Parmesan crusted chicken with sage sauce

### **#995b** Hold The Beef . . . \$65

Wednesday • February 16

Create hearty, delicious and healthy  
vegetarian dishes:

White bean stuffed portobello mushrooms

Vegetable curry

Maple glazed tofu with spaghetti squash

### **#995c** Straight From The Sea . . . \$85

Wednesday • March 2

Chef Grace will discuss her personal cooking  
secrets about how to cook fish at home and make  
it taste like you are dining in a fine  
seafood restaurant, as you prepare:

Halibut with sambal vinaigrette  
and wasabi cream

Salt and pepper shrimp with blue cheese dip and  
celery stick

Seared scallops with tarragon-dijon aioli

*Throughout the past 20 years, Chef Grace has worked  
in every aspect of the food industry. Currently Chef  
Grace is a culinary arts chef/instructor at SHS and  
owner of AMG Catering and Events  
([www.amgcatering.com](http://www.amgcatering.com)) which has been in business  
for over 15 years.*

**Please Note:** The classrooms/kitchens where our  
cooking classes are held are NOT food allergy free  
classrooms/kitchens. Nuts, shellfish, etc. are used  
frequently.

## BAKING AT SONO BAKING COMPANY AND CAFÉ!



Join the friendly and talented staff of  
John Baricelli's SoNo Baking Company  
for three inspirational sessions of baking.  
Take home the delicious desserts you create  
to enjoy with family and friends.  
Sign up for one or more classes!

Space is very limited, so register early!

All classes meet from 4:00-6:00 pm

at SoNo Baking Company and Café

101 South Water Street, Norwalk, CT

(please arrive by 3:45 pm

as class starts promptly at 4:00 pm)

### **#291** Decorating with Buttercream

Learn basic piping techniques using buttercream to cre-  
ate flowers (roses, chrysanthemums, daisies), leaf pat-  
terns and inscriptions. Bring an apron, and pastry bags  
and tips if you have them.

Monday • February 7

\$90

### **#289** Breakfast Pastries

Learn how to make delicious breakfast pastries in-  
cluding muffins, scones and quick breads. All reci-  
pes will be from John's baking book: "The SoNo Bak-  
ing Company Cookbook." Bring an apron and let the  
fun begin!

Monday • March 7

\$90

### **#290** Tantalizing Spring Tarts

Amaze yourself by learning the basics of tart making  
in this fun class. With SoNo Baking's talented staff,  
you will create Key Lime, Lemon Meringue and Fresh  
Fruit Tarts. Delicious! Bring a rolling pin and apron.

Monday • April 11

\$90



# Diverse Interests



## #290 Dog Obedience (for dogs at least 4 months old)

Designed to teach the owner how to train his/her dog to be a well-mannered and obedient pet. Topics include: understanding your dog;

communicating effectively; basic obedience commands-sit, down, stay, stand, come, and leash walking; and behavior modification - digging, jumping, chewing, barking, etc. Dogs must have a collar and a 6-foot leash. Limit 8. **Please note: 1st session is Orientation WITHOUT dogs.**

(Instructor, Heather Witt)

**7 Sessions** **Mar 7-Apr 25\*** **SHS Pool Lobby**  
**Monday** **6:30-7:30 pm** **\$129**

**\*no class Apr 18**

*Heather Witt is the owner of The Complete Canine Company.*

## #045 Introduction to the Civil War

The American Civil War has played a pivotal role in American history. Out of sectional conflict, a nation was forged. At the same time, the seeds were sewn of future social and political stresses. Learn about the causes of secession, the political goals of the participants, and the war itself. Read from contemporary letters, poetry and memoirs to better understand the motivations of the players. Discuss the lessons that can be drawn for current affairs. (Instructor, Jeffrey Mayer)

**4 Sessions** **Apr 5-May 3\*** **SHS Room 2030**  
**Tuesday 7:30-9:30 pm** **\$59/Sr \$29**

**\*no class Apr 19**



## #303 Get Coupon Savvy and Save!

Tired of seeing your expenses climb higher every month? Learn how to significantly cut costs on your grocery, personal care, and household items. You will walk

away with the strategies and resources needed to "coupon" your way to real savings. If you think clipping coupons will only save you a few dollars a week on cat food and toilet paper, think again. Discover why Wall Street Journal columnist Brett Arends wrote that coupons are "back in fashion, with good reason. An hour spent cutting and clipping can yield \$100's in savings. Time well spent." (Instructor, Lori Gazerro)

**Thursday • Apr 7 7:00-9:00 pm** **SHS Room 2028** **\$29**

**Get the classes you want –  
Register Early**

## #096 Beginner Bridge in the Afternoon

Learn the basics of bidding, play of the hand and defensive play. Conventions will be introduced to aid in the bidding along with instructive handouts. Bridge provides a good opportunity to create an active social life either locally, on the internet or worldwide. Join us and meet new friends as you learn the basics of this challenging game.

(Instructor, Nora Tkacz)

**8 Sessions** **Mar 1-Apr 26\***  
**Tuesday** **3:00-5:00 pm**

**SHS Room 2032**  
**\$129/Sr \$105**

**\*no class Apr 19**

## #194 Beginner / Advanced Beginner Bridge

This is the perfect opportunity for you to begin to learn the fascinating game of bridge or to brush up on those long forgotten rules and conventions. The beginner bridge class will introduce the language of bidding, scoring, guidelines for play, hand valuation, and some simple bridge conventions. Each class lesson will be followed by supervised play of preset hands. (Instructor, Jackie Fuchs)

**8 Sessions** **Jan 27-Mar 24\***  
**Thursday** **7:00-9:00 pm**

**SHS Room 2033**  
**\$129/Sr \$105**

**\*no class Feb 24**



## #195 Intermediate Bridge

Improve your bridge skills and expand your knowledge of planning card play. The class will review simple hand valuation and bridge conventions. New conventions such as Gerber, Stayman, balancing, overcalls, doubles, and weak two bids will be introduced. Each class lesson will be followed by supervised play of preset hands. (Instructor, Jackie Fuchs)

**8 Sessions** **Apr 7-Jun 2\***  
**Thursday** **7:00-9:00 pm**

**SHS Room 2033**  
**\$129/Sr \$105**

**\*no class Apr 21**

## #095 Bridge – Play of the Hand

Players with all levels of bridge experience will enjoy this course focusing on offensive and defensive play of the hand. Come ready to learn techniques to improve your play. Hands will be prepared and randomly dealt. (Instructor, Jackie Fuchs)

**8 Sessions**  
**Wednesday**

**7:00-9:00 pm**

**SHS Room 2033**  
**\$129/Sr \$105**

**#095a**

**Jan 26-Mar 23 (no class Feb 23)**

**#095b**

**Apr 6-June 1 (no class Apr 20)**

**NEW**

**No registration fee  
if you register online.**



## #207 Angels, Auras and Your Intuition

Increase awareness in your life. Learn ways to connect to your guardian angels and how to do an Angelic Healing technique. Tap into your intuition through meditation and energy exercises. Learn about energy fields around your body, how to sense your aura and how to protect yourself from negative experiences. If students choose, pure essences of organic essential oils may be used during the class. We will end with a healing meditation which can include Reiki chair healing. Join us for this insightful and stress reducing evening. (Instructor, Gigi Benanti B.A., Certified Reiki Master)

7:00-9:30 p.m. SHS Room 2030 \$49

#207a Monday • Mar 28

#207b Wednesday • Apr 27

*Gigi Benanti, B.A. Certified Reiki Master, has been seeing Auras since childhood. She continues to attend various holistic workshops. She is an experienced Reiki teacher, offers private Reiki sessions, has been the owner of the Angelic Healing Center in Norwalk since 1995, is a Reiki volunteer therapist for Hospice Agency, and has educated thousands.*

## #208 Reiki Level One

Dr. Oz recommends Reiki and it was featured on his show in January 2010. Learn hands-on-healing in this first degree workshop including self-healing techniques and Reiki meditation. Reiki is a universal art of natural healing affecting the whole person in a positive way including body, emotions, mind and spirit. Learn how Reiki can help you in areas of stress management, pain reduction and healing. Reiki makes an excellent supplement to other forms of healing work and is used in hospitals, hospices, churches, and spas. After completing this class, you will be a Reiki first Degree Practitioner and will receive a certificate from the instructor. Wear comfortable clothing. Non-refundable materials fee of \$12 included.

(Instructor, Gigi Benanti, B.A., Certified Reiki Master)

3 Sessions April 6, 11 & 12 SHS Library  
Wed, Mon, Tues 7:00-9:45 pm \$67

NEW

## #302 Self-Hypnosis Can Lead To Better Golf Scores

Great golfers play the game in their minds. Jack Nicklaus says that 90% of golf is mental. Where is your mind when you play golf? Using self-hypnosis, you can harness the power of your mind to play golf better and gain a competitive edge. Learn how to utilize relaxation and guided imagery to boost your concentration, focus on your goals and enhance physical performance. After an introduction to hypnosis and the power of the mind, we will dispel the myths about hypnosis. Learn how to induce a hypnotic state – and then take your game to the next level – no matter what your specific golf challenges are. Non-refundable materials fee of \$5 is included for a 20-minute relaxation CD. (Instructor, Meg Tocantins)

2 Sessions March 9 & 16 SHS Library  
Wednesday 7:00-9:00 p.m. \$54

NEW

## #908 Organizing Your Paperwork

Do you have mail piled up on your kitchen counter? Do you have years of paperwork but don't know what to keep and what to get rid of? Would you like your desk and office organized? Paperwork is the #1 clutter problem. This class will teach you how to finally solve this problem. Learn a step-by-step plan to address daily paperwork, how, when and where to file papers, and how long papers should be kept. You can have a paper management system that is simple to set-up and easily maintained. (Instructor, Susan Lovallo)

Thursday • February 10 7:00-9:00 pm  
SHS Room 1034 \$29

## #911 Getting Organized When You Have ADD

Do you struggle to get organized? Are you constantly misplacing things? Does your life feel overwhelming and chaotic? This class will address the special organizing needs of people with Attention Deficit Disorder. We will discuss strategies for remembering things, how to set up systems that are specialized to your individual needs, and how to get through years of accumulated clutter. (Instructor, Susan Lovallo)

Thursday • February 17 7:00-9:00 pm  
SHS Room 1034 \$29

*Susan Lovallo, CPA, CPO is a Certified Public Accountant, Certified Professional Organizer and the owner of Clutter Solutions, LLC, a local company that focuses on organizing homes, offices, time and finances for individuals, families and businesses, as well as training in Quicken and QuickBooks. [www.ClutterSolutions.com](http://www.ClutterSolutions.com)*

## #304 Stop Dieting And Throw Away Your Scale – Lose Weight Safely and Effectively with Hypnosis!

Hypnosis is a powerful, proven, safe method to lose weight permanently – without pills, liquid diets, pre-packaged foods or surgery. Studies have shown that adding hypnosis to weight loss treatment increased weight loss by an average of 97% during treatment, and even more importantly, increased the effectiveness of post treatment by over 146%. Find out how to change your relationship with food and gain control of your compulsive eating habits and hormonal eating binges; increase your metabolism and motivation to exercise; and release stress that can cause you to eat. Learn how to write your own weight loss script so that you will be able to hypnotize yourself. Non-refundable materials fee of \$10 is included for two weight loss CDs. (Instructor, Meg Tocantins)

3 Sessions Feb 2-16 SHS Room 1052  
Wednesday 7:00-9:00 pm \$76

*Meg Tocantins, a consulting hypnotist, has been helping people through the use of self-hypnosis for 15 years. She has led numerous workshops on self-hypnosis and worked directly with hundreds of people in the metropolitan area. Visit [www.relaxationsuite.com](http://www.relaxationsuite.com)*

NEW



## PILATES MAT CLASSES AND YAMUNA BODY ROLLING CLASS WITH CERTIFIED INSTRUCTORS

Co-Sponsored with Pilates for Every Body • A Place for Women to Build a Stronger Center

ALL CLASSES HELD AT 177 Post Rd. West (Nash's Plaza), Westport CT

[www.pilatesforeverybodywestport.com](http://www.pilatesforeverybodywestport.com) • All mats and equipment provided

If you have any question about which class is the best choice for you, please email or call before registering:  
[pilatesforeverybodywestport@yahoo.com](mailto:pilatesforeverybodywestport@yahoo.com) or 203•226•1924

**Due To The Popularity Of These Classes, We Strongly Urge You To Register Right Away.  
Class Sizes Are Limited And Fill Quickly!**

### #984 Multi Level Pilates Mat Plus

A mat class to strengthen the abdominals and back with a weight training segment to increase muscular strength and bone density. A time-saving combination class for those who want to explore Pilates and strength training in one workout. Suitable for those with limited Pilates experience and for intermediate level experience. If you are a beginner, please contact us prior to the first class. (Instructor, Charlene Erwin)

**15 Sessions**

Jan 18-May 24 (no class 2/22, 3/29, 4/19, 5/17)\*

Tuesday 10:30-11:30 am \$345

### #978 Intermediate Pilates Mat Challenge

For those who are ready to move through the repertoire at a quicker pace. We will use rollers, boxes, balls, bands, circles and bosus to add challenge to the matwork. A different class every week. (Instructor, Alison Bricken)

**15 Sessions**

Jan 20-May 26 (no class 2/24, 3/31, 4/21, 5/19)\*

Thursday 10:30-11:30 am \$345

### #976 Modified Pilates Mat

A multi-level class designed for those whose current physical condition may keep them from maintaining the pace and range of movement normally expected in a regular class. It is the perfect choice for those with low bone density, joint replacement, or disk herniations in any part of the spine. Pre-requisite: Ability to get down and up from the floor without another person's assistance. (Instructor, Charlene Erwin)

**15 Sessions**

Jan 21-May 27 (no class 2/25, 4/1, 4/22, 5/20)\*

Friday 10:30-11:30 am \$345/Sr \$299

### #980 Strength Training Pilates Style

Use hand-held weights, ankle weights and rubberized resistance tubing to strengthen the upper and lower body. There will be special attention to alignment, posture and balance. An abdominal segment will be included in each class.

(Instructor, Alison Bricken)

**15 Sessions**

Jan 21-May 27 (no class 2/25, 4/1, 4/22, 5/20)\*

Friday 11:45 am-12:45 pm \$345

### #992 Yamuna Body Rolling and Abs

Combines fitness, injury-prevention and abdominal strengthening into a simple workout. The rolling routines help you stretch and release muscle tissue, freeing restrictions in all parts of the body while strengthening the abdominals and releasing the spine. No prior Pilates experience is needed for this class. If you are active in any form of fitness you will feel the results of Yamuna Body Rolling immediately. This class is not recommended for those with joint replacement of any kind. (Instructors, Alison Bricken and Charlene Erwin)

**13 Sessions**

Jan 24-May 23 (no class 2/21, 2/28, 3/28, 4/18, 5/16)\*

Monday 12:00-1:00 pm \$299

**\*Schedules are  
subject to modification  
to accommodate  
unexpected cancellations**





## #182 T'ai Chi

Taijiquan (T'ai Chi Ch'uan), the highest expression of the Chinese "internal martial arts," develops awareness of the workings of both body and mind through slow movement, rounded forms, and the expression of various body energies, all of which require a combination of intention, concentration, and, ultimately, relaxation. This practice leads to strength, awareness, and general well-being. No prior background in T'ai Chi is required, and students at all levels of competence are welcome. (Instructor, Myles MacVane)

**12 Sessions Jan 24-Apr 25\* Aud. Balcony Lobby**  
**Monday 7:00-8:15 pm \$175/Sr \$155**

**\* no class Feb 21, Apr 18**

Myles MacVane (<http://myles.macvane.com>) has been studying and practicing t'ai chi ch'uan since 1968.

## #089 The Art of Belly Dancing– An Introduction

Come to this workshop for women and discover why this ancient form of dance has recently exploded in popularity. Learn the basic movements including undulations, shimmies and graceful arm movements. Emphasis will be placed on isolations and authentic technique. The goal of this workshop is to provide a supportive environment for self-expression through dance. Occasional live drumming and optional performance opportunity at end of session party. (Instructor, Tava Naiyin)

**9 Sessions Feb 10-Apr 14\* BMS Auxiliary Gym**  
**Thursday 7:00-8:00 pm \$169**

**\* no class Feb 24**

Tava Naiyin is a highly-regarded instructor, performer and choreographer of middle eastern (belly) dance in CT and NY. She has appeared on television and in print, with a focus on preserving the authenticity of the dance. Tava has a Masters in Counseling and uses bellydance as a tool for improving body image.

## #212 Intro to Fly Fishing (For adults or children age 12 & up)

Don't believe the hype about this exciting outdoor sport – fly fishing is not the sport for the chosen few anymore. Costs have come down and barriers to entry are now non-existent. We will demystify the sport of fly fishing and get you started on this life long journey. You will learn about the history of the sport, differences between fresh/saltwater fly fishing, rod/reel weights, line differences and fly identification. We'll discuss local hot spots where you can gain access to both fresh and saltwater fly fishing opportunities in Westport. You will also receive a hands-on casting demonstration and instruction. (Instructor, Eric Johnson)

**2 Sessions Apr 28 & May 5 SHS Room 188**  
**Thursday 7:00-8:30 pm \$49**

Eric Johnson is the owner of Westport Outfitters (see website at [www.westportoutfitters.com](http://www.westportoutfitters.com)). After spending nearly 10 years in corporate product development, Eric is passionate about sharing his expertise and knowledge about the exciting sport of fly fishing.



## #998 Yoga for Beginners and Intermediates

Through physical postures, breathing, and relaxation techniques you will come to realize the many gifts of this ancient practice: increased flexibility, strength, clarity, serenity, weight loss, better concentration, stress reduction, overall good health, and a good work out. Please bring your own mat and a throw blanket. (Instructor, Maria Vailakis-Wippick, RYT)

**Thursday 6:30-8:00 pm SC\* \$215/Sr \$170**

**#998a 10 Sessions Jan 13-Mar 24 (no class Feb 24)**

**#998b 10 Sessions Apr 7-June 16 (no class Apr 21)**

**\*Westport Center for Senior Activities, 21 Imperial Ave.**

Maria Vailakis-Wippick, RYT, certified in the Kripalu yoga tradition, provides a human and loving approach towards teaching yoga. Maria operates the Agape Yoga Studio.

## #177 Yoga ~ for Beginners and Experts Alike

A complete mind-body system for the attainment of wellness. You will learn techniques to loosen muscles that are causing tension and eliminate weaknesses that are causing pain. Leave every class feeling refreshed and at peace. All levels are welcome. Please bring a mat and towel.

(Instructor, Sandy Adamczyk)

**12 Sessions Jan 24-May 2\* SHS 2nd Floor Mezz.**  
**Monday 6:30-7:45 pm \$215/Sr \$170**

**\* no class Feb 14, 21, Apr 18**

Sandra Adamczyk has studied Yoga for 35 years. She offers alternative positions in yoga to accommodate the need and capabilities of individual students and teaches Yoga throughout CT and NY.

## #995 Women's Self Defense Clinic

You see the news - women are frequent targets of violence and assaults. Fortunately, you can learn how to protect yourself, and your children can learn how to protect themselves, from unexpected moments of danger. It's time to take matters into your own hands. At this safe introductory self-defense clinic, you will learn easy-to-use techniques to Defend Yourself...Stay Safe...Live Without Fear! The class is available to women age 18 and up - younger participants are allowed if they participate with a parent (separate registration and fee is required). All students must complete the online waiver form at the time of registration. Bring lots of energy and a smile, and wear loose workout clothes.

(Instructor, Kempo Academy)

**All classes are held from 8:00-9:00 pm at Kempo Academy, 374B Post Road East, Westport (behind Trader Joe's mall)**

**#995a Mon and Tues, Mar 7 & 8 \$50**

**#995b Wed and Thurs, Mar 23 & 24 \$50**

**Brazilian Reggae Cardio Workout and  
Ballroom Cardio Class**  
**–See p 18**

**Bridge Classes**  
**–See p 10**



## ZUMBA



### #441 Zumba

Tone up, burn calories, relieve stress and have fun with Zumba, the dance based fitness program that is a great workout for women and men! In this Latin inspired cardio workout, energize your entire body as we move to the simple steps of Merengue, Salsa, Samba, Cumbia,

Flamenco and more. Whether you dance for fun or exercise, you will work muscles you never knew you had. Bring a towel and water. (Instructor, Sandy Adamczyk)

**12 Sessions** **Jan 27-May 5** **2nd Floor Mezz.**  
**Thursday** **6:45-8:00 pm** **\$255**  
 \* no class Feb 17, 24, Apr 21

### #192 Adult Swimming ~ Beginner through Advanced

Learn how to swim or how to swim well! Swimming is one of the best overall exercise methods, and there is no stress on your joints.

Treat yourself to the pleasure of swimming! Teaching is to your level and your pace. For first time learners or for those brushing up on long forgotten strokes. (Instructor, Bill Evans)

**6 Sessions** **Mar 2-Apr 6** **SHS Pool**  
**Wednesday** **7:30-8:45 pm** **\$95/Sr \$84**



### #175 Badminton ~ Coed

Looking for a great way to exercise and have fun at the same time? Beginning players as well as experienced players – this is the place to be. Meet and play with new friends. You'll leave with a new appreciation for the sport of real Badminton. Sneakers and badminton racquet required. Racquets available, if needed. (Instructor, Peter Bartush)

**9 Sessions** **Mar 30-June 1\*** **SHS Gym**  
**Wednesday** **7:30-9:30 pm** **\$109**  
 \*no class Apr 20

### #141 Tennis for Adults

Forehand, backhand, serve, volley, footwork and strategy will be covered. **Beginner level** is for players who have never played before or who have never had formal instruction. **Advanced Beginner level** is for players who have completed the beginner class or have had an introduction to grips and strokes and are starting to make contact with the ball on a regular basis. **Low Intermediate** is for players starting to keep the ball in play, are learning to serve and about court positioning, and can volley. **Intermediate** is for players who can keep the ball in play consistently, can hit with some spin and can serve and volley consistently. Low student/instructor ratio. (Instructor, Greg Sansonetti)

**6 Sessions** **May 3-June 7** **SHS Tennis Courts**  
**Tuesday** **\$149**

**#141a** **Beginner/Advanced Beginner** **6:00-7:00 pm**

**#141b** **Low Intermediate/Intermediate** **7:00-8:00 pm**

## Garden



### #257 Organic Is the Way to Grow

NEW

Do you want to learn fine organic gardening? Nick will take you through a journey of collecting, sterilizing and

starting your own seedlings and nurturing them into healthy plants, which will result in increased productivity for your vegetable/fruit garden and its harvest. Learn how sunlight, soil, nutrients, cleanliness and proper maintenance will affect the final results - - when done correctly from the start, you can enjoy a trouble-free, environmentally sound garden for years. (Instructor, Nick Mancini)

**4 Sessions** **Feb 2-Mar 2\*** **SHS Room 1012**  
**Wednesday** **7:00-9:30 pm** **\$89**  
 \*no class Feb 23

*Nicholas Mancini is a Certified Master Gardener and former head Master Gardener of Organic Vegetables and Tree Fruit at Bartlett Arboretum. He teaches Organic Gardening at Norwalk Community College, lectures in libraries, garden clubs, and horticultural societies. He is a member of the Westport Community Garden, the Northeast Organic Farmers Association and an advisor of the newly established Organic Garden at Staples High School.*

### #256 Landscape Design – The Anatomy of a Garden



Why pay a designer when you can have the tools to create a beautiful landscape on your own? Learn how to analyze your site and create your unique space. Using the analogy of the human body, the instructor will present a guide to planning and planting your landscape – from the “circulation” (paths), all the way to the “senses” (flowers). Learn to incorporate structures, and colorful trees and shrubs so your landscape will be interesting throughout the year. The instructor will use PowerPoint presentations, lectures and handouts. You will receive a special kit to help you create designs using graph paper and templates. No gardening or drawing experience required. Non-refundable materials fee of \$25 included. (Instructor, Cynthia Woodbyrne)

**4 Sessions** **Mar 16-Apr 6** **SHS Room 1012**  
**Wednesday** **7:00-9:30 pm** **\$114**

*Cynthia Woodbyrne, B.A. is a landscape designer and owner of Woodbyrne Eden Arts. Prior to training at The New York Botanical Gardens, Cynthia worked in animation for Walt Disney, Steven Spielberg, and others. She approaches design with the same storytelling disciplines she used with artists in developing feature films.*



## Spanish



### #947 Spanish for Beginners

This course provides solid syntax, grammar and vocabulary foundations. Learn essential and valuable tools to develop comprehension and communication skills. Latin American cultural issues will be discussed as well. **Cost of textbook and workbook for Spanish for Beginners and Spanish Intermediate is \$60, payable to the instructor.** (Instructor, Fernando Rincon)

**10 Sessions** **Jan 24-Apr 4\*** **SHS Room 1051**  
**Monday** **7:00-9:00 pm** **\$159**  
 \*no class Feb 21

### #948 Spanish ~ Intermediate

Building on Spanish for Beginners, this course goes into more advanced grammar, speech and cultural subjects and delves into exercises aimed to gain strong conversational and writing skills. Business communications skills are likewise emphasized. **Cost of textbook and workbook for Spanish for Beginners and Spanish Intermediate is \$60, payable to the instructor.** (Instructor, Fernando Rincon)

**10 Sessions** **Jan 25-Apr 5\*** **SHS Room 1051**  
**Tuesday** **7:00-9:00 pm** **\$159**  
 \*no class Feb 22

### #967 Basic Conversational Spanish

Planning a trip? Learn basic vocabulary and phrases to increase your travel pleasure! Or perhaps you have friends, family, or co-workers who speak Spanish and you feel left out? Join us! (Instructor, Horacio Ballesteros)

**10 Sessions** **Jan 26-Apr 6\*** **SHS Room 1054**  
**Wednesday** **7:00-9:00 pm** **\$159/Sr \$135**  
 \*no class Feb 23

### #140 Curso Avanzado de Espanol

Este curso estara basado en conversacion avanzada. Usaremos eventos contemporaneos y discutiremos temas economicos, sociales, politicos y artisticos. Sera una gran oportunidad para mantener un alto nivel del Espanol hablado. Se sugiere que los participantes tengan la habilidad de mantener un ritmo avanzado del lenguaje. (Instructor, Horacio Ballesteros)

**10 Sessions** **Jan 25-Apr 5\*** **SHS Room 1054**  
**1054 Tuesday** **7:00-9:00 pm** **\$169/Sr \$139**  
 \*no class Feb 22

## French



### #131 Basic Conversational French

We will send you on a make-believe trip to France and you will learn to hold a conversation in French from the airport to your hotel, from taking a métro (subway) to getting your rental car serviced. We'll discuss the names of French dishes and how to order them.

You'll be able to ask for directions to the cinema and museums. (Instructor, Nell Mednick)

**10 Sessions** **Jan 26-Apr 6\*** **SHS Room 2046**  
**000 Wednesday** **7:00-9:00 pm** **\$159/Sr \$135**  
 \*no class Feb 23

### #865 French ~ Intermediate

We will continue with the second half of book 1, study the most commonly used tenses, learn French idioms and expressions. We will visit various French regions and learn about their culture and you will have the opportunity to test yourself with the help of interactive quizzes. (Instructor, Nell Mednick)

**10 Sessions** **Jan 24-Apr 4\*** **SHS Room 2046**  
**Monday** **7:00-9:00 pm** **\$159/Sr \$135**  
 \*no class Feb 21

## Russian



### #137 Russian ~ Beginning

This course is designed to provide you with basic vocabulary, pronunciation, and conversational skills of the Russian language. Sign up and enjoy your trip to Russia!

(Instructor, Galina Babkin)

**10 Sessions** **Jan 26-Apr 6\*** **SHS Room 2048**  
**Wednesday** **7:00-9:00 pm** **\$159/Sr \$135**  
 \*no class Feb 23

**No registration fee  
 if you register online.**



## Italian

### #134 Italian ~ Level 1

This is a beginning course in Italian. Emphasis is on comprehension, core vocabulary, grammatical structure and elementary conversation. No previous knowledge of Italian is required. (Instructor, Bill Vuono)

**10 Sessions** Jan 26-Apr 6\* **SHS Room 1047**  
**Wednesday** 7:00-9:00 pm **\$159/Sr \$135**  
 \*no class Feb 23

### #143 Basic Italian ~ Parla italiano? Sì, un poco! Do you speak Italian? Yes, a little!

Come learn basic Italian and acquire a solid foundation of Italian language grammar and the ability to communicate in short, grammatically correct sentences. Role plays, individual and group activities will reinforce and speed up the learning process. "Il Mio Libro d'Italiano", first volume, the book used in class, was created by Lingua e Cucina™. Non-refundable book fee of \$25 is included. Sign up and have fun while learning Italian! (Instructor, Lee DeMilo)

**10 Sessions** Jan 24-Apr 4\*  
**Monday** 10:00 am-12:00 noon **\$184/Sr \$160**  
 \*no class Feb 21

**Location is 1 Canal Street, Westport**  
**(Westport Public Schools – Facilities Building)**

### #142 Intermediate Italian ~ Parla bene l'italiano? Sì, abbastanza bene! Do you speak Italian well? Yes, quite well!

If you understand the basic foundation of Italian language grammar, then sign up to build more advanced grammar skills, especially the use of verbs. Enjoy the fun of speaking the language through various activities while elevating your comprehension skills and developing a more advanced and sophisticated communication style. "Il Mio Libro d'Italiano", second volume, the book used in class, was created by Lingua e Cucina™. Non-refundable book fee of \$25 is included. (Instructor, Lee DeMilo)

**10 Sessions** Jan 25-Apr 5\* **SHS Room 1047**  
**Tuesday** 7:00-9:00 pm **\$184/Sr \$160**  
 \*no class Feb 22

### #146 Advanced Italian ~ Parlo benissimo l'italiano! E lei?

This course is designed for students who wish to review and apply their knowledge of Italian language grammar along with the completion of the use of all the moods of verbs. Through conversations and discussion of topics from *notiziari, attualità, arte, letteratura, articoli di giornale, libri, film, and critica*, you will perfect your grammar skills and personal communication style. "Il Mio Libro d'Italiano", third volume, the book used in class, was created by Lingua e Cucina™. Non-refundable book fee of \$25 is included. (Instructor, Lee DeMilo)

**10 Sessions** Jan 24-Apr 4\* **SHS Room 1047**  
**Monday** 7:00-9:00 pm **\$184/Sr \$160**  
 \*no class Feb 21

### #144 Italian for Tourists ~ Mi scusi, mi sa dire dov'è...? Pardon me, can you tell me where is...?

Whether you have already visited Italy, are about to or dream to, this course is for you! Experience and enjoy this imaginary trip to Italy right here at home! This fun course focuses on practicing the most common and useful Italian chit-chat through role plays in everyday situations—shopping, ordering food, renting a car, etc. No grammar! Just talking! **No previous knowledge of the Italian language is required!** Sign up soon and add more zest to your next Italian vacation or just enjoy the excitement of being able to speak Italian. "L'Italiano Per il Turista", the book used in class, was created by Lingua e Cucina™. Non-refundable book fee of \$25 included. (Instructor, Lee DeMilo)

**10 Sessions** Jan 27-Apr 7\* **SHS Room 1047**  
**Thursday** 7:00-9:00 pm **\$184/Sr \$160**  
 \*no class Feb 24

*Lee DeMilo is a native Italian with a cultural and educational background acquired both in Italy and in the U.S. See our website for more information about Lee and Lingua e Cucina™ or visit [www.linguaecucina.com](http://www.linguaecucina.com)*

### #147 Impariamo i verbi italiani! Let's learn the Italian verbs!

**NEW**

Solo verbi! Just verbs! This new and challenging Italian language course has been designed specifically for those students who wish to learn how to structure sentences in Italian with the correct use of verbs -- conjugations, tenses and moods. Both written and oral formats, along with reading and conversations, will allow you to perfect your speaking skills of one of the most romantic languages in the world. (Instructor, Lee DeMilo)

**10 Sessions** Jan 25-Apr 5 (no class Feb 22)  
**Tuesday** 10:00 am-12:00 noon **\$184**  
**Location is 1 Canal Street, Westport**  
**(Westport Public Schools – Facilities Dept. Building)**

### #148 Italian, Language and Culture

**NEW**

For those of you who have had some prior exposure to the Italian language, the focus of this class will be to instill love, interest and curiosity for Italy, its ancient history and culture. With this in mind, you will be taught how to think and speak in Italian. Through lively interactions, and a full immersion into Italian life with the support of various media, you will find this experience fun and rewarding. (Instructor, Edda Gusman)

**10 Sessions** Jan 26-Apr 6 (no class Feb 23)  
**Wednesday** 9:30-11:30 am **\$169**  
**Location is 1 Canal Street, Westport**  
**(Westport Public Schools-Facilities Dept. Building)**



**NOTE: Our instructors are hired to teach general concepts to groups of students, not to provide specific investment advice to individuals. Students should consult their own financial advisor or attorney before making any investment decisions based on specific examples used by our instructors.**

## #143 Fundamentals of Investing

Before you invest your money, you should know what you are buying and why you are buying it! Through discussion and class materials, we will demystify the world of investing. You will come to understand the meaning of cash equivalents, bonds, stocks, mutual funds, and annuities, and how each category can work for you. This is an excellent course for learning about the basic asset classes and simple strategies for a lifetime of investing. (Instructor, Brenda Catugno)

**2 Sessions**                      **Mar 22 & 29**                      **SHS Room 1052**  
**Tuesday**                      **7:00-8:30 pm**                      **\$29/Sr No Fee**

*Brenda Catugno, ChFC, CASL, is a Vice President – Investments with Chase Investment Services Corp. in Westport. She specializes in comprehensive financial planning and portfolio management and offers a wide variety of solutions to meet clients needs. She has been teaching this course with us for 11 years.*

## #174 Passport to Retirement in an Uncertain Economy

Worried about when - or if - you can retire? Concerned over your current investments performance? This comprehensive educational workshop will help you get answers to important questions: How much retirement money will I need? How should I be invested given market volatility? How can I better manage my taxes? What can I do to preserve my estate for my heirs? A local estate-planning attorney will address the class in session two. A 140-page retirement workbook and a personalized retirement plan are included. (Instructor, Greg Rodiger)

**2 Sessions**                      **May 4 & 11**                      **SHS Room 1052**  
**Wednesday**                      **7:00-9:00 pm**                      **\$39**

*Greg Rodiger is a Certified Financial Planner with The Connecticut Group in Westport. He has a master's degree in financial planning, is listed in "Who's Who in Business and Industry," and has over 20 years of advisory experience. He has been teaching this course with us for over 9 years.*

## #162 Estate Planning

This is a detailed seminar on estate planning techniques and estate administration, with an emphasis on reducing or avoiding transfer taxes and maximizing lifetime wealth. There will be an in-depth review of federal and state transfer tax laws, including what "repeal" means and what changes in the law we may see. Learn about the probate process and avoiding probate, how wills and trusts are used in estate planning, how to plan for incapacity, and the importance of re-titling assets and updating beneficiary designations. Class will also include retirement assets, gifting, Medicaid, life insurance, sophisticated planning, and more! Case studies will be included.

(Instructor, Patricia R. Beauregard, Esq.)

**3 Sessions**                      **Feb 2-16**                      **SHS Room 1055**  
**Wednesday**                      **7:00-9:00 pm**                      **\$59/Sr \$39**

*Patricia R. Beauregard is a partner at Pullman & Comley, LLC in the Trusts & Estates department. Her practice includes estate and tax planning, wills, trusts, probate, estate administration, trust administration, and tax exempt law, including formation of charitable entities.*

## #196 Legal Documents: an Explanation of Documents that can Affect your Estate

Will; Living Will; Power of Attorney; Health Care Agent; Conservator; Guardian; Revocable Trust; Living Trust; Irrevocable Trust. Confused? What are these documents? Who needs them? Do you need them? You will learn what each document is used for, understand the differences between them and recognize which one(s) are important to have to protect your assets. (Instructor, Victoria Koch)

**Tuesday • Feb 15**                      **7:00-9:00 pm**                      **SHS Room 1036 \$29**

*Victoria Koch, an attorney with an office in Fairfield, specializes in Elder Law, Real Estate, Estate Planning and Probate.*

## Register Early!

Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by the week before the class, it may be cancelled.

**So please register early!**

**Want to teach a class for us?**  
**Complete a course proposal packet**  
**at our website:**  
**[www.westportcontinuinged.com](http://www.westportcontinuinged.com)**



## #283 Acting

Join actor-writer-director-teacher Melody James in a relaxed, confidence-building, fun environment where you will exercise your imagination and the "magic IF" of acting. Experienced students mix with those new to acting. Enjoy tackling text and characters you always wanted to try in monologues and scene study. Exercise essential onstage skills of living "in the moment" with honest engagement. We'll cover voice and movement warm-ups, sensory awareness, improvisation, playing objectives, approach to script and characterization. Come stretch your expressiveness, spontaneity and communication skills. (Instructor, Melody James)

**10 Sessions** **Jan 27-Apr 7\*** **BMS Room 210**  
**Thursday** **7:00-9:00 pm** **\$199**

**\*no class Feb 24**

*Melody James has taught theater at Vassar, Fordham, Muhlenberg, Housatanic Community College, and Playmaking Workshops throughout the USA, France, Mexico, and Canada. As a veteran company member of the Tony & Obie winning San Francisco Mime Troupe and New York's award-winning Modern Times Theater, Ms. James brings experimental and political theater techniques along with more traditional experiences with stage, film, and TV to the joy of acting and making theater for our times.*

## #238 Beginning Guitar

The benefits of learning to play a musical instrument are well documented. You may already have a guitar in the house. Now you can learn what you need to get started ... tuning, rudimentary technique and understanding of music notation and tablature ... using familiar songs to make learning fun! Participants supply their own instrument (left-handed guitars are recommended for left-handed players) (Instructor, Gene Pino)

**6 Sessions** **Mar 1-Apr 5** **SHS Room 460**  
**Tuesday** **8:00-9:00 pm** **\$119**

*Gene Pino studied under Chuck Wayne and Linc Chamberland, attended Berklee College of Music and The Manhattan School of Music. He teaches private lessons in his Westport Studio, has been teaching guitar for 30 years and has been teaching with us for 10 years. One grad of the prestigious University of Miami School of Music says, "Gene Pino is..... by far the best teacher player, and mentor of all of them."*

## #240 Guitar II

In this continuation of Beginning Guitar, you will be playing songs in various styles and applying aspects and techniques started in Beginning Guitar including music notation, tablature, hand position technique, strumming, finger-picking, flat-picking, rhythms and chords. Open to students who have played in the past and would like to restart their interest and to previously enrolled participants who enjoy playing in a group with other guitar enthusiasts and would like to review and pick up a few tips. Participants supply their own instrument. (Instructor, Gene Pino)

**6 Sessions** **Apr 26-May 31** **SHS Room 460**  
**Tuesday** **8:00-9:00 pm** **\$119**

**NEW**

## #442 Brazilian Reggae Cardio Workout

**NEW**

This is a great dance workout

– the energetic music will inspire you! Sandy will warm you up, break down the moves, go over each step many times with music, add on and go from the top. It is so much fun you won't even realize you are working out. A class not to miss! Bring water and a towel.

(Instructor, Sandy Adamczyk)

**12 Sessions** **Jan 25-May 3\*** **2nd Floor Mezz.**  
**Tuesday** **6:30-7:45 pm** **\$255**

**\*no class Feb 15, 22 or Apr 19**

*Sandy is an experienced, award winning professional dancer and dance instructor. She is dedicated to sharing the joy, energy and cultural beauty of dance.*

## #951 Ballroom Dancing for Everyone!

The exciting class offers something for everyone. Learn fast dances, slow dances and Latin dances, like tango, swing, salsa and hustle. Perfect for any ability level. Dancing is great exercise and a proven mood lifter. Couples and singles welcome. The only requirement is come ready to dance and have fun! Smooth soled shoes are recommended.

(Instructors, Michael and Nicole Stavola)

**12 Sessions** **Feb. 2-May 4\***  
**Wednesday** **7:00-7:45 p.m.** **\$180**

**\*no class Feb 23 or Apr 20**

**Location is Scandinavian Club – 1351 South Pine Creek Road, Fairfield CT**

*Michael and Nicole Stavola are the directors of Ballroom Dancesport and CT Kids Dance. They are professionally certified and have been dancing, teaching and competing in ballroom for over 30 years.*

*Visit [www.ballroomdancesportct.com](http://www.ballroomdancesportct.com) for more information about the instructors.*



## #952 Ballroom Cardio Class

**NEW**

Let's get moving! Dance your way into shape with this fun and effective class designed to use the basic steps of ballroom dance and Latin motion to get your heart pumping, strengthen core muscles and increase flexibility and control. All ability levels welcome. No partner needed.

(Instructors, Michael and Nicole Stavola)

**12 Sessions** **Feb. 2-May 4\***  
**Wednesday** **6:15-7:00 pm** **\$180**

**\*no class Feb 23 or Apr 20**

**Location is Scandinavian Club – 1351 South Pine Creek Road, Fairfield CT**

**See Belly Dancing p 13 and Zumba p 14**



## #131 Intro to PC Essentials

Have you had limited exposure to computers or want to improve your skills? In addition to learning the basics of understanding the Windows operating system (XP, Vista, 7), you will learn word processing basics, how to locate, name, and store files, how to load pictures from your digital camera onto a PC, and increase your comfort level with Internet/email by learning shortcuts and about useful websites. (Instructor, Alan Weaver)

**3 Sessions 6:30-9:30 pm SHS Room 2034 \$109**

**#131a Tuesday Feb 1-15**

**#131b Thursday May 5-19**

Alan Weaver has been teaching technology, computer, and Photoshop classes for Westport Continuing Education for 14 years. Mr. Weaver's business, the big picture, provides computer training in Microsoft Office and Photoshop products, and website design and marketing plans for small and medium sized businesses. Mr. Weaver is an adjunct professor at Housatonic Community College where he teaches computer and business courses.

## #121 Intro to MAC Operating System

Learn to use your Macintosh computer more efficiently and increase your productivity. Learn about the operating system, keyboard, desktop navigation, the internet, editing text, fonts, special characters, maintenance, viruses, keyboards, monitors, disks, sound and more. *Prerequisite: familiarity with the keyboard.*

**5 Sessions Mar 2-30 SHS Room 1029**  
**Wednesday 7:00-8:30 pm \$89**



## #135 Your Laptop Computer or Netbook and you!

**NEW**

Discover what your laptop can do for you! Learn about the basic parts of the laptop, what all the buttons, sockets and

slots are for, how to store your laptop, and how to connect to the internet. Bring your laptop and power cord to class. *Class will cover laptops other than MACs.*

(Instructor, Alan Weaver)

**Tuesday • May 10 6:30-9:30 pm SHS Room 2034 \$69**

## #217 Quickbooks Pro 2006: Basics

Learn the fundamentals of QuickBooks Pro: how to setup a company, create accounts, do invoicing, enter and pay bills, and generate reports. This course is designed for the person who has not used QuickBooks Pro and has minimal accounting knowledge. The course will thoroughly cover the basics and be paced for the beginner. *Classes will be taught on PCs.*

**4 Sessions Mar 8-29 SHS Room 1033**  
**Tuesday 7:00-9:00 pm \$159**

## #117 Quicken 2009

With Quicken you can track your personal finances and organize your records: checking, savings, investments, loans, credit cards, and liabilities. Online banking, which is unique to each person, will also be discussed in general terms – class time and privacy issues do not allow for individual set-up of your accounts. *Prerequisite: a basic understanding of the PC and understanding of paper based tracking of bank accounts and bank reconciliation. Classes will be taught on PCs.*

**3 Sessions Apr 6-27\* SHS Room 1033**  
**Wednesday 7:00-9:00 pm \$179**

**\*no class Apr 20**



## #062 Launching a Website

For those of you who have a website or are considering creating one, we will discuss the processes including do-it-yourself or hiring a professional. If you want to do it on your own, learn about software and the skills you

need to know. If hiring a firm, learn about the advantages and disadvantages of local freelancers, and local and off shore businesses. Learn about the value of SEO (search engine optimization). *Class will be taught on PCs.*

(Instructor, Alan Weaver)

**Tuesday • Apr 12 6:30-9:30 pm SHS Room 2034 \$69**

## #060 Optimize Your Website – Increase Traffic and Effectiveness

Discover what does and does not work on your website. Tips will be provided to increase visibility in Google. Learn how to develop content that is picked up by the search engines and how to embed a gmail account into your website. Google Analytics and many other topics such as LinkedIn and email campaigns will be discussed. Fluency in html or any web authoring program is not required. Class outline is on our website. *Class will be taught on PCs.* (Instructor, Alan Weaver)

**2 Sessions May 18 & 25 SHS Room 2034**  
**Wednesday 6:30-9:30 pm \$89**

## #911 Google and Beyond

Although nearly everyone has used this website, there is a lot more to Google than meets the eye. Learn techniques to improve your research. Discover many of the hidden features including word processing, spreadsheets, maps, and photo retouching. Learn which features should be avoided. Discover how you can analyze and improve traffic to your website. Discover other search engines that are less overwhelming. *Prerequisite: familiarity with the keyboard and the Internet.* (Instructor, Alan Weaver)

**Monday • Apr 11 6:30-9:30 pm SHS Room 1033 \$49**



## #013 MS Excel 2003

Learn to design useful spreadsheets for business and home use and how to create formulas as well as format and learn basic database features as you sort lists. With the formulas, you will learn math, financial, and statistical functions. Learn how to create and customize charts. Other topics include mastering absolute references, formulas, and functions including financial, logical, lookup, linking and embedding data with other programs. Learn how to create templates. **Skills learned in this class are transferable to newer editions of the software.** *Prerequisite: competency with the mouse and the keyboard. Classes will be taught on PCs.*

(Instructor, Alan Weaver)

**3 Sessions** **Mar 14-28** **SHS Room 1033**  
**Monday** **6:30-9:30 pm** **\$145**

## #014 MS Excel II 2003

Work with more complex formulas, learn how to manage large sheets of data in sorting and filtering, how to use shortcuts with large amounts of data, and how to link Excel files together. Learn how to track errors, work with time functions, multi-level if statements and more. Feel free to bring files to class on a flash drive so we can discuss student's specific needs. **Skills learned in this class are transferable to newer editions of the software.** *Prerequisite: knowledge of formulas and absolute references in Excel. Classes will be taught on PCs.*

(Instructor, Alan Weaver)

**2 Sessions** **May 2 & 9** **SHS Room 1033**  
**Monday** **6:30-9:30 pm** **\$99**

## #149 Word 2003 For Windows – Intermediate (Desktop Publishing)

NEW

Once you have mastered the basics of MS Word, you are ready to refine your skills. Learn how to work with mail merge, data files and MS Outlook to create mass mailings, form letters, labels and envelopes of all sizes. Create and enhance flyers, reports and newsletters with WordArt and clipart. Learn how to create borders and shading; fonts, symbols, and bullets; headers and footers; custom tabs; tables; columns; inserting and resizing photos and images; text wrapping; and interface with MS Excel and PowerPoint. **Skills learned in this class are transferable to newer editions of the software.** *Prerequisite: understanding of the basics of Word. Classes will be taught on PCs.* (Instructor, Don Kubie)

**4 Sessions** **Mar 21-Apr 11** **SHS Room 2034**  
**Monday** **7:00-9:00 pm** **\$129**

## #635 Facebook, Twitter & Social Networking

NEW

Social Networking sites such as Facebook, Twitter and LinkedIn let you connect to, and network with, other people, both personally and professionally. Learn what kids, parents, grandparents and businesses use the different social networking sites for and how to set up your accounts. Learn about maintaining your privacy. (Instructor, Alan Weaver)

**Thursday • Jan 27 6:30-9:30 pm SHS Room 1033 \$49**

## #118 MS Powerpoint

NEW

Want to create impressive and effective presentations? You will learn how to create presentations, complete with graphics, charts, data imported from spreadsheets and other programs, slide transitions, sound and animation effects. You will be more confident as you deliver high impact presentations in any setting, from meeting rooms to across the web. You can also be able to create flyers and tributes for a wedding or other special event which can be printed or projected. *Classes will be taught on PCs.* (Instructor, Alan Weaver)

**2 Sessions** **March 24 & 31** **SHS Room 2034**  
**Thursday** **6:30-9:30 pm** **\$99**

## #619 Basic Photoshop

For photographers, hobbyists, and those who want to work with digital images. Through studio experience, hands-on work, and lecture, we'll explore the ins and outs of Adobe Photoshop. Topics include: selections and project montage, layer management, scans (reflective, transparent), image manipulation, retouching, and keyboard shortcuts. *Classes will be taught on PCs.* (Instructor, Craig Burry)

**5 Sessions** **Feb 10-Mar 17\*** **SHS Room 1033**  
**Thursday** **7:00-9:00 pm** **\$189**

**\*no class Feb 24**

*Craig Burry is a freelance art director and owner of Cat and Mouse Design Group. He has been teaching for Westport Continuing Education for more than 7 years.*

## #890 Intermediate/Advanced Photoshop

Explore the complexities of digital retouching, filtering, and enhancing your photos! Learn how to eliminate scratches, blemishes, and red eye. Learn dodge, burn, saturation, adjustment levels, and curves. We'll cover backgrounds, cropping, gradations, silhouettes, and low key, mid key, and high key. Learn how Bitmapped images and Pixels compare to halftone screening. Learn important functions, tools, methodology, and vocabulary, in applying Photoshop to your field of interest. *Prerequisite: basic understanding of Photoshop. Classes will be taught on PCs.* (Instructor, Craig Burry)

**5 Sessions** **Mar 31-May 5\*** **SHS Room 1033**  
**Thursday** **7:00-9:00 pm** **\$199**

**\*no class Apr 21**

## #626 Introduction to Photoshop Elements

NEW

For photography novices or those on a limited budget, this highly rated and inexpensive program is ideal. Learn the basics to improve photos: adjusting color, removing red eye, cropping, working with and creating layers, and adding special effects. Printing methods, types of papers, and types of printers will be discussed. Skills learned in this class apply to any level of the program you may own. You may bring your own laptop that has Photoshop Elements installed on it, along with your mouse, or use our computers. *Prerequisite: ability to work with a mouse. Classes will be taught on PCs.* (Instructor, Alan Weaver)

**3 Sessions** **May 17-31** **SHS Room 1033**  
**Tuesday** **6:30-9:30 pm** **\$145**



## ONLINE COURSES WITH

Westport Continuing Education has partnered with **ed2go** to offer a wide range of highly interactive courses that you can take entirely over the internet.

Our online courses are affordable, fun, fast and convenient. All of the courses are taught by expert instructors. Take courses from the comfort of your home or office at the times that are most convenient for you. You can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion.

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Computer Applications • The Internet • Networking • Web Page Design • Graphic Design • Career Ideas  
Personal Finance • Personal Enrichment • Arts/Music • Writing & Publishing  
... and much more!!

For more information about our online course offerings,  
visit our website at [www.westportcontinuinged.com](http://www.westportcontinuinged.com)  
and click on the **ed2go** link.

## **estport Center for Senior Activities • 21 Imperial Avenue**

**Please visit us online at:**

**[www.westportct.gov](http://www.westportct.gov)**

### ***Center Hours:***

***Monday – Friday 8:30 am – 4:30 pm***

***Thursday 8:30 am – 8:00 pm***

***Saturday 8:30 am – 12:30 pm***

**ALL CLASSES**  
require pre-registration and will be  
filled on a first come basis.

**TO REGISTER call 203•341•5099**  
**Registration begins Dec 13**  
**Classes begin Jan 3**

### ***Among the courses taught at the Center are:***

- Computer Class Offerings – Absolute Beginner, Word, Introduction to Email, Excel, Using a Scanner, PowerPoint, Intro to eBay, Intro to Digital Photography, Intro to the Internet, Searching on the Internet, Photoshop Elements, Using Technology to Manage Investments, Mail Merge, Google and more
- Sunday Socials
- Movies with dinner
- Mind-Body-Spirit, Health & Healing
- Culinary Classes
- Yoga & Pilates
- Foreign Language Instruction
- Watercolor, Sculpture, Beading, Stained Glass
- Fitness Center, Strength Training, Aerobic Chair, Pilates
- Support Groups, Blood Pressure & Hearing Screening
- Meditation, Tai Chi, Yogalates
- Saturday Socials
- Botanical Watercolor Techniques
- Drawing/Watercolor
- Dance & Stretch
- Current Events
- Let's Talk
- Nutrition Education
- Yogalates
- Core Strength Training
- College Level Courses



## KID'S CLASSES follow the Westport Public School calendar.

Our classes do not meet on Westport Public School Holidays, Staff Development Days, or Shortened School Days.  
Unless otherwise noted,

elementary students do not have classes during teacher conferences, T., W. & Th., Apr 12, 13, 14

## PLEASE MARK CLASS DATES ON YOUR CALENDAR!

*Note that dates listed below do not take into account any unforeseen school closings.*

## PLEASE BE PROMPT IN PICKING UP YOUR CHILD TO AVOID LATE FEES

Please understand that our instructors have commitments after class.

Late fees will apply for children picked up more than 5 minutes after class.

Late fees are: \$10 for 5 minutes after class; \$20 for each 15 minute increment thereafter.

### #836 Sports and Homework Clubs (Gr. 2-5)

Are you looking for fun and excitement after school? This is the club for you! Benefit from teacher directed homework/ tutoring sessions and enjoy an hour of fun filled sports and activities! Play sports and activities such as basketball, soccer, flag football, wiffleball, kickball, capture the flag and much more! Gain a strong sense of satisfaction and achievement in a non-competitive atmosphere. Develop physical skills, complete your homework, meet new friends and have fun participating! Be a part of our team this school year!

**When you register for a 4 week session, please select the three letter school code and the # code for the session you want.**

KHS	3:25-5:00 pm	\$99
SES	3:05-5:00 pm	\$115
GFS	3:05-5:00 pm	\$115
LLS	3:25-5:00 pm	\$99
CES	3:40-5:00 pm	\$79

**Tuesday** – available at

**KHS Room 32 & Gym** (Carol Dalton)

**SES Room 153 & Gym** (Andrew McLoughlin)

**GFS Room 204 & Gym** (Courtney Krzyzek)

**CES Library & Gym** (Lauren Pedrotty or Mandy Pun)

#836a	Jan 11-Feb 1
#836b	Feb 8-Mar 8 (no class Feb 22)
#836c	Mar 15-Apr 5
#836d	Apr 26-May 17
#836e	May 24-June 14

**Wednesday** – available at

**KHS Room 32 & Gym** (Carol Dalton)

**SES Room 153 & Gym** (Daniel Barbiero)

**LLS Room 9 & Gym** (Melanie Carroll)

#836f	Jan 12-Feb 2
#836g	Feb 9-Mar 9 (no class Feb 23)
#836h	Mar 16-Apr 6
#836i	Apr 27-May 18
#836j	May 25-June 15

**Thursday** – available at

**KHS Room 32 & Gym** (Carol Dalton)

**SES Room 153 & Gym** (Andrew McLoughlin)

**GFS Room 204 & Gym** (Jon Herbst or Sarah Stefans)

**LLS Room 9 & Gym** (Melanie Carroll)

**CES Library & Gym** (Lauren Pedrotty or Mandy Pun)

#836k	Jan 13-Feb 3
#836l	Feb 10-Mar 10 (no class Feb 24)
#836m	Mar 17-Apr 7
#836n	Apr 28-May 19
#836o	May 26-June 16

### #840 Just Sports (Gr. 2-5)

Wondering what to do after school on Fridays? Come join us for TWO hours of sports and activities! Participate in games such as proball, pirates gold, sink the ship, crossover, pinball, basketball, wiffleball, team handball, kickball, tag games, scooters, volleyball, badminton, floor hockey and much more! Make new friends and have fun in an environment that is safe. All sports and activities are taught by a certified Physical Education teacher. (Instructor, Andrew McLoughlin)

SES Gym		4 Sessions	Friday	3:00-5:00 pm	\$115
#840a	Jan 21-Feb 11		#840c	Mar 25-Apr 15	
#840b	Feb 18-Mar 18 (no class Feb 25)		#840d	Apr 29-May 20	

**NEW**



## Kindergarten Tennis

Learn tennis the way we all wish we had! Basic eye-hand coordination, ball handling, court familiarity, movement/agility, general physical fitness, and pre-tennis exercises just for kids. These skills apply to most sports. Taught by instructors with training in "pre-tennis fun" for kindergarten aged children. (Instructor, Connie Goodman)

WINTER		7 Sessions		\$255
#828a	Tuesday	Jan. 4-Feb. 15	4:00-5:00 p.m.	SES Gym
#828b	Thursday	Jan. 6-Feb. 17	4:00-5:00 p.m.	SES Gym
EARLY SPRING		6 Sessions		\$220
#828c	Tuesday	Mar 8-Apr 12*	4:00-5:00 pm	SES Gym
#828d	Thursday	Mar 10-Apr 14**	4:00-5:00 pm	SES Gym
*Tennis will be held Apr 12		**Tennis will be held Apr 14		
LATE SPRING		7 Sessions		\$255
#828e	Tuesday	Apr 26-June 7	4:00-5:00 pm	SES Gym
#828f	Thursday	Apr 28-June 9	4:00-5:00 pm	SES Gym

## Tennis for Grades 1-8

Learn the basic fundamentals: proper grips, forehand, backhand, serve, volley, rules and etiquette. Bring your own racquet. Low student/teacher ratio. Teaching pro Connie Goodman is a USPTR instructor and CT licensed coach whose enthusiasm for the game is contagious.

	<u>Grade</u>	<u>Sessions</u>	<u>Dates</u>	<u>Time</u>	<u>Location</u>	<u>Fee</u>
<b>WINTER</b>						
#321A2	1-2	6	Mon, Jan 3-Feb 14*	4:00-5:00 pm	GFS Gym	\$220
#321A3	3-5	6	Mon, Jan 3-Feb 14*	5:00-6:00 pm	GFS Gym	\$220
#321B2	1-2	7	Wed, Jan 5-Feb 16	4:00-5:00 pm	SES Gym	\$255
#321B3	3-5	7	Wed, Jan 5-Feb 16	5:00-6:00 pm	SES Gym	\$255
#321C1	6-8	6	Fri, Jan 7-Feb 18**	3:00-4:00 pm	BMS Gym	\$220
#321C2	1-2	6	Fri, Jan 7-Feb 18**	4:00-5:00 pm	BMS Gym	\$220
#321C3	3-5	6	Fri, Jan 7-Feb 18**	5:00-6:00 pm	BMS Gym	\$220
*no class Jan 17			** no class Jan 14			
<b>EARLY SPRING</b>						
#323A2	1-2	6	Mon, Mar 7-Apr 11	4:00-5:00 pm	GFS Gym	\$220
#323A3	3-5	6	Mon, Mar 7-Apr 11	5:00-6:00 pm	GFS Gym	\$220
#323B2	1-2	6	Wed, Mar 9-Apr 13	4:00-5:00 pm	SES Gym	\$220
#323B3	3-5	6	Wed, Mar 9-Apr 13	5:00-6:00 pm	SES Gym	\$220
#323C1	6-8	6	Fri, Mar 11-Apr 15	3:00-4:00 pm	BMS Gym	\$220
#323C2	1-2	6	Fri, Mar 11-Apr 15	4:00-5:00 pm	BMS Gym	\$220
#323C3	3-5	6	Fri, Mar 11-Apr 15	5:00-6:00 pm	BMS Gym	\$220
<b>LATE SPRING</b>						
#324A2	1-2	6	Mon, Apr 25-June 6*	4:00-5:00 pm	GFS Gym	\$220
#324A3	3-5	6	Mon, Apr 25-June 6*	5:00-6:00 pm	GFS Gym	\$220
#324B2	1-2	7	Wed, Apr 27-June 8	4:00-5:00 pm	SES Gym	\$255
#324B3	3-5	7	Wed, Apr 27-June 8	5:00-6:00 pm	SES Gym	\$255
#324C1	6-8	7	Fri, Apr 29-June 10	3:00-4:00 pm	BMS Gym	\$255
#324C2	1-2	7	Fri, Apr 29-June 10	4:00-5:00 pm	BMS Gym	\$255
#324C3	3-5	7	Fri, Apr 29-June 10	5:00-6:00 pm	BMS Gym	\$255
*no class May 30						



## #306 TGA Premier Junior Golf (Gr. 1-2, 3 & up)

Learn how to play golf in a safe and fun environment. Learn swing fundamentals along with basic rules and etiquette. This TGA Golf Enrichment Program is designed to develop each child's passion for golf while developing and improving their motor skills and coordination, helping with focus and concentration, and boosting self confidence. All golf equipment is provided including softer practice balls. Over time TGA's 5-level-program will advance children through all aspects of the game and prepare them to go out and play on the course. (Instructor, Total Golf Adventures (TGA) of Fairfield, <http://fairfield.golftga.com>)

**WINTER 8 Sessions \$189**

**#306d** Monday Jan 24-Mar 28 (no class Feb 21, 28)  
SES Gym 3:05-4:05 pm

**#306e** Monday Jan 24-Mar 28 (no class Feb 21, 28)  
CES Gym 3:40-4:40 pm

**#306f** Wednesday Jan 26-Mar 23 (no class Feb 23)  
LLS Gym 3:20-4:20 pm

**#306g** Friday Jan 28-Mar 25 (no class Feb 25)  
GFS Gym 3:05-4:05 pm

## SPRING

Mon, 7 Sessions \$165 Wed & Fri, 8 Sessions \$189

**#306h** Monday Apr 11-June 6 (no class Apr 18, May 30)  
SES Gym 3:05-4:05 pm

**#306i** Monday Apr 11-June 6 (no class Apr 18, May 30)  
CES Gym 3:40-4:40 pm

**#306j** Wednesday Apr 6-June 8 (no class Apr 13, 20)  
LLS Gym 3:20-4:20 pm

**#306k** Friday Apr 8-June 3 (no class Apr 22)  
GFS Gym 3:05-4:05 pm

## #351 Bantam Boys Lacrosse (Gr. 3-5)

This class is for novice lacrosse players with a minimum of 1 year experience. Throwing, catching, cradling, and shooting are all skills to be mastered. Session begins Jan 6.

## #351 Little Stix Lacrosse (boys and girls Gr. K-2)

An introduction in which children will learn to pass and cradle while having a safe experience. We stress fun. Session begins Jan 6. (Non-contact)

**Classes will be held on Thursdays at Long Lots and Tuesdays at Saugatuck.**

**For more information or to register, call Gilman Lacrosse (203) 544-7597**

*Bus transportation from CMS to BMS is available through the Norwalk Transit District. Call 852-0000 for bus information*

## #303 Kempo Karate (Gr. 1-5)

Through highly successful teaching techniques that incorporate character building philosophies with traditional martial arts training methods, you will learn to understand and use martial arts to develop self discipline, self control, and respect for others. Learn a series of punches, kicks, and blocks in a fun yet controlled environment. Martial arts concepts will be used to build your confidence while improving your focus, self-discipline and respect for others. No contact or fighting involved. Wear comfortable clothes -- you will receive a white belt. Students will have option to purchase a GI (uniform pants and shirt for \$42) and to test for belt advancement at the Kempo Academy of Martial Arts studio in Westport at the conclusion of the program (test fee is \$45). All students must submit a completed waiver form to our office prior to the first class meeting; the form is available in our office and on our website (Instructor, Sensei Douglas DeBarger, Kempo Academy of Martial Arts [www.kempoacademy.com](http://www.kempoacademy.com))

**10 Sessions \$139**

**#303e** Monday Jan 24-Apr 11 (no class Feb 21, 28)  
KHS Gym 3:25-4:25 pm

**#303f** Tuesday Jan 25-Apr 5 (no class Feb 22)  
LLS Gym 3:25-4:25 pm

**#303g** Wednesday Jan 26-Apr 6 (no class Feb 23)  
GFS Gym 3:05-4:05 pm

**#303h** Friday Jan 28-Apr 8 (no class Feb 25)  
SES Cafeteria 3:05-4:05 pm

## #886 Yoga (Gr. 6 & up)

Yoga promotes unification of the body and mind. You will gain strength, flexibility, balance and coordination. You will develop the ability to look within, think for yourself and trust the knowledge inside. Yoga will teach you patience, self-acceptance, breathing, relaxation and stress-relieving techniques. The classes will also help you build your confidence level, focus, concentration and self-esteem. (Instructors, Sandy Adamczyk at CMS, Maria Vailakis-Wippick at BMS)

**#886a** 12 Sessions Jan 24-May 9\* CMS Room 211  
Monday 2:45-3:45 pm \$175

\*no class Feb 14, 21, 28, Apr 18

**#886b** 12 Sessions Jan 26-Apr 27\*\* BMS Aux Gym  
Wednesday 3:00-4:00 pm \$175

\*\*no class Feb 23, Apr 20

## #984 Badminton (Gr. 4 & up)

Come learn this fun and exciting fast paced Olympic sport. This is the real sport. Beginners to advanced players welcome. Meet and play with new friends, get exercise and have lots of fun. Sneakers and badminton racquets required. Racquets available if needed. (Instructor, Peter Bartush)

**11 Sessions Mar 16-June 1\* BMS Gym \$99**  
Wednesday 4:30-6:00 pm

\*class will be held Apr 13; no class Apr 20





## #362 Fun with Art (Gr. 2-5)

Come to the art room and let's experiment! Using many different techniques and materials, but most importantly, your imagination, you'll create unique works of art and sculpture to express yourself and have fun! Please bring an old shirt or smock and dress for mess! New and returning students are welcome – we'll have new projects.

(Instructors, Sarah Martin at KHS; Mary Jo Lombardo at CES)  
**Thursday 3:30-5:00 pm**

**#362a 9 Sessions Jan 27-Mar 31 (no class Feb 24)**  
 CES Room 19 \$189

**#362b 10 Sessions Jan 27-Apr 7 (no class Feb 24)**  
 KHS Art Room \$209

## #334 Young Sculptors (Gr. 3-5)

Enjoy hand building and sculpting! We will be using a variety of hand techniques to make vases and other free form objects. There will be individualized instruction. Completed pieces will be fired and glazed. Limit 12. (Instructor, Mary Jo Lombardo)

**9 Sessions Jan 25-Mar 29\* CES Room 19**  
**Tuesday 3:30-5:00 pm \$209**

\*no class Feb 22

## #451 Introduction to Mosaics (Gr. 2-5, 6-8) **NEW**

Create your own art mosaic using tiles. All materials including tile, grout, cutting tools, and tiling surfaces such as frames or mirrors will be provided. Cutting, shaping and patterns will be explained. No art or mosaic experience necessary! Non-refundable materials fee of \$20 included. (Instructor, Sarah Martin)

**4 Sessions \$99**

**#451a Wednesday Jan 26-Feb 16**  
 KHS Art Room 3:30-5:00 pm

**#451b Wednesday Mar 9-30**  
 CMS Room 231 2:30-4:00 pm

## #981 Acrylic Painting (Gr. 6 & up)

"Every master knows that the material teaches the artist." Ilya Ehrenberg (1892-1967) Every student should know that painting has its own set of unique characteristics. This course offers serious middle school students the opportunity to expand their knowledge of painting with acrylic paints. Students will learn about color mixing, painting techniques and processes, as well as creating artwork that draws upon their individual creativity. Materials included. (Instructor, Peter DiFranco)

**8 Sessions Feb 1-Mar 29\* BMS Room 272**  
**Tuesday 3:00-4:30 pm \$189**

\*no class Feb 22

# Dance

## #328 Irish Step Dance (Gr. K-3)

Learn the basic steps and techniques of Irish Step dancing in this introductory class for first time students as we dance to lively Irish music known as "reels" and "jigs". Whether you wish to compete or to dance for the love of it, this beautiful art form is a great way for children to develop strength, coordination, rhythm and balance, as well as to learn something fun and unique. You can wear Irish dance shoes or ballet slippers, jazz shoes, socks or even bare feet will do!

**10 Sessions Jan 31-Apr 25\* LLS Auditorium**  
**Monday 3:20-4:05 pm \$89**

\*no class Feb 21, 28, Apr 18

## #400 Dancing for Kids (Gr. 4-5, 6-8) **NEW**

Ballroom dancing is for kids too! Dancing is a great activity to get kids moving, build self-confidence and make new friends. Not only is dancing fun but kids will discover teamwork, develop mutual respect, increase coordination and interact with peers. Optional performance opportunity at the end of session for your family and friends. Wear sneakers. (Instructors, Michael and Nicole Stavola, directors of Ballroom DanceSport and CT Kids Dance)

**12 Sessions Feb 4-May 6 (no class Feb 25, Apr 22)**  
**Friday \$180**

**#400a Gr. 4-5 GFS Music Room 3:20-4:20 pm**

**#400b Gr. 4-5 CES Cafeteria 3:35-4:35 pm**

**#400c Gr. 6-8 BMS Room 280 3:00-4:00 pm**

## #402 Tap Dancing (Gr. 6-8) **NEW**

Whether you have taken tap class before or are new to tap, this class is for you! Boys and Girls welcome! Up-beat fun, great way to express yourself, something all could enjoy! Bring your tap shoes. (Instructor, Sandy Adamczyk)

**12 Sessions Jan 26-May 4\* BMS Room 107**  
**Wednesday 3:00-4:00 pm \$139**

\*no class Feb 16, 23, Apr 20

## #401 Ballroom Dancing for Teens (Gr. 9 & up) **NEW**

Would you like to dance like the stars? You don't have to be a star to try. Meet new friends, get fit and have fun while learning to ballroom dance. Dancing helps overcome shyness, build confidence and improve overall health and wellness. Impress your friends at prom or your next formal with your new moves! Singles welcome. Optional performance opportunity at the end of session for your family and friends.

(Instructors, Michael and Nicole Stavola)

**12 Sessions Feb. 1-May 3\* SHS Cafeteria**  
**Tuesday 6:00-7:00 pm \$180**

\*no class Feb 22, Apr 19

*Michael Stavola is a certified dance professional who has been dancing, teaching and competing in ballroom for over 30 years and Nicole Stavola is a professionally trained, certified dance instructor. Michael is responsible for ballroom dancing clubs at many local universities and colleges, and has brought his CT Kids Dance program for children to many schools throughout Connecticut. Visit [www.ballroomdancesportct.com](http://www.ballroomdancesportct.com) for more information.*



## #330 Chinese for Children – Beginning

Join us and have an exciting time speaking and writing Chinese and learning about Chinese culture. Learn how to write characters, speak in Chinese, and about this rich culture through games, songs, and fun classroom handouts. The pronunciation system used is Hanyu Pinyin. This is the best time in your life to learn a new language! (Instructor, Yen-Ting Chi)

**10 Sessions** **Feb 8-May 3\*** **Tuesday**  
**LLS Room 6** **\$165**

**#330a** Gr. K-3 **3:30-4:30 pm**  
**#330b** Gr. 4 & up **4:30-5:30 pm**

\*no class Feb 22, Apr 12, 19

## #367 Writing Wizards Workshops (Gr. 1-2)

Come write your own stories and whole group stories. You'll learn many strategies to become a better writing wizard. Some of the strategies will be brainstorming, revising, and editing your own special writing. The instructor will confer with students individually and in small groups to help build confidence as a writer. At the end of the workshop, you will have created your own writing portfolio! (Instructor, Jamie Pacuk)

**6 Sessions** **Feb 2-Mar 16\*** **CES Room 21**  
**Wednesday** **3:40-4:40 pm** **\$75**

\*no class Feb 23

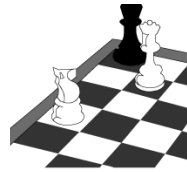
## #841 Junior Genie's Magic Club ~ featuring Nisan Eventoff, internationally known Master Magician (Gr. 1-5)

Learn the secrets of the professional magician and experience the wonder of magic! In this critically acclaimed program, you'll learn presentation skills, leadership skills, and speaking skills. You will build self-confidence and poise, improve body coordination and communication skills, and learn creative planning and stage presence. In addition, each week you will receive magic tricks and materials to take home with you! Any students repeating this class will receive new tricks to take home and will assist as magic aides for new students. A truly MAGICAL experience awaits you! Non-refundable materials fee of \$60 included. (Instructor, Nisan Eventoff)

**12 Sessions** **\$215**

**#841a** Wed Jan 26-May 4 (no class Feb 23, Apr 13, 20)  
**CES Room 14** **3:45-4:45 pm**

**#841b** Thur Jan 27-May 5 (no class Feb 24, Apr 14, 21)  
**LLS Room 1** **3:30-4:30 pm**



## #318 Chess Class (Gr. 1-5)

For children who are ready and able to focus on chess in a structured setting.

Beginners will learn the rules, how to checkmate, see several moves ahead, and how to write down their moves. Advanced students will learn strategy, openings, endings, and the history of the game. Limited class size. (Instructors, National Educational Chess Association – Alex Eydelman, Sergey Kudrin, Sebastian Lazar)

**WINTER** **8 Sessions** **\$145**

**#318i** Mon Jan 10-Mar 21  
(no class Jan 17, Feb 21, 28)  
**LLS Cafeteria** **3:20-4:20 pm**

**#318j** Wed Jan 12-Mar 9 (no class Feb 23)  
**KHS Library** **3:20-4:20 pm**

**#318k** Fri Jan 21-Mar 18 (no class Feb 25)  
**SES Library** **3:05-4:05 pm**

**SPRING** **8 Sessions** **\$145**

**#318l** Mon Apr 4-June 6 (no class Apr 18, May 30)  
**LLS Cafeteria** **3:20-4:20 pm**

**#318m** Wed Mar 23-May 25 (no class Apr 13, 20)  
**KHS Library** **3:20-4:20 pm**

**#318n** Fri Apr 1-May 27 (no class Apr 22)  
**SES Library** **3:05-4:05 pm**

## #523 Math-Letes (Gr. 2-4)

Do you love math? Do you like games? Join the Math-letes! We will learn and play math games that will help us improve our math skills. (Instructor, Katie Bloom)

**8 Sessions** **Feb 3-Mar 31\*** **SES Room 159**  
**Thursday** **3:05-4:15 pm** **\$125**

\*no class Feb 24

## #664 Drama Club (Gr. 2-5)

Do you like acting? Have you ever dreamed of performing in front of a live audience? Join the Drama Club! This session we will work together to create our own play! We will conclude our experience with a performance in front of our family and friends.

(Instructor, Katie Bloom)

**12 Sessions** **Feb 1-May 10\*** **SES Cafeteria**  
**Tuesday** **3:05-4:35 pm** **\$169**

\*no class Feb 22, Apr 12, 19



**February and April Vacation Adventures – see p 28**





## #522 Lego Computers – Learn with LEGO Build Series (Gr. 3-5)

NEW

If you like LEGOS or computers don't miss this chance to become a LEGO Technical Engineer! You will build with LEGOS and program your creations through the computer. This class promotes teamwork, collaborative learning, strategic planning, and problem solving. Most of all, children will learn by using two of the things they like best: toys and computers. Bring a peanut free snack. Hope to see you on the mission. (Instructor, Jason Bedient)

**5 Sessions** **3:15-4:30 pm** **Monday**  
**SES Room 300** **\$55**

**#522a** Intro to Basic ROBOlab Programming  
Jan 24-Mar 7 (no class Feb 21, 28)

**#522b** Mars Explorer  
Mar 21-Apr 25 (no class Apr 18)

## #531 Catch the Scratch Fever (Gr. 3-5)

NEW

Have you wondered how designers create games and animated stories? Learn basic computer programming techniques and skills using Scratch, a program developed at MIT. Create your own animated stories or interactive games with this fun and user-friendly program. Catch the Scratch fever! Bring a flash drive to store your work. (Instructor, Michael Brownstein)

**6 Sessions** **April 27-June 1** **LLS Library Lab**  
**Wednesday** **3:30-5:00 pm** **\$92**

## #663 Lights, Camera, Action! (Gr. 4-6)

Learn how to create your own movies using video cameras and iMovie software. Our lessons on lighting, camera angles, sound and editing will give you the tools you need to create a movie from script to final production. All materials will be provided. Enrollment is limited.

(Instructors, Barbara Eilertsen and Becky Laus)

**8 Sessions** **Feb 2-Mar 30\*** **LLS TV Studio**  
**Wednesday** **3:30-4:30 pm** **\$99**  
\*no class Feb 23



**Summer 2011**  
**Check our website**  
**for program information**

## #850 Exercise for Learning (Gr. 6-8)

NEW

Exercising the body exercises the brain. Research has shown time and again that students participating in an exercise program before school have all experienced significant gains in their reading ability and comprehension as well as improvement in math and other courses. Starting your day with physical workouts helps to wake up your brain. This class will help students find fun and exciting ways to exercise their bodies before school so that their brains are ready to learn! Wear comfortable PE clothes.

(Instructor, Jeff Doornweerd)

**2 weeks** **Mon-Fri** **CMS Gym** **6:45-7:30 am** **\$60**

**#850a** March 21-April 1

**#850b** April 4-15

## #270 Cooking Adventures II (Gr. 6-8)

NEW

Learn about basic kitchen skills, kitchen equipment, and cooking techniques. On the menu will be breakfast, lunch, and dinner foods. We will also do some baking – participant ideas are welcome. Classes will be hands on as we introduce new techniques and build upon past skills. New participants will fit right in as you learn many new recipes. Please note the kitchen contains nut products although they are not a part of our menus. (Instructor, Barbara Rourke)

**6 Sessions** **March 4-Apr 8** **SHS Room 184**  
**Friday** **3:15-5:15 pm** **\$225**

*Barbara Rourke teaches family and consumer science in Stratford. She loves teaching students to cook and to be creative in the process.*

**Please Note: The classrooms/kitchens where our cooking classes are held are NOT food allergy free classrooms/kitchens. Nuts, shellfish, etc. are used frequently.**

## #130 Cooking with Parents and Kids (Children ages 7 & up)

NEW  
MENUS

Spend a Saturday morning on a culinary adventure with your child! Work with your child to create healthy recipes from scratch. Have fun working in a professional equipped kitchen. Learn new skills and recipes together. Please note that some of the dishes may contain dairy and nuts. (Instructor, Theresa Maraglino)

**Saturday** **SHS Room 182** **\$99 per class/Parent & Child**

**#130a** Working with Puff Pastry – Feb 12

(snow date March 5) **9:30-11:30 am**

**#130b** Soup and Sandwich – March 12

(snow date March 19) **11:30 am-1:30 pm**

**#130c** Pasta from Scratch – April 9 **11:30 am-1:30 pm**

See our website for more information about the foods that will be prepared each day.

*Theresa Maraglino is a Culinary Arts teacher at Stratford High School.*



## #369 Study Skills/Organization Course (Gr. 6-8)

Gain an understanding of the importance of good organization and study skills. After assessing your current study skills and organization habits, you will learn how to keep your materials, notes, homework, and binders organized. Learn strategies to help break down long-term projects, prepare for mid-terms, create a personalized study routine, and plan out your time, so you can be successful throughout the year!

(Instructor, Jamie Pacuk)

**6 Sessions**      **Jan 11-Feb 15**      **CMS Room 216**  
**Tuesday**      **2:45-3:45 pm**      **\$85**

## #370 Advanced Study Skills (Gr. 6-8)

A follow-up course to the Study Skills/Organization Course, this class will build on previous strategies students have learned. Share and discuss strategies you have implemented, as well as share routines you have developed. This course will focus on long-term projects, preparing for tests and final exams, as well as organization.

(Instructor, Jamie Pacuk)

**3 Sessions**      **Apr 5-26\***      **CMS Room 216**  
**Tuesday**      **2:45-3:45 pm**      **\$42**

\*no class Apr 19



## #367 American Red Cross Babysitters Course (Age 11 & up)

Earn Red Cross Babysitters Certification while learning the knowledge and skills associated with leadership, safety, age-appropriate safe play, basic care, first-aid, and professionalism. Babysitters will learn how to prevent accidents and decide appropriate steps in response to an emergency. (Instructor, Gloria Allen)

**3 Sessions**      **\$145**

**#422a** **Thursday**      **Feb 3-17**  
**BMS Room 235**      **3:00-5:15 pm**

**#422b** **Saturday**      **Mar 12 & 19**  
**SHS Room 188**      **9:00 am-12:30 pm**

**#422c** **Tuesday**      **May 3-17**  
**CMS Room 118**      **3:00-5:15 pm**

**Get the classes you want –  
 Enroll Today!**

NEW

## FEBRUARY AND APRIL VACATION ADVENTURES

NEW

### #838 Sports and Fun Adventures (Gr. 1-5)

Are you wondering what to do during your February and April vacation break? Come join us and experience a sports camp taught by certified Physical Education teachers with twenty years of teaching experience! Participate in age appropriate activities that are safe physically, mentally and emotionally! Rock climbing, rollerblading, snowshoeing (only offered in February), tennis (only offered in April), proball, pirates gold, sink the ship, crossover, pinball, basketball, wiffleball, team handball, tag games, scooters, volleyball, badminton, floor hockey and much more! Rollerblading and snowshoeing are only offered for students in grades 3-5. Please make sure to bring drinks, peanut free snacks and lunch!

**4 Sessions**      **Tues-Fri**      **Feb 22-25**      **SES Gym**  
**Instructors, Andrew McLoughlin and Lisa Thomas**

**#838a**      **8:30 am-3:00 pm**      **\$140**

**#838b**      **8:30-11:30 am**      **\$70**

**#838c**      **12:00-3:00 pm**      **\$70**

**4 Sessions**      **Mon-Thurs**      **Apr 18-21**      **SES Gym**  
**Instructors, Andrew McLoughlin and Christopher Scholz**

**#838d**      **8:30 am-3:00 pm**      **\$140**

**#838e**      **8:30-11:30 am**      **\$70**

**#838f**      **12:00-3:00 pm**      **\$70**

### #304 TGA Premier Vacation Junior Golf (Gr. 1-5)

Join us at the safe and fun-filled junior Golf Vacation Camp. Under the watchful eye

of TGA certified instructors, practice different aspects of your game - putting, chipping, pitching and full swing. Golf specific fitness and balance exercises will be introduced. We will have friendly competitions like closest-to-pin, straightest drive and chipping around the world. Learn the basic rules of golf as well as golf trivia. All equipment is provided including softer practice balls. Join us for this opportunity to learn this lifelong sport and make new friends. All levels are welcome.

(Instructor, Total Golf Adventure (TGA) of Fairfield)

**4 Sessions**      **Feb 22-25**  
**Tues-Fri**      **BMS Gym**  
**10:00 am-12:00 noon**      **\$160**



**SUMMER 2011**

**Look for our catalog in March!**



## Club BEDford MIDDLE SCHOOL AFTER SCHOOL PROGRAM

Join CLUB BED...the all-inclusive middle school educational after school "resort"...accommodations include homework support, refreshments, friends, sports, games, crafts, flexible hours and caring educators. At Club BED we will provide a quiet study and reading space, along with project materials. We communicate with teachers to facilitate daily, long term projects and missing work. When the homework is done we have a variety of games, crafts and activities to entertain our students. Club BED takes place at Bedford Middle School Room 274, Monday-Friday from 3:00-6:00 pm when school is in session.

	<u>Any 2 days</u>	<u>Any 3 days</u>	<u>4 or 5 days</u>
Any 1 week	\$40	\$60	\$80
Jan. 24-Feb 18	\$145	\$215	\$270
March 1-March 25	\$145	\$215	\$270
March 28-April 29	\$145	\$215	\$270
May 2-May 27	\$145	\$215	\$270
May 31-June 10	\$70	\$100	\$125

**Register by calling us at 203•341•1209**

*Bus transportation from CMS to BMS  
is available through the  
Norwalk Transit District (203•852•0000)*

## High School

### #344 How To Prepare For A College Or Job Interview For The High School Student

**NEW**

Have the competitive edge walking in the door! Your appearance and non-verbal communication play an important role in whether you will get the job or the recommendation into the college of your choice. First impressions are formed based on your appearance and body language and, to a lesser degree, on what you say. Learn about the most basic aspects of interviewing including proper dress and body language, and the importance of non-verbal communication including the handshake, eye contact, gestures and posture. Dressing appropriately is crucial to your success in both your personal and professional lives - learn how to dress for success!

(Instructor, Dianne Boras)

**Wednesday • March 23**

**2:30-4:00 pm**

**SHS Room 1055**

**\$15**

*Dianne Boras, founder and President of Vada Image Consulting, attended the world renowned Image Resource Center of New York, and is a member of the Association of Image Consultants International. Visit [www.vadaimage.com](http://www.vadaimage.com)*

### #950 Practice PSAT for Staples High School Sophomores

Take a timed practice PSAT under realistic conditions. Learn about your strengths and weaknesses on this important test. Test results will be mailed to the home of the students. Limited enrollment.

**Saturday • March 12 8:30 am-12:00 noon**

**Check in at SHS Lobby**

**\$35 if you sign up by Feb 25**

**\$40 thereafter**

### #304 SAT Prep – Critical Reading/Writing

**NEW**

Prepare for the Critical Reading and Writing sections of the SAT test. In this seven session course, you will learn test-taking strategies, review fundamentals in reading comprehension, sentence completion and essay writing. Teaching strategies include large group instruction, practice exams and individual student instruction. Increase your vocabulary, learn to become a better writer and improve your SAT scores!!!

**7 Sessions**

**Mar 7-Apr 25\***

**SHS Room 1036**

**Monday**

**6:00-8:00 pm**

**\$175**

**\*no class Apr 18**

### #305 SAT Prep – Math

**NEW**

Prepare for the Math section of the SAT test. In this seven session course, you will learn test-taking strategies, review fundamentals in arithmetic, algebra, and geometry. Teaching strategies include large group instruction, practice exams and individual student instruction. Build up your confidence and improve your SAT scores!!!

**7 Sessions**

**Mar 9-Apr 27\***

**SHS Room 1036**

**Wednesday**

**6:00-8:00 pm**

**\$175**

**\*no class Apr 20**

## Summer 2011

### Now's the Time to Consider –

High School Academic Classes

Acceleration & Enrichment Programs

Fitness Programs ~ Theater ~ Film ~ Sports Camps

Driver's Ed ~ Arts ~ Technology & More!!

Programs for Kids and Adults

**Check our website for more information!**

**See Ballroom Dancing for Teens on p 25**



## STATE CERTIFIED DRIVER'S EDUCATION

Eligible students ~ 16-18 year old high school students who attend Staples High School or reside in Westport. Our affordable program is taught by experienced certified Connecticut public school administrators and teachers with over 70 years of combined experience working exclusively with Staples High School students.

Registration/permission forms with additional details available in our office and on our website.  
You cannot register online for Driver's Education.

### #306 Driver and Traffic Safety Education • (1/4 credit toward graduation)

Thirty (30) hours of classroom instruction (includes 8 hours of Safe Driving and Alcohol and Drug Education). Course is completed only when the student has taken all 30 hours of class and a parent or legal guardian and their child have attended a 2-hour Mandatory Safe Driving Practices Class (see below).\* Perfect attendance and punctuality are required.

15 Sessions	Monday & Tuesday	SHS Room 1034	\$199
#306e	Jan 10-Mar 8	3:00-5:00 pm	(MUST ALSO SIGN UP FOR #307i OR #307j)
#306f	Mar 15-May 9	3:00-5:00 pm	(MUST ALSO SIGN UP FOR #307k OR #307l)
#306g	Apr 4-May 31	6:30-8:30 pm	(MUST ALSO SIGN UP FOR #307m OR #307n)

Instructors: Frank Weiss (#306e, #306f) and John Horrigan (#306g)

### #307 \*2 Hour Parent and Child Mandatory Safe Driving Practices Classes

As part of the state-mandated 8 hour Safe Driving and Alcohol and Drug Education, a parent or legal guardian and their child must together attend one of the following sessions which must be registered for in advance. Enrollment is limited in all of these classes.

#307i	Jan 26	Wed	6:00-8:00 pm	Room 1034	ONLY AVAILABLE TO THOSE TAKING #306e
#307j	Feb 16	Wed	6:00-8:00 pm	Room 1034	ONLY AVAILABLE TO THOSE TAKING #306e
#307k	Mar 30	Wed	6:00-8:00 pm	Room 1034	ONLY AVAILABLE TO THOSE TAKING #306f
#307l	Apr 27	Wed	6:00-8:00 pm	Room 1034	ONLY AVAILABLE TO THOSE TAKING #306f
#307m	Apr 5	Tues	6:30-8:30 pm	Room 1034	ONLY AVAILABLE TO THOSE TAKING #306g
#307n	Apr 9	Sat	9:00-11:00 am	Room 1034	ONLY AVAILABLE TO THOSE TAKING #306g

### #304 Behind-the-Wheel Instruction (Learner's Permit required)

(Instructors, Frank Weiss, John Horrigan and Amedeo Cannone) \$400  
*Driving hours (8) are scheduled by appointment at mutually agreeable times after school and/or on weekends.*  
**Student/teacher ratio is 1/1. Begin the driving instruction well in advance of the testing date. You can begin Behind-The-Wheel instruction after you have started your 30 hours of classroom instruction.** Lessons usually are scheduled for 1 hour, but may be scheduled in 1/2, 1, 1 1/2, or 2 hour increments. Instruction includes local driving in commercial and residential areas, and parking skills. Vehicles are dual-brake controlled. As a follow-up to each structured lesson, additional hours of practice driving with a parent is required by the state of Connecticut to total 40 hours of instruction. For the student who has completed the 30 hour Driver and Traffic Safety Education course, the learner's permit must be in effect for at least 120 days (180 days otherwise) before the student can take the road test to obtain a driver's license. **Please note: If a student needs to cancel a lesson, the student is responsible for contacting the instructor at least one day in advance. Failure to do so will result in the student being charged for the lesson.**

### #305 Safe Driving and Alcohol and Drug Education • 8 hours • SHS • \$125

Required for home trained or private driving school trained students under 18. Call our office for the dates offered.  
**(Note: These hours are included in 30 hour Driver and Traffic Safety Education.)**



Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Today's Date \_\_\_\_\_ - \_\_\_\_\_ 2011  
Month Day

**Please Check  
Below**

- ☐ I have previously attended your program.  
☐ My name, address or phone has changed.

## WESTPORT CONTINUING EDUCATION REGISTRATION FORM • WINTER/SPRING 2011

**REGISTER ONLINE**

[www.westportcontinuinged.com](http://www.westportcontinuinged.com)

**MAIL**



Westport Continuing Ed  
70 North Avenue  
Westport, CT 06880

**FAX**

203•341•1218

**IN PERSON**

Staples High School  
Room 1040  
70 North Avenue  
Westport, CT 06880

**PHONE**

203•341•1209



Home Address \_\_\_\_\_

No. \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Work Phone \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email address \_\_\_\_\_

Senior Citizen (62 or older) YES \_\_\_\_\_

### ☆ Registrants in Grades K-12 Complete This Section: ☆

Grade \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_

Names of Parents or Guardians \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_

List Health Problems \_\_\_\_\_ Allergies \_\_\_\_\_ Medications \_\_\_\_\_ Relationship to child \_\_\_\_\_

Child's Doctor's Name \_\_\_\_\_ Phone \_\_\_\_\_

**REGISTRATION CONTINUED ON THE BACK OF THIS PAGE**



# Registration Form • WINTER/SPRING 2011 (continued)



Course #	Course Title	Starting Date	# of Sessions	Time	Location	Fee
Registration Fee \$10* (\$5 for Westport Seniors)						
Total						\$

***Make checks payable to:***

**Westport Continuing Education**

**70 North Avenue, Westport, CT 06880**

\*Registration fees do not apply to one session courses.  
Registration fees are payable once per semester.  
**No Registration fee for online registration.**

**Refund Policy  
see  
inside back cover  
of catalog**

Payment by: Check \_\_\_\_ # \_\_\_\_ MasterCard \_\_\_\_ VISA \_\_\_\_

Account # \_\_\_\_ Expiration Date \_\_\_\_ AVS \_\_\_\_

Print Name as it appears on the card \_\_\_\_\_

For Office Use Only

R#	
Amount	
Date	
R#	
Amount	
Date	
R#	
Amount	
Date	
R#	
Amount	
Date	

**Please share your suggestions and/or comments.** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## WELCOME!

**KIDS K-12 • ADULTS  
RESIDENTS • NON RESIDENTS**

## REGISTER EARLY

Try to register at least one week in advance.  
Classes must have sufficient enrollment.  
We will notify you if your class is cancelled.

## HOW TO REGISTER

- **ONLINE:** [www.westportcontinuinged.com](http://www.westportcontinuinged.com)  
Your registration fee is waived if you register online.  
An online registration is confirmed by email.
- **MAIL:** 70 North Avenue, Westport, CT 06880
- **IN PERSON:** Staples High School, Room 1040  
70 North Avenue, Westport, CT
- **FAX:** 203•341•1218
- **PHONE:** 203•341•1209

**WE ACCEPT MasterCard, VISA and checks.**

**PAYMENT IN FULL must accompany your registration.**

Please note that all registrations must be made in advance – no walk-in registrations can be accepted by any instructor for any class.

## CLASS LOCATIONS

See inside front cover for your building address.

## ROOM ASSIGNMENTS FOR ADULT CLASSES

Posted nightly in the main entrance

## PROGRAM COSTS

Tuition and fees for each course are listed in each course offering. Any additional books and materials will be acquired by students at their own expense.

**REGISTRATION FEE OF \$10** payable only once per catalog (**\$5 for Westport Seniors**)

- **No registration fee if you register online**
- **No registration fee if your class is only one session**

## ADULT Classes will NOT meet on:

- Jan 17, Feb 19-27, Apr 16-24, May 30

## KIDS Classes (K-12) will NOT meet on:

- Westport Public School Holidays:  
**Jan 17, Feb 21-28\*, Apr 18-22\*, May 30**  
(\*except for Feb and Apr Vacation Adventures)
- Staff Development Days: **Jan 14, Feb 28**
- Unless otherwise noted, classes for elementary students will not meet on Teacher Conference Days:  
**Apr 12,13,14**

## INCLEMENT WEATHER/EMERGENCY CLOSING INFORMATION

- If the Westport Public Schools are closed for inclement weather or an emergency or there is an “early dismissal,” Westport Continuing Education courses are automatically cancelled. Cancellations will be announced on our website ([www.westportcontinuinged.com](http://www.westportcontinuinged.com)). To find out about school closings, please listen to local radio stations (107.9 FM, 600 AM, 99.9 FM) and local news on television (News 12 CT, WTNH 8 TV, WFSB TV channel 3, WNBC channel 4, NBC channel 30).
- If inclement weather starts in the late afternoon and you are uncertain whether classes will be held, check your email for a message from our office, call our office at 203•341•1209, or check our website.

## OUR REFUND POLICY

- If we cancel a course, all tuition and fees will be refunded.
- There are no refunds or credits for withdrawal from single session courses.
- If you withdraw in writing at least four weeks before the start of a program, your tuition only will be refunded less a \$25 processing fee per class.  
**No refunds or credits thereafter.**
- Withdrawal requests must be in writing and may be emailed, faxed or mailed to us.  
Our email address is [conted@westport.k12.ct.us](mailto:conted@westport.k12.ct.us)

## WESTPORT SENIORS (62+)

- “**Sr.\$**” indicates a reduced fee for that class.
- “**Sr. No Fee**” indicates a tuition free class.  
Any other fees apply.

**REGISTER ONLINE! • [www.westportcontinuinged.com](http://www.westportcontinuinged.com)**



**WESTPORT**  
CONTINUING EDUCATION

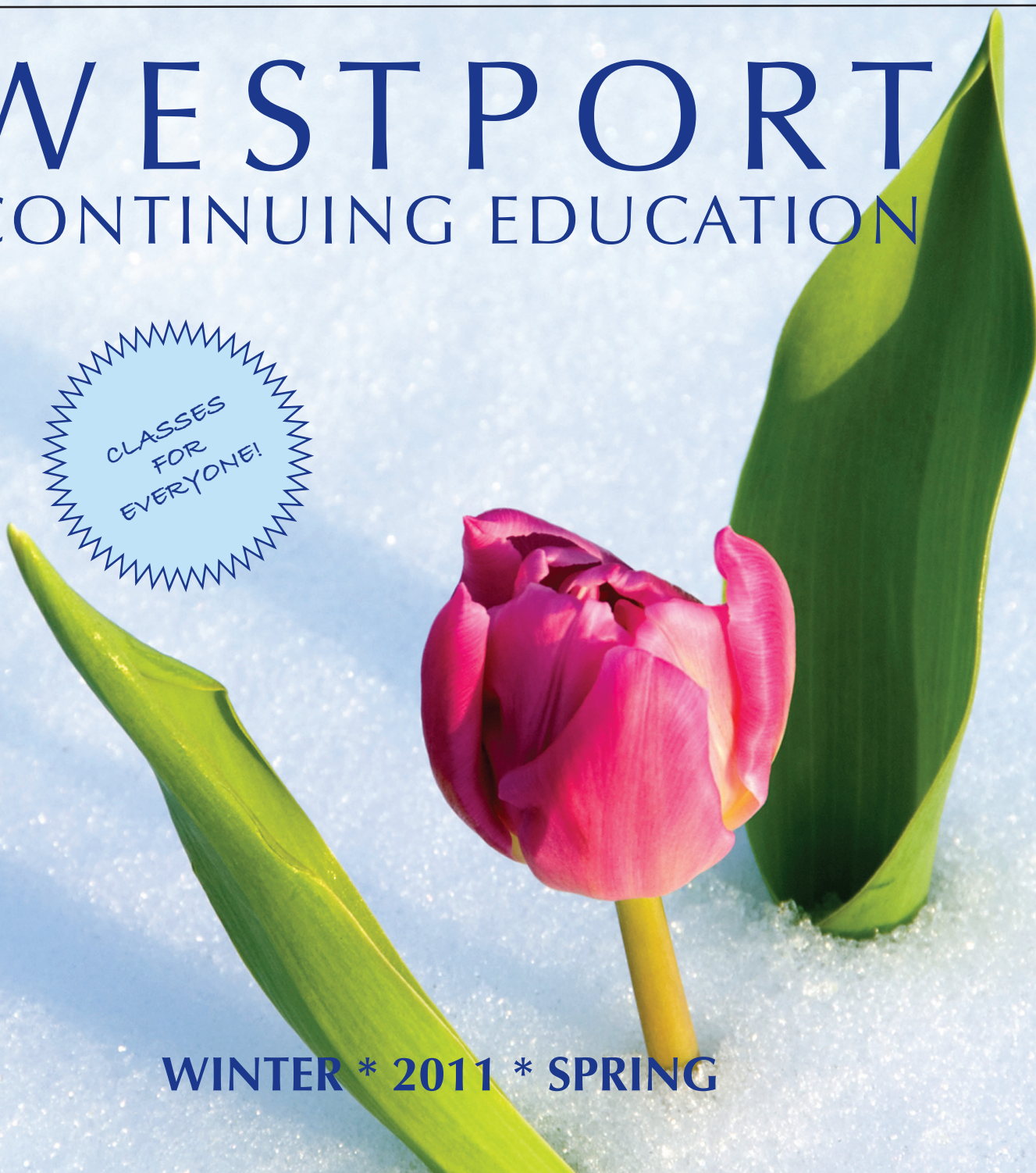
70 North Avenue  
Westport, CT 06880-2799  
[www.westportcontinuinged.com](http://www.westportcontinuinged.com)

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# WESTPORT

## CONTINUING EDUCATION



**WINTER \* 2011 \* SPRING**